

THRIVE IN TRANSITION - MILITARY TO CIVILIAN CAREER



WORKSHOP & COACHING



ABOUT US

THE ABIGAIL ADVANTAGE

Abigail cares deeply about the wellbeing of our country's protectors. Her passion comes from being a mom of Marines and working closely with Special Operators, Air Force cadets, Navy leadership, and 500+ wounded Veterans. Thousands of military members have been inspired by her Purple Threads curriculum. She is a sought after, and proven, mindset speaker, workshop instructor and transition coach. She helps those she respects the most, choose to thrive in transition.

THE PROCESS

THE MISSION

Virtual or in-person, Abigail uses her past of transition challenges from overcoming childhood abuse, domestic violence, single parent of 5 & 2 year old to adults, two-time entrepreneur struggles during 2008 housing market crash and start-up in 2019 right before doors closed in Covid pandemic. Add in an Indiana University education on cognitive (think), communication (say) and behavior (do). Abigail learned to adjust, reinvent, change, suffer and learn to thrive. She shares her street smart and book smart skills in her easy to apply work. Her mission is to help heroes as they transform in their careers and to protect the wellbeing of the American family.



RECOGNIZE TRIGGERS

Starting something new or ending something old, life is full of tricky transition challenges. Identifying 6 unique hurdles facing military as they become veterans and enter the civilian workforce. Now is the time to choose wisely to create the best future you, today!



EMPOWER SELF

Using transition stress to your advantage with new ThinkSayDo skills. Abigail's honorary call sign of "Gator" is short for navigator after a Rear Admiral noticed her ability to teach others how to confidently move forward through uncharted waters and rough seas.



CALL TO ACTION

Tough-love accountability partner. Did we mention she single handedly raised two Marines? Daughter was HMX-1 and son is MARFORCYBER. Have a goal? She'll help you get there as long as you expect to do the work!

For more information, contact us at:

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KEY TAKEAWAYS

SNEAK PEAK ON CONTENT

Personal Growth and Professional Development through deeper Self-Awareness of Purple Threads curriculum, Self-Ownership to prevent the Adverse Spiral and Self-Commitment of ThinkSayDo Skills.

Mindset strength through superior preparation and having foresight to the 6 "I wish I knew hurdles." Practical and easy to use tools to lower stress, overwhelm and discouragement.

Deliverability through learning the 3 P's: Plan, Practice & Perform and advanced training of interviewing skills of the 3 C's: How to be Clear (translate military language), Connect (be likable and find hooks) and Confident (sell yourself). Fine art of engaging others through Storytelling because people hire based on if they emotionally feel if you can perform and fit their culture.

DISC Executive Profile Assessment Report of 60+ pages is included in all 1:1 coaching as well as an Interview Cheat Sheet to help enable top performance!

**FOR THE BELOW, IT ALL STARTED WITH ONE INQUIRY CALL.
CONTACT ABIGAIL TODAY TO START THRIVING TOMORROW!**

Special Operators Transition Foundation (SOTF)
Wounded Warrior Project
United States Air Force Academy
Air Command & Staff College - LEDx

Navy Leadership - International NAVFAC
Team RWB - National Veteran Non-Profit
The Honor Foundation - Cups of Coffee
Numerous Military & Veteran Podcasts

For more information or to get started ...

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