

Jimmie Stephens
30 Days of
Affirmations for
your spouse
family



Daily Affirmations for Family and Spouse What the Bible says about confessions

The reason we do this is because the bible teaches in:

Proverbs 18:1 That life and death is in the power of the tongue.

Jesus said Matthew 12:37 By your words you are justified and by your words you are condemned.

The bible also shares our confession of Jesus.. Saves us in Romans 10:9 -10. Which means our words have an impact not only in our present life but eternity.

The Lord God spoke to Joshua, In Joshua 1:8 meditate the word day and night and observe to do all that is written in it. Then you will make your way prosperous and you will have good success.

Hebrews 10:22 Hold fast to your confession of faith without wavering.

Mark 11:22 Jesus shares a principle of faith.. For whosoever shall say unto this mountain be removed and cast into the see and does not doubt in his heart but believes those things which he says he will have whatever he says.

When you confess, internalize it, see it and use your imagination to feel it... 1 thing that also deepens these truths is getting an journal and writing them out. The writing will impact your spirit even the more.

Affirmation 1: Unyielding Love

Song of Solomon 8:6

Thank you, Lord, for blessing me with a deep, passionate, and enduring love with my spouse. We keep this flame of love alive in our hearts every day. In Jesus' name, I thank and praise You for it.

Affirmation 2: Mutual Desire

Song of Solomon 7:10

Thank you, Father, for the mutual attraction and desire that thrives in my marriage. We consistently seek and prioritize each other's happiness and well-being. In Jesus' name, I thank and praise You for it.

Affirmation 3: Admiring Beauty

Song of Solomon 1:16

Lord, thank you for enabling us to see and cherish the unique qualities in each other. We appreciate and celebrate our mutual beauty. In Jesus' name, I thank and praise You for it.

Affirmation 4: Emotional Connection

Song of Solomon 2:16

Thank you, Father, for our deep emotional connection and the sense of belonging we share. We nurture and treasure this bond every day. In Jesus' name, I thank and praise You for it.

Affirmation 5: Shared Pleasure

Song of Solomon 4:16

Heavenly Father, thank you for the joy and happiness we share in our marriage. We continually cultivate and cherish the joy in our relationship. In Jesus' name, I thank and praise You for it.

Affirmation 6: Support and Security

Song of Solomon 2:6

Thank you, Lord, for the support and security in our relationship. We provide comfort and strength to each other. In Jesus' name, I thank and praise You for it.

Affirmation 7: Love's Strength

Song of Solomon 8:7

Father, I am grateful that our love is resilient and strong, overcoming all challenges. We stand united and strong, no matter what comes our way. In Jesus' name, I thank and praise You for it.

Affirmation 8: Cherishing Each Moment

Song of Solomon 2:12

Thank you, Lord, for every precious moment we share with my spouse. We cherish every laugh, smile, and tender experience together. In Jesus' name, I thank and praise You for it.

Affirmation 9: Unity in Love

Song of Solomon 2:14

Thank you, Father, for the unity and harmony in our marriage. We maintain a peaceful and loving atmosphere together. In Jesus' name, I thank and praise You for it.

Affirmation 10: Passionate Love

Song of Solomon 4:10

Thank you, Lord, for the depth and intensity of our love. Our passion for each other remains vibrant in all we do. In Jesus' name, I thank and praise You for it.

Affirmation 11: Growing Together

Song of Solomon 7:12

Thank you, Father, for our growth and maturity as we journey together in love. We grow in wisdom and grace, hand in hand. In Jesus' name, I thank and praise You for it.

Affirmation 12: Nurturing Love

Song of Solomon 8:2

Thank you, Lord, for the nurturing love in our relationship. We provide care and affection for each other, always being a source of comfort and encouragement. In Jesus' name, I thank and praise You for it.

Affirmation 13: Enduring Commitment

Song of Solomon 5:16

Thank you, Father, for our enduring commitment to each other. We stand by each other in all circumstances, reinforcing our commitment daily. In Jesus' name, I thank and praise You for it.

Affirmation 14: Respect and Honor

Song of Solomon 6:3

Thank you, Lord, for the mutual respect and honor in our marriage. We treat each other with dignity and esteem. In Jesus' name, I thank and praise You for it.

Affirmation 15: Communicating Love

Song of Solomon 2:10

Thank you, Father, for the gift of open and honest communication in our marriage. We communicate with love, understanding, and patience. In Jesus' name, I thank and praise You for it.

Affirmation 16: Overcoming Challenges Together

Song of Solomon 8:5

Thank you, Lord, for giving us the strength to face and overcome difficulties together. We support each other in adversity, always unified. In Jesus' name, I thank and praise You for it.

Affirmation 17: Deepening Our Bond

Song of Solomon 7:6

Thank you, Father, for the ever-deepening bond in our relationship. We continue to grow closer and strengthen our connection each day. In Jesus' name, I thank and praise You for it.

This format affirms the blessings and promises in a direct and personal way, reinforcing faith and gratitude in each aspect of the relationship and family life.

Affirmation 18: Family Unity

Psalm 133:1

Thank you, Lord, for the unity in our family. We live together in love, respect, and mutual support, creating an environment of harmony. In Jesus' name, I thank and praise You for it.

Affirmation 19: Children as Blessings

Psalm 127:3

Thank you, Father, for the blessing of our children. We cherish and nurture them, recognizing them as precious gifts in our family life. In Jesus' name, I thank and praise You for it.

Affirmation 20: Providing and Caring

Philippians 4:19

Thank you, Lord, for Your provision and care for our family. We trust in Your abundance and work diligently to provide for our loved ones. In Jesus' name, I thank and praise You for it.

Affirmation 21: Wisdom in Parenting

Proverbs 22:6

Thank you, Father, for the wisdom You grant us in parenting. We guide our children in Your truth, fostering their growth in righteousness. In Jesus' name, I thank and praise You for it.

Affirmation 22: Love and Compassion 1 Corinthians 13:4-7

Thank you, Lord, for the love and compassion that binds our family. We practice patience, kindness, and selflessness, strengthening our family ties. In Jesus' name, I thank and praise You for it.

Affirmation 23: Peaceful Home

Isaiah 32:18

Thank you, Father, for a peaceful and secure home. We create a loving and tranquil environment for our family to thrive. In Jesus' name, I thank and praise You for it.

Affirmation 24: Protection and Strength 2 Thessalonians 3:3

Thank you, Lord, for Your protection and strength over our family. We feel secure and empowered by Your presence in our lives. In Jesus' name, I thank and praise You for it.

Affirmation 25: Restoration and Healing 2 Chronicles 7:14

Thank you, Father, for the promise of healing and restoration. Our family seeks Your face, turning from our wrong ways, and experiencing Your renewing touch. In Jesus' name, I thank and praise You for it.

Affirmation 26: Eternal Life

John 3:16

Thank you, Lord, for the gift of eternal life through Jesus Christ. Our family grows in faith and hope, cherishing the promise of eternity with You. In Jesus' name, I thank and praise You for it.

Affirmation 27: Strength and Courage

Joshua 1:9

Thank you, Father, for the courage and strength You provide. Our family faces life's challenges with boldness and faith, knowing You are with us. In Jesus' name, I thank and praise You for it.

Affirmation 28: Harmonious Relationships 1 Peter 1:22

Thank you, Lord, for harmonious relationships within our family. We love each other deeply from the heart, maintaining a harmonious and loving home. In Jesus' name, I thank and praise You for it.

Affirmation 29: Gratefulness and Joy

Philippians 4:12

Thank you, Father, for the joy and contentment in our family. We find reasons to be thankful in every situation, rejoicing in our togetherness. In Jesus' name, I thank and praise You for it.

Affirmation 30: Guided by Faith

Proverbs 3:5-6

Thank you, Lord, for guiding our family with Your wisdom and love. We trust in You with all our hearts and lean not on our own understanding. In Jesus' name, I thank and praise You for it.

About the author:

Jimmie Stephens is a pastor and relationship coach, he founded The Light International Church, Atlanta School of Marriage and Relationship. Jimmie is now a sought-after author, speaker, and relationship coach who shares his message on growth and value principles in leadership and personal relationships.

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Daily Affirmations for Family and Spouse: Biblical Promises

In the rush of daily life, the sacred bonds of family and marriage can often be overlooked. This collection of 30 affirmations, deeply rooted in Biblical promises, offers a moment of spiritual reflection and gratitude for those relationships we hold dearest.

Each affirmation is a blend of prayer and praise, drawing inspiration from verses that celebrate love, commitment, and God's enduring presence in our family lives. Whether it's appreciating the deep, unyielding love of a spouse, the joyful responsibility of parenthood, or the harmony and peace within your home, these affirmations serve as daily reminders of the blessings bestowed upon your family.

Designed for contemplation and daily devotion, this eBook is more than just a collection of affirmations. It's a journey through Scripture, offering comfort, guidance, and the reassurance of God's unending love and support. Embrace each day with renewed faith, a grateful heart, and a spirit of optimism, as you reflect on the promises that God has made to those who cherish and uphold the values of family and marriage.

Join us in celebrating and affirming God's promises for family life, as we draw closer to the heart of what truly matters. This book is not just a read; it's an experience that will enrich your family, strengthen your marital bonds, and deepen your faith.