

Silver Lake Academy for Health Sciences

Dress Code for Students

Effective Date: October 1, 2026



PHILOSOPHY

Health and medical clinicians dress to present a professional, trustworthy appearance to their patients while wearing clothing suited to the practical demands of their work.



ENFORCEMENT

Students who arrive to the academy out of compliance with the dress code will be required to correct the issue before attending class. Repeated dress-code violations will result in disciplinary action and may jeopardize continued enrollment.

Student initials _____ Parent or Guardian initials _____

DRESS CODE: CLOTHING, HAIR, GROOMING, FINGERNAILS, JEWELRY, ETC.**SHIRT**

- Polo, white or dark blue only, short or long sleeve

BOTTOMS

- Khaki style pants, dark blue or khaki color only
- Long shorts, dark blue or khaki color only
 - **Option for females:** Skorts

ALTERNATIVE: As an alternative to the above, students may wear dark blue scrubs

SHOES - Sneakers in good repair

OUTERWEAR - No hoodies

- Lab coat, white or dark blue
- Sweater, dark blue, button down

HAIR

- Hair must be neat and natural color
 - **Males** - no facial hair or stubble
- Hair must stay out of the eyes and off the eyebrows naturally
 - **Option for females:** Conservative barrettes or hair ties to assist



Neat, natural color.
Hair is out of the eyes
and off the eyebrows.



Neat, natural color.
Hair is out of the eyes
and off the eyebrows.
Conservative hair tie
is acceptable.



Neat, natural color.
Hair is out of the eyes
and off the eyebrows.
Conservative barrettes
are acceptable.



Not acceptable.
Hair is touching
the eyebrows.



Not acceptable.
Hair is touching
the eyebrows.

MAKE-UP

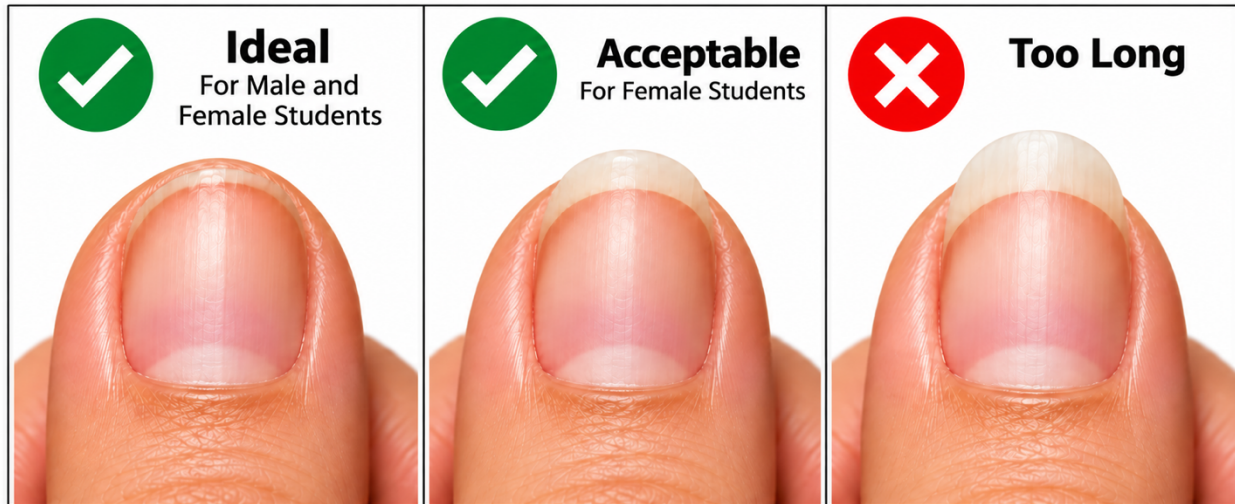
- Males - none
 - **Option for Females** - At the most, minimal and in a conservative fashion

TATTOOS

- No tattoos - If you have one, then it must be fully concealed

FINGERNAILS

- No nail polish or ornaments
 - **Option for females:** Clear or otherwise conservatively colored nail polish
- Length of fingernails should be no more than 1 mm
 - **Option for females:** fingernail length may extend to 3mm



WATCH - Analog watch is permitted. Digital watch is not allowed.

Why aren't digital watches allowed?

1. Because too many young people do not know how to read a clock face.
2. Many digital watches also have "smart" features that are not permitted in the classroom.

JEWELRY AND PIERCINGS

- No jewelry or piercings except one ring
 - **Option for females:** two rings and a pair of simple, matching stud earrings
- **Option for females:** "Girl to Woman" pink wrist bands are allowed
- **Option for males:** "Guy to Man" blue wrist bands are allowed

NOTE: The Head of School will veto the creation of loopholes.

Acknowledgment

Printed name of student

Signature of student

Date

_____	_____	_____
Name of parent / guardian	Signature of parent / guardian	Date

_____	_____	_____
Name of parent / guardian	Signature of parent / guardian	Date

Dr. Sharon Fair, PT, PhD	_____	_____
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Head of School	Signature of Head of School	Date
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