
Sometimes things happen to people that are unusually or especially frightening, horrible, or traumatic. For example:

- *a serious accident or fire*
- *a physical or sexual assault or abuse*
- *an earthquake or flood*
- *a war*
- *seeing someone be killed or seriously injured*
- *having a loved one die through homicide or suicide*

Have you ever experienced this kind of event?

If 'No,' screen total = 0; if 'Yes,' continue with screening.

In the past month, have you...

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| 1. Had nightmares about the event(s) or thought about the event(s) when you did not want to? | YES/NO |
| 2. Tried hard not to think about the event(s) or went out of your way to avoid situations that reminded you of the event(s)? | YES/NO |
| 3. Been constantly on guard, watchful, or easily startled? | YES/NO |
| 4. Felt numb or detached from people, activities, or your surroundings? | YES/NO |
| 5. Felt guilty or unable to stop blaming yourself or others for the events(s) or any problems the event(s) may have caused? | YES/NO |
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