

# REFERENCES

Associations that are highlighted in **blue font**, such as the APA and the APTA, are included on the **REFERENCES** page in the **TEXTBOOK SUPPLEMENT** at [WellnessSociety.org](http://WellnessSociety.org).

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- National Institute of Health - refer to NIH
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- National Institute on Alcohol Abuse and Alcoholism - refer to NIAAA
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