

Last Updated: 08/30/18 Contact: nationalgovernance@apta.org

ANNUAL VISIT WITH A PHYSICAL THERAPIST HOD P06-18-22-30 [Initial: HOD P05-07-19-20] [Position]

The American Physical Therapy Association recommends that all individuals visit a physical therapist at least annually to optimize movement and promote health, wellness, and fitness; and slow progression of impairments of body functions and structures, activity limitations, and participation restrictions.

Explanation of Reference Numbers:

<u>HOD P00-00-00</u> stands for House of Delegates/month/year/page/vote in the House of Delegates minutes; the "P" indicates that it is a position (see below). For example, HOD P06-17-05-04 means that this position can be found in the June 2017 House of Delegates minutes on Page 5 and that it was Vote 4.

P: Position | S: Standard | G: Guideline | Y: Policy | R: Procedure