



Please take a minute to look over our lesson plans for our Fall period. Please note our lesson plans are designed to develop a set of skills that progressively get more complex as we move deeper into the session. For the best learning experience please attend classes as scheduled throughout the week and schedule makeup classes when classes are missed. Attendance is taken daily and strongly considered into our decision when recommending students for a promotion test.

## 2025 FALL-II SYLLABUS (KUMDO)

| October                                                |         |                            |                                         |                              |                    |
|--------------------------------------------------------|---------|----------------------------|-----------------------------------------|------------------------------|--------------------|
| MONDAY                                                 | TUESDAY | WEDNESDAY                  | THURSDAYS                               | FRIDAY                       | SATURDAY           |
| 13                                                     | 14      | 15                         | 16                                      | 17                           | 18                 |
| Week 1: New Forms   Candle Snuffing                    |         |                            |                                         |                              | NMAC Championship  |
| 20                                                     | 21      | 22                         | 23                                      | 24                           | 25                 |
| Week 2: New Forms   Paper Cutting                      |         |                            |                                         |                              | Halloween Party    |
| 27                                                     | 28      | 29                         | 30                                      | 31                           | 1                  |
| Week 3: Forms   Target Cutting                         |         |                            |                                         | No Classes<br>Trick Or Treat |                    |
| November                                               |         |                            |                                         |                              |                    |
| 3                                                      | 4       | 5                          | 6                                       | 7                            | 8                  |
| Week 4: Mid-Term Review                                |         |                            |                                         |                              |                    |
| 10                                                     | 11      | 12                         | 13                                      | 14                           | 15                 |
| Week 5: Sparring Basic                                 |         |                            |                                         |                              |                    |
| 17                                                     | 18      | 19                         | 20                                      | 21                           | 22                 |
| Week 6: Conditional Sparring (sparring gear mandatory) |         |                            |                                         |                              | Buffalo Tournament |
| 24                                                     | 25      | 26                         | 27                                      | 28                           | 29                 |
| Week 7: Point Sparring<br>(sparring gear mandatory)    |         | No Classes<br>Thanksgiving |                                         |                              |                    |
| December                                               |         |                            |                                         |                              |                    |
| 1                                                      | 2       | 3                          | 4                                       | 5                            | 6                  |
| Week 8: Point Sparring (sparring gear mandatory)       |         |                            |                                         |                              |                    |
| 8                                                      | 9       | 10                         | 11                                      | 12                           | 13                 |
| Week 9: Finals Review                                  |         |                            |                                         |                              | Promotion Tests    |
| 15                                                     | 14      | 16                         | 17                                      | 18                           | 19                 |
| Week 1: Start of Winter Season                         |         |                            |                                         |                              | NMAC Championship  |
| 21                                                     | 22      | 23                         | 24                                      | 25                           | 26                 |
|                                                        |         |                            | No Classes<br>Christmas   Winter Recess |                              |                    |



# MIN'S KARATE

AUTHENTIC KOREAN TRADITIONAL MARTIAL ARTS

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