



MIN'S KARATE

AUTHENTIC KOREAN TRADITIONAL MARTIAL ARTS

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Please take a minute to look over our lesson plans for the upcoming period. Please note our lesson plans are designed to develop a set of skills that progressively get more complex as we move deeper into the session. For the best learning experience please attend classes as scheduled throughout the week and schedule makeup classes when classes are missed. Attendance is taken daily and strongly considered into our decision when recommending students for a promotion test.

2025 WINTER SYLLABUS (KUMDO)

December					
MONDAY	TUESDAY	WEDNESDAY	THURSDAYS	FRIDAY	SATURDAY
15	16	17	18	19	20
Week 1:		Sword Forms			
22	23	24	25	26	27
Week 2:		Fencing Drills	No Classes Winter Recess	No Classes Winter Recess	No Classes Winter Recess
29	30	31	1	2	3
No Classes Winter Recess	No Classes Winter Recess	No Classes Winter Recess	No Classes Winter Recess	Fencing Drills	
January					
5	6	7	8	9	10
Week 4:		Conditional Sparring (sparring gear mandatory)			
12	13	14	15	16	17
Week 5:		Point Sparring (sparring gear mandatory)			
19	20	21	22	23	24
Week 6:		Sword Forms, Candle Snuffing			
26	27	28	29	30	31
Week 7:		Sword Forms, Paper Cutting			
February					
2	3	4	5	6	7
Week 8:		Sword Forms, Target Cutting (cutting sword/target mandatory)			
9	10	11	12	13	14
Week 9:				Haedong Kumdo Promotion Test	Tang Soo Do Promotion Tests
16	17	18	19	20	21
Week 1:		Start of Spring-I Season			
					COMPETITION TEAM