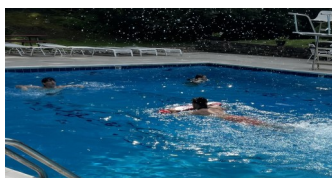


## Lifeguards Keep Skills Up-to-Date



Although all our lifeguards are properly certified, they refresh their skills regularly to keep our residents safe. On a recent morning, pool manager Alyah Diab conducted practice drills for LWCA staff. Lifeguard drills include scanning the pool, timed rescues, practicing team and solo rescues, communication, and quick response. The guards practice in shallow and deep water, using rescue tubes and working with an unresponsive, passive victim.

May we never face these emergencies, but it's good to know LWCA takes our safety seriously. Here are some of the training photos.



Of course, safety is not just the job of lifeguards. Swim at a depth you are comfortable in, keep an eye on your children, avoid excessive horseplay and comply with pool regulations.

## Guest Members Welcome to Join Facebook Group



Although our official Lakeridge West Facebook page is a closed group for residents, our 2025 Guest Members are invited to join for the latest summer information on activities, pool closings, etc. Info is also sent through email and posted on our website, but Facebook is the quickest way to stay in touch. Visit [facebook.com/groups/lakeridgewest](https://facebook.com/groups/lakeridgewest) to join.

## Mark your Calendars!



Summer 2025 has been a busy season for our Activity Trustees Amanda Wong and Cynthia Montagnino. August is no exception. Join us for the following special events:

**Friday, August 1** Late Night Swim and Movie Night “Minions”

**Friday, August 15** Late Night Swim and Movie Night TBD

**Sunday, August 17** “Sundaes on Sunday” Ice Cream Party

**Saturday, August 30** Labor Day Barbeque

As always, you are welcome to bring your own picnic dinner to the pool, borrow the grills, or order your favorite takeout. Borrow a noodle or bring your own inflatable, play cornhole, ping pong, ladderball, or a giant Connect 4.

**Lap Swims** with roped-off lane are available Mondays through Thursdays, 6:30 to 7 pm.



## Pool Projects Ahead, We Welcome Your Thoughts



The Board of Trustees wants your thoughts about what works and what doesn't, where you think we need to improve, and what activities you enjoy. We keep a running list of maintenance tasks (a resident recently reminded us about the driveway and made a very constructive suggestion about the repairs). The roof needs some patchwork repairs, and the fence around the culvert needs to be replaced. The Board tries to balance these needs against our annual budget.

Once the season closes in September, we tackle some of these projects and begin planning for next summer. Let us know your thoughts. We have thick skin and welcome your opinions. We are all one community. Email [pool@lakeridgewest.org](mailto:pool@lakeridgewest.org).

## Lakeridge West Community Association

Karen Paton, President  
Teresa Rafferty, Vice President  
Tim Honig, Recording Secretary  
Caralyn Stevenson, Treasurer  
Terry Monaghan, Trustee, Grounds and Facilities  
Cynthia Montagnino, Trustee, Activities  
Jessica Oliveras-Yu, Trustee-at-Large  
Lou Talamo, Trustee, Grounds and Facilities  
Amanda Wong Delgaio, Trustee, Activities

### Pool Hours:

12-7 Daily until Labor Day  
12-9 Friday, August 1 and 15

### How to Reach Us

[www.lakeridgewest.org](http://www.lakeridgewest.org)  
[www.facebook.com/groups/lakeridgewest](https://www.facebook.com/groups/lakeridgewest)  
Questions? Email [pool@lakeridgewest.org](mailto:pool@lakeridgewest.org)