



# 2025-2026 Dance Schedule

**LESSONS BEGIN SEPTEMBER 2nd 2025 / ME Sabor Dance Studio**

|   |  |                               |
|---|--|-------------------------------|
| <b>Tiny Tots</b><br><i>*45min-1hr lesson</i>  | Ages 6-7<br>Experience required                            | <b>MON</b><br><b>6PM</b>      |
| <b>ADULT Intro/Beg Flamenco</b><br>Fundamentals, Technique, Strength training<br><i>1 hr lesson</i> | <b>AGES 13+</b><br><i>Little to No experience required</i> | <b>MON</b><br><b>7PM</b>      |
| <b>YOUTH Int/Adv</b><br><i>2 hr lesson</i>  | Ages 7+<br><i>3+ years Experience required</i>             | <b>TUES</b><br><b>6:30PM</b>  |
| <b>ADULT Int/Adv Flamenco</b><br><i>2 hr lesson</i>   | <b>AGES 13+</b><br><i>4-5+ years experience required</i>   | <b>WED</b><br><b>7PM</b>      |
| <b>Toddler Flamenco 1</b><br><i>*30 min lesson</i>  | Ages 2.5-5<br><i>No experience / 1st time dancers</i>      | <b>THURS</b><br><b>6:30PM</b> |
| <b>“Avanzados”</b><br><i>*MUST BE REGISTERED IN WED ADULT FLAMENCO*</i>                             | <i>DANCERS WILL BE SELECTED</i>                            | <b>THURS</b><br><b>7PM</b>    |
| <b>Toddler Flamenco 2</b><br><i>*30 min lesson</i>  | Ages 4-6<br><i>1 year experience required</i>              | <b>FRI</b><br><b>5:30PM</b>   |
| <b>YOUTH Intro to Flamenco</b><br><i>*1hr lesson</i>  | Ages 7+<br><i>Little to No experience required</i>         | <b>FRI</b><br><b>6PM</b>      |
| <b>YOUTH Beg/Int</b><br><i>1hr lesson</i>   | Ages 7+<br><i>Experience required</i>                      | <b>FRI</b><br><b>7PM</b>      |

**Sevillana and Castanet workshops / TBD / Mandatory participation for select groups**

**As we progress from fall-winter to spring-summer there may be class adjustments**

\***Classes** are formed to best fit a student's experience and abilities. Puro flamenco reserves the right to move a dancer to an alternate class due to certain circumstances such as attendance, experience, age and/or abilities. Years experience does not determine a dancers level

\***Alda** has the final say as to what class is the correct fit for the dancer