

About Amy Shannon

A storyteller, poet, book reviewer, editor, author promoter, and literary consultant.

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Amy Shannon, an American storyteller from upstate New York, channels the strength of women through her prolific writing. Running the popular book review site “Amy’s Bookshelf Reviews” and a writer’s blog, she supports Indie authors. After surviving cancer in 2004 and a domestic violence assault in 2005, which left her with lifelong migraines, she pursued further education, earning degrees in English, Adult Education, and an MBA. A mother of four supportive sons, Amy has written over 140 works, including her 2024 nonfiction historical book, *Balls-Town: A Community of History, Friends, Neighbors, and Lingering Spirits*, emphasizing the importance of preserving local history. Despite chronic migraines, neurological movement disorders, and rheumatoid arthritis, she continues her work in literary consulting, reviews, and promotions.

Amy has also focused her writing more short stories, but also has an upcoming book as a writer’s resource.



Editor. Writer. Book Reviewer. Literary Consultant. Book Advocate. Podcast Host.

Amy’s business is listed as Essence Enterprises and the website is <https://essenceenterpriseus.com>



The website for Amy’s Bookshelf Reviews is <https://amysbookshelfreviews.com/>