Warfare Prayer Against Fatigue & Weariness



Father, in the name of Jesus, I come before You covered in the blood. I declare that I am strong in the Lord and in the power of His might (Ephesians 6:10). I put on the whole armor of God, and I stand against every assignment of the enemy to wear me out.

I bind and break every spirit of fatigue, weariness, lethargy, and heaviness sent against my mind, my body, and my spirit. According to Isaiah 40:31, I will renew my strength; I will mount up with wings as eagles; I will run and not be weary, I will walk and not faint.

I renounce every burden and weight that You, Lord, did not assign to me. I cast it off now in Jesus' name. I release every false responsibility and emotional load. I trade heaviness for the garment of praise (Isaiah 61:3).

Holy Spirit I ask you to bless my body to be filled with supernatural energy. Bless my mind to be clear, sharp, and alert. Anoint my spirit to rise up with fresh fire.

Every assignment of the enemy to drain my energy through distractions, toxic people, prolonged battles, or hidden spiritual drains — I command you to be broken and canceled now in the name of Jesus.

I loose the anointing of divine strength, vitality, and rest over my life. I declare that the joy of the Lord is my strength (Nehemiah 8:10), and I receive fresh oil and fresh fire from the Holy Spirit right now.

By faith, I step out of exhaustion and into renewal. I decree: I am strong, I am alert, I am filled with Holy Ghost power. My energy will not be stolen, my strength will not be drained, my assignment will not be aborted. In Jesus' name — Amen.