

DELIVERANCE PRAYER FOR AUTHORITY TRAUMA



Abba Father, Mighty King, Righteous Judge, I come before You in the name of Jesus, the One who carries all authority in Heaven and on earth.

1. RENOUNCING THE WOUND OF AUTHORITY

Father, I acknowledge before You that authority—created to protect—wounded me instead.

Today, I renounce and break agreement with the trauma and lies connected to:

- harsh and unpredictable authority
- unsafe authority
- controlling or manipulative authority
- narcissistic authority
- neglectful and abusive authority
- emotionally immature authority
- authority that punished instead of protected
- authority that demanded instead of nurtured

2. BREAKING THE SPIRIT BEHIND THE TRAUMA

In the name of Jesus, I command every spirit that entered through authority trauma — fear, intimidation, terror, shame, control, silencing, and self-erasure — to leave me now.

Every spirit that whispered through a parent's voice,
an abuser's voice,
a pastor's voice,
a partner's voice,
or any authority figure's voice —
I silence you permanently in Jesus' name.

3. HEALING THE NERVOUS SYSTEM & BODY MEMORY

Jesus, step into the places in me where my body still reacts as if I'm unsafe.

I surrender and invite You to heal the trauma stored in my body.

I welcome your Holy Spirit to settle my nervous system and unwind the fear imprinted by years of living in survival mode.

4. RESTORING my GOD-GIVEN AUTHORITY

Father, You created me to walk in authority, not be crushed under authority.

So right now, in Jesus' name:

- I take back my voice
- I take back my boundaries
- I take back my dignity
- I take back my right to say "no" without fear
- I take back my emotional safety
- I take back my power to choose
- I take back my ability to discern
- I take back my right to walk away
- I take back my self-worth

And I declare:

The authority that once harmed me will never rule me again. I am under the covering of Heaven — not the shadow of fear.

5. REDEFINING AUTHORITY

Abba, I receive the revelation that Your authority is gentle, safe, protects, empowers, restores.

6. CLOSING EVERY DOOR & SEALING FREEDOM

By the blood of Jesus:

I close every door opened through fear, abuse, compliance rooted in trauma

I close every door opened through generational cycles and unhealed wounds

I seal my soul, my mind, my heart, and my body with the covenant blood of Jesus Christ.

In Jesus' might name, Amen.