

## 🔥 Warfare Prayer Against Anxiety and Fear



**Father God, in the name of Jesus Christ, I take authority over the spirit of fear and anxiety that has tried to torment my mind, sabotage my peace, and steal my sleep. I decree and declare: NO MORE! I belong to the Lord, and I will not be shaken.**

Your Word says in **2 Timothy 1:7** that You have *not* given me a spirit of fear, but of *power, love, and a sound mind*. I rise up in that power now! I command every tormenting thought, every cycle of panic, and every lie from the pit of hell to **bow to the name of Jesus**.

I speak **Psalm 91** over my life:

*"He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty... I will not be afraid of the terror by night, nor of the arrow that flies by day."*

I take refuge in Your presence, O God! Your faithfulness is my shield and rampart.

By the authority of Luke 10:19, I trample on serpents and scorpions and over **all the power of the enemy**, and nothing shall by any means harm me. I break every agreement I've made—consciously or unconsciously—with fear, anxiety, and dread. I repent for tolerating it. I renounce it. I evict it now in Jesus' mighty name!

**Holy Spirit, flood me with Your peace.**

Let the shalom of God, which surpasses all understanding, guard my heart and my mind in Christ Jesus (**Philippians 4:7**). I loose peace, I loose boldness, I loose clarity and rest. I decree that I have the mind of Christ and I will not partner with confusion or chaos.

**Fear, GO. Anxiety, LEAVE.**

I release the fire of God to burn up every stronghold and root of trauma and panic. I declare emotional healing is mine! The Lord is fighting for me—I will be still and know that He is God (**Psalm 46:10**).

**I speak LIFE over my emotions.**

I speak STRENGTH to my spirit.

I declare: I will sleep in peace, I will walk in power, and I will live in joy. The joy of the Lord is my strength (**Nehemiah 8:10**).

Thank You, Jesus, for Your finished work on the cross. Because You overcame, **I overcome**. I seal this prayer in the blood of Jesus, and I thank You, Father, that every enemy of my peace is defeated.

In Jesus' mighty, matchless name,

**AMEN and AMEN! 🔥**