

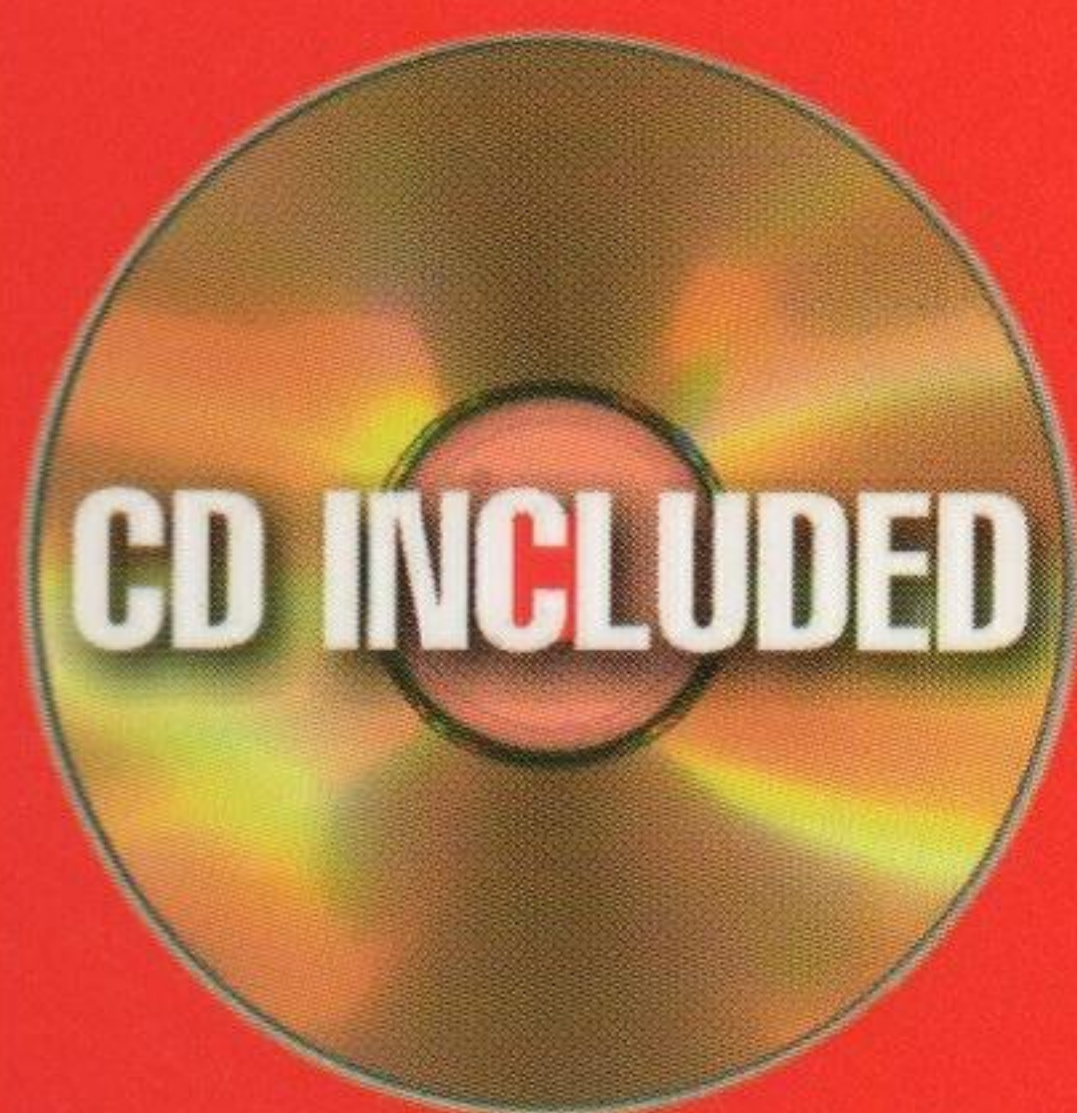
HAL LEONARD BASS METHOD

COMPLETE EDITION

Contains books 1, 2, and 3 bound together in one easy-to-use volume

SECOND EDITION

BY ED FRIEDLAND



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COMPLETE EDITION

Contains books 1, 2, and 3 bound together in one easy-to-use volume

BY ED FRIEDLAND



Each track on the accompanying CDs is recorded in stereo, with bass panned hard right.

To remove the bass, adjust the balance control on your CD player.

**All instruments performed by Ed Friedland.
Edited by Doug Downing**

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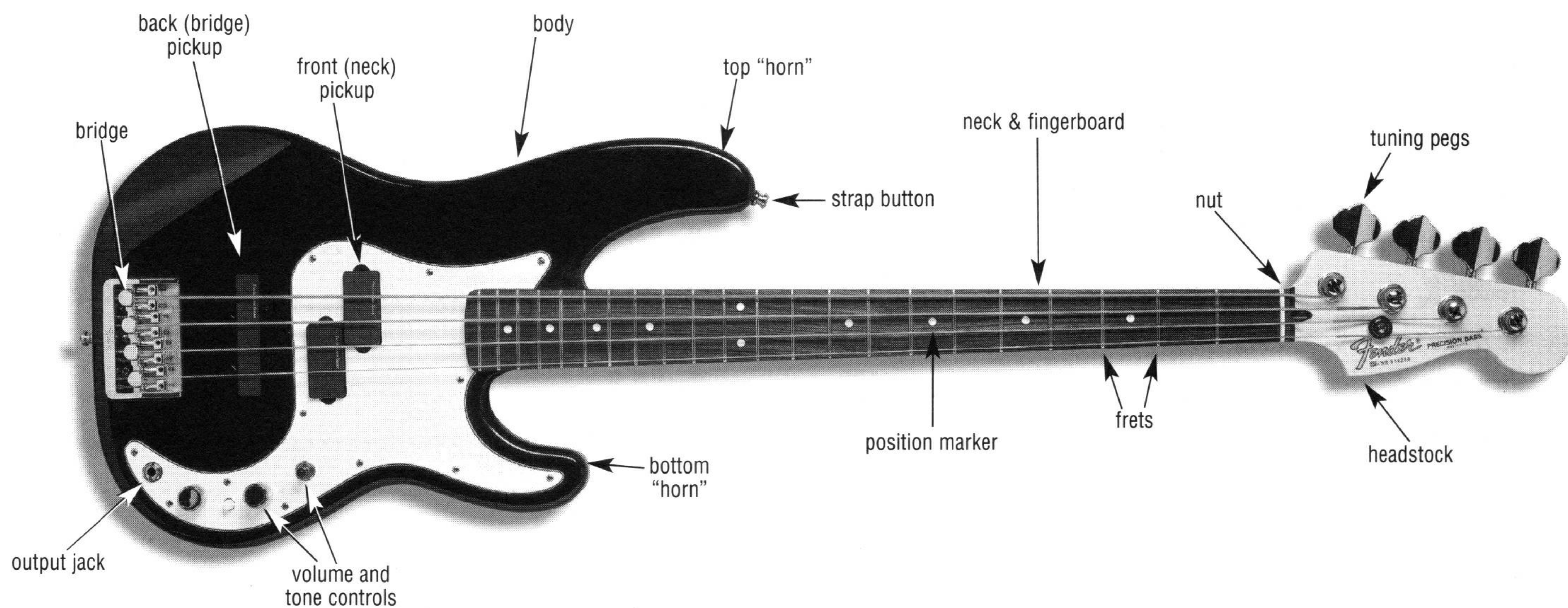
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THE ELECTRIC BASS



THE BASS AMP

To hear yourself clearly, it is necessary to play an electric bass through an amplifier. Though there are many different sizes, a simple, self-contained unit ("combo") will work fine. Use a patch cord, or cable, to connect from the output of the bass to the input of the amp. Make sure the amp's volume knob is turned off, or all the way counterclockwise. The tone controls should be set "flat," or at 12 o'clock. Turn on the power, and slowly adjust the volume to an appropriate level. Be careful; too much volume could blow out the speaker!



TUNING

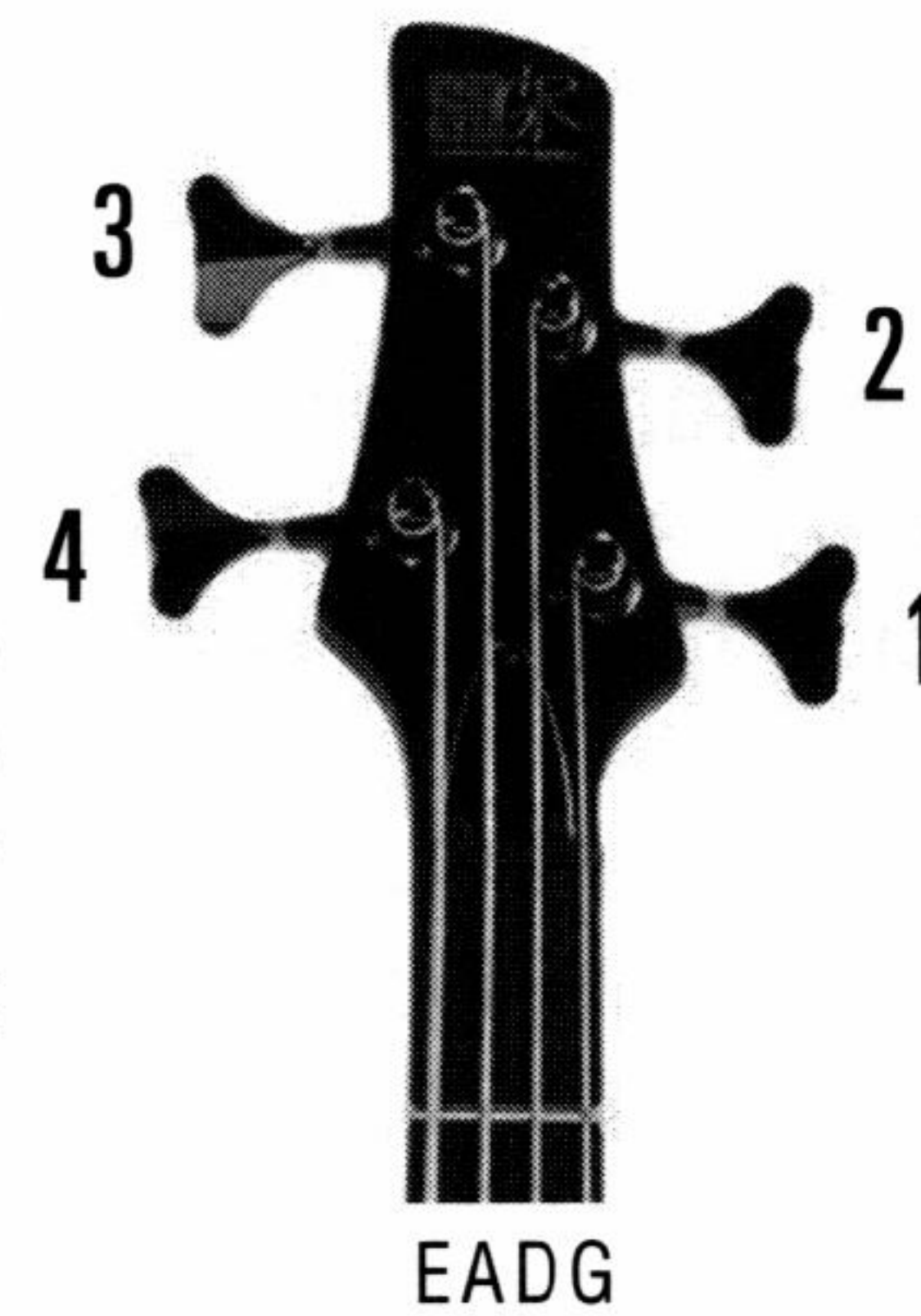
TUNING TO THE CD



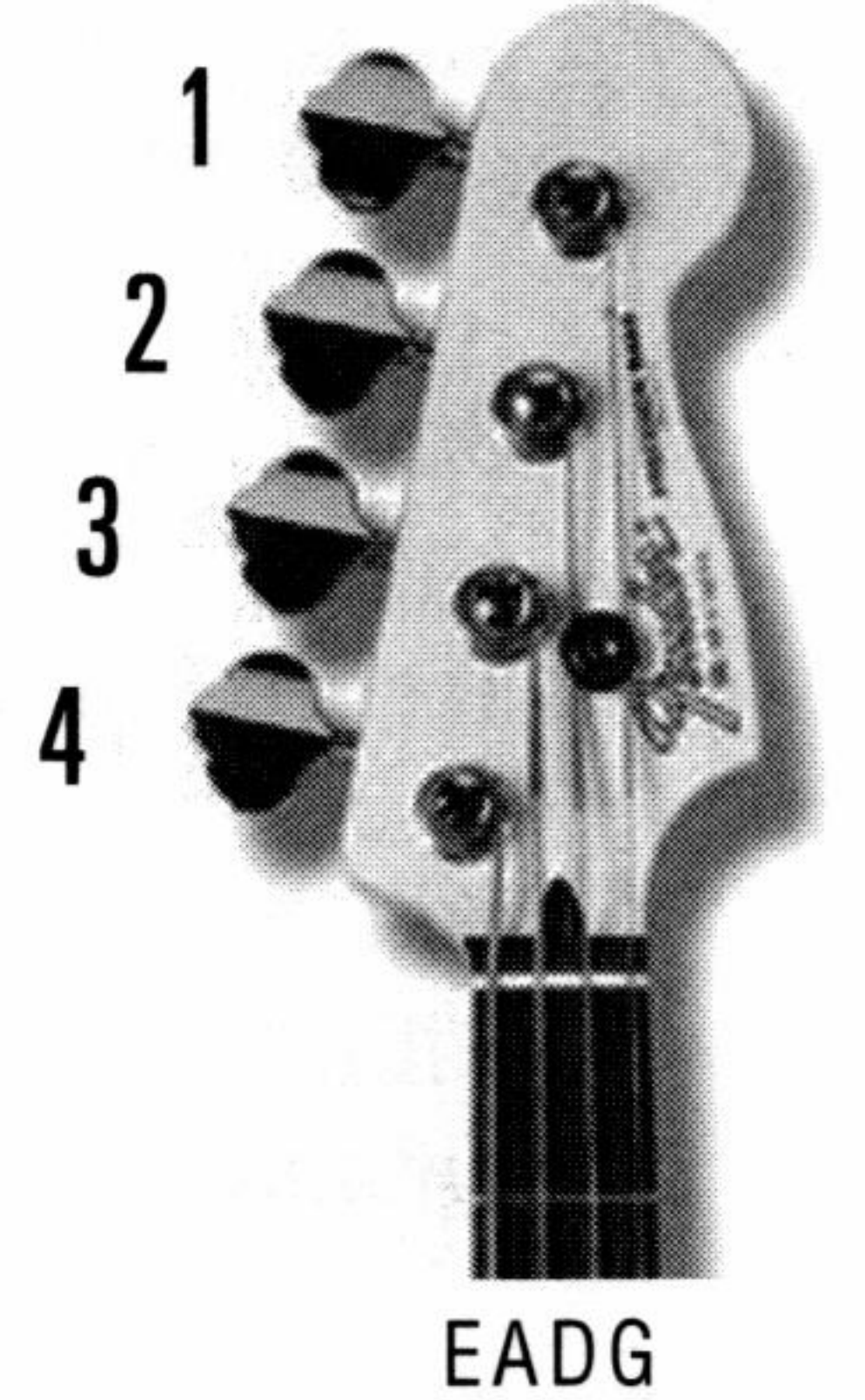
TRACK 1

To tune your bass, adjust the tuning pegs. Tightening a peg will raise the pitch of a string, loosening a peg will lower it.

On CD Track 1, each string is played four times. The first string you'll hear is the G (1st) string. Check your string with the CD; if it sounds lower than the recording, tighten the tuning peg until you get closer to the pitch on the CD. If your string is higher, then loosen the peg. Once the G string is in tune, repeat this process with the D, A, and E strings (2, 3, and 4).



EADG



EADG

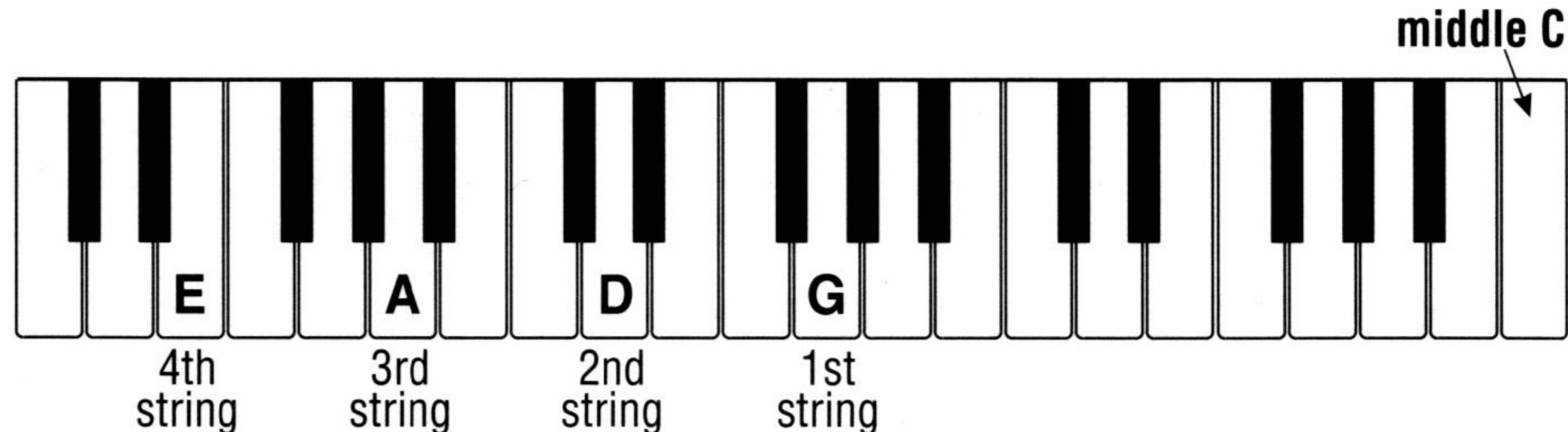
USING AN ELECTRONIC TUNER

Electronic tuners have become very affordable, so it's a good idea to have one. There are generally two types available: a "bass" (or "guitar") tuner, which will only read the open strings of your instrument, or a "chromatic" tuner, which will read any pitch. Either will do the job. Plug your bass into the input of the tuner and play your open G string. The tuner will read the pitch and tell you if the string is sharp (too high) or flat (too low). Adjust the tuning peg until the tuner indicates you are in tune. Repeat the process with the D, A, and E strings.



TUNING TO A KEYBOARD

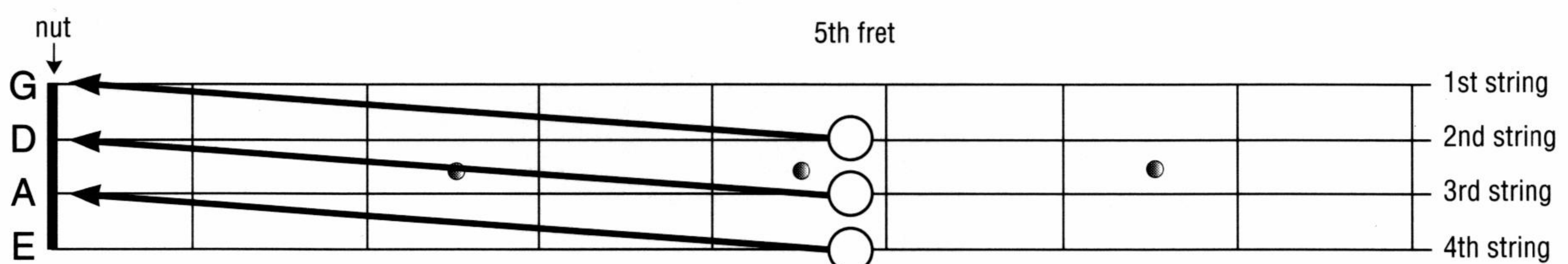
Use the appropriate key on a piano/keyboard to check your open strings.



RELATIVE TUNING

Here's another way to tune your bass. It is less accurate, as it assumes that your starting string is in tune—and it is harder for the ear to hear the low pitch of the bass as well as a tuner can—but this method works when there are no other alternatives. It's also a good way to check your tuning.

- Start with your open G string. If there is an accurate G available, use it; otherwise, assume the G string is tuned to the correct pitch.
- Play the D string at the 5th fret, and see if that note matches the open G. Tune the D string up or down until the two notes match.
- Play the A string at the 5th fret; compare it to the open D. Tune the A string up or down until the two notes match.
- Play the E string at the 5th fret; compare it to the open A. Tune the E string up or down until the two notes match.

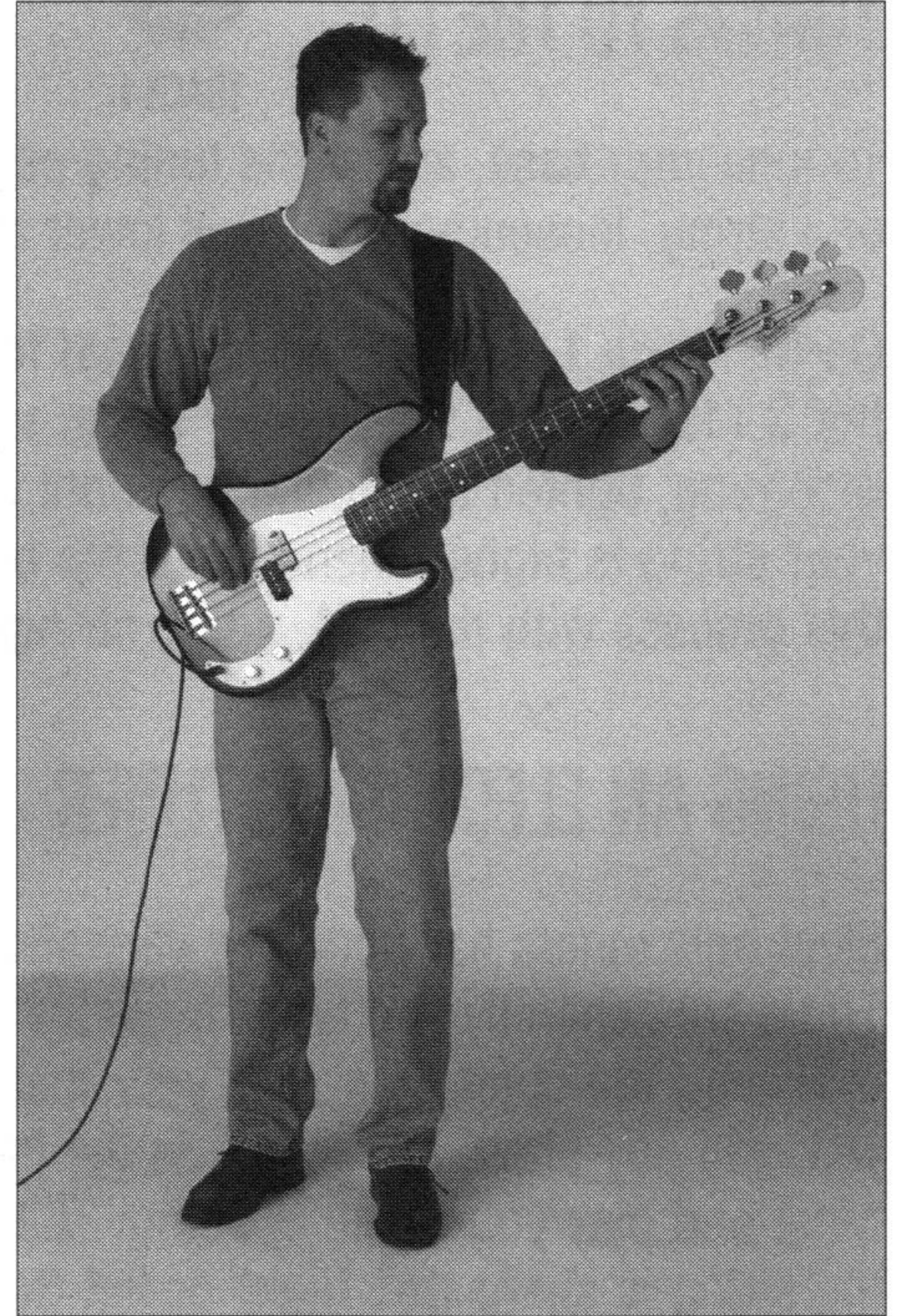


This is called *relative tuning* because the strings are tuned relative to one another.

PLAYING POSITIONS

STANDING

- Buy a comfortable strap between 2½ and 3 inches wide. Leather or woven cotton are good choices. A padded, stretchy neoprene strap will help absorb the weight of the instrument.
- Adjust the strap so that both hands can be comfortable on the bass. With your left arm at your side, bend the elbow, bringing your forearm up. This is your optimal position for the left hand.
- Hold your right arm straight out in front of you at shoulder height, and let the hand hang down naturally. Bend your elbow, and bring your arm in towards your body. That is the optimal position for your right hand.
- Be sure to avoid any extreme bends in either wrist.



TIP: Run the cable under your strap to avoid pulling it out of the jack while standing.

SITTING

- It's best to use a strap while sitting to keep the instrument at the proper height.
- Without a strap, rest the bass on your right leg. It may help to use a small footstool under your right foot.
- Keep your left arm off your leg.
- Angle the neck slightly away from the body.

