



BOYS TEAM TRAINING SCHEDULE

2025-2026 TRAINING SCHEDULE*: (SUMMER - July 7, 2025 thru August 21, 2025)

<u>LEVEL</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>HOURS/WEEK</u>
PreTeam Boys	OFF	OFF	OFF	4:00-6:00 PM	2
Level 3	OFF	6:00-8:00 PM	OFF	6:00-8:00 PM	4
Levels 5 & 7	OFF	6:00-8:00 PM	OFF	6:00-8:00 PM	4

2025-2026 TRAINING SCHEDULE*: (August 25, 2025 thru June 27, 2026)

<u>LEVEL</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>HOURS/ WEEK</u>
PreTeam Boys	OFF	OFF	OFF	4:00-6:00 PM	OFF	OFF	2
Level 3	OFF	6:00-8:00 PM	OFF	6:00-8:00 PM	OFF	OFF	4
Levels 5 & 7	OFF	6:00-8:00 PM	OFF	6:00-8:00 PM	OFF	10:00 AM - 12:30 PM	6.5

*Note: Schedules are subject to change at any time.