### RED CRYSTALS

RED CRYSTALS ARE AMONG THE MOST BEAUTIFUL, CARING, SUPPORTING, AND WARM CRYSTALS YOU WILL EVER ENCOUNTER. THEY ARE SAID TO PROVIDE PHYSICAL STRENGTH, ENHANCE MOTIVATION WHEN YOU'RE FEELING DOWN, AND REJUVENATE YOUR MIND, BODY, AND SOUL IN DIFFERENT CIVILIZATIONS. RED GEMSTONES ARE ALSO FREQUENTLY CONNECTED WITH MOTIVATION AND THE WILL TO MOVE FORWARD AND ATTAIN YOUR GOALS.



### RUBY GOLDSTONE CARNELIAN



### Wearing Them:

Improves motivation to attain objectives by infusing energies that assist you. They make you courageous, allowing to experiment with new ideas and techniques. They also provide the strength to conquer obstacles and succeed.

### **Meditation:**

Red gemstones can also aid in developing special experience and psychic abilities. Placing red gemstones special to you in your relaxation room and holding or focusing on them while sitting is an approach to promote these aims.

## ORANGE CRYSTALS

ORANGE GEMSTONES BRING THE LIGHT OF THE SUN INTO YOUR CREATIVE CENTER. CRYSTAL HEALERS OFTEN USE THESE GEMSTONES IN ORDER TO OFFER BLESSINGS FOR MANIFESTING WEALTH, GOOD LUCK, AND FERTILITY. IF YOU'RE STRUGGLING WITH SELF-LOVE OR SELF-CONFIDENCE ISSUES, ORANGE GEMSTONES HEAL YOUR WOUNDS.



### AMBER CITRINE FIRE OPAL



### Wearing Them:

Orange is a sign of brilliance and creativity. They are a symbol of the power of the Sun. They talk about self-expression and the positive energy of the light. Orange gems are a sign of charisma, confidence, and living an authentic life.

### **Meditation:**

They are excellent for chakra meditation because they infuse energy with their beneficial vibes. Orange crystals will infuse your aura with joyous energies.

## YELLOW CRYSTALS

ENERGY! THIS IS THE BEST PHYSICAL HEALING
POWER THAT YELLOW CRYSTALS BRING. THESE
STONES ARE PERFECT FOR PICKING YOU UP AFTER A
BURNOUT. FOR ANYONE WHO FEELS DEPLETED OR
WHO IS STRUGGLING WHEN IT COMES TO FOCUSING
ON A TASK, YELLOW GEMSTONES MAKE SURE THAT
YOUR SYSTEM STAYS TICKING.



#### Wearing Them:

Wearing a yellow stone may provide health benefits such as increased mental focus and concentration, better sleep, improved emotional well-being, and reduced anxiety. Wearing this may help protect against stress and anxiety problems.

### **Meditation:**

Yellow is associated with the navel chakra. When balanced, this can help you feel alive and confident. It's related to inner power and potential. If blocked, you may feel fearful in life.

GREEN JEWELS ARE ASSOCIATED WITH ECOLOGY AND VITALITY, AS WELL AS NEW BEGINNINGS, SYMMETRY, AND EQUILIBRIUM, THEY ARE RECOGNIZED AS EXCELLENT SOUL AND MOOD BALANCERS GREEN SYMBOLIZES DEVELOPMENT AS IT'S THE HUE OF SPRINGTIME, AND IT'LL USHER IN RESURRECTION AND NEW POSSIBILITIES FOR YOU. CALM, TRANQUILITY, KNOWLEDGE, AND OVERALL







### Wearing Them:

When your work gets heavy, and you need a break or to go traveling, keep your Green Crystals close. They'll calm you down and open new avenues to get that muchneeded vacation time.

### **Meditation:**

The spiritual powers of these stones will lead along improvement by encouraging you to overcome many challenges to realize your goals and make them into existence.

# CRYSTALS

BLUE CRYSTALS ARE HEAVEN-SENT. THE BLUE CRYSTAL BRINGS HOPE, TRUST, AND AUTHENTICITY AND GIVES THE INTUITION OF WISDOM, COMMUNICATION, AND AWARENESS. JUST KEEPING A BLUE CRYSTAL CLOSE BY BRINGS RESPITE, FEELINGS OF PEACE, AND A PROMISE THAT YOU GET TO SPEAK YOUR TRUTH WITHOUT FEAR OF JUDGEMENT.







### Wearing Them:

These blue gemstones represent beauty and purity. These stones evoke imagery of oceans and skies. It is recommended to wear when you require calming and soothing presence.

### **Meditation:**

Using blue stones,
especially when you are
under stress, is said to
surround you with
calming, soothing
energies to relieve stress
and calm the mind.
Instantly Soothing.

## PURPLE CRYSTALS

PURPLE STONES ARE ALL ABOUT SOOTHING ENERGY,
DEEP DREAMS, AND TRANSCENDING. PURPLE STONES
HELP PREP US FOR THESE LEAPS BY ENSURING THAT
OUR HEADS AREN'T PLAGUED WITH PAINS AND
MIGRAINES AND THAT OUR SLEEP IS SOFT, LONG,
AND AS RESTFUL AS CAN BE. THE PURPLE STONES
ARE TYPICALLY A SYMBOL OF PEACE, CLEANSING
AND CALMING ENERGY.







### Wearing Them:

People wear purple gemstones as symbols of passion, power, and magic. Crystal healers for centuries celebrated them for their spiritual properties and ability to enhance the mind.

### **Meditation:**

Purple stones have an impressive energy to stimulate Spiritual growth and healing. They are effective to assist you to more easily relax into deep meditation & peacefulness.

## PINK CRYSTALS

PINK CRYSTALS ARE SAID TO WARM THE HEART AND SOOTHE THE SOUL. THEY CAN HELP TO CALM YOUR EMOTIONS, RELAX YOUR BODY AND SURROUND YOU WITH NURTURING ENERGY. MANY BELIEVE THAT PINK GEMSTONES PROMOTE SELF-LOVE, SELF-WORTH AND SELF-ACCEPTANCE-JUST LOVE OF ALL KINDS!





### Wearing Them:

Pink symbolizes unconditional love and nurturing. They represent a love for oneself and others. All shades of pink stones are perfect for adorning yourself or the one you love.

### **Meditation:**

They are known as a healing crystal and the stone of unconditional love. It's believed to emit strong vibrations of love, which support emotional and relationship healing. inspire compassion.

## BLACK CRYSTALS

BLACK CRYSTALS ALLOW US TO HELP EASE US INTO DEEP STATES OF MEDITATION AND INTROSPECTION. THEY ARE THOUGHT TO HAVE A PURIFYING EFFECT AS THEY ARE THE MOST 'ABSORBENT'. THEY SIT IN THEIR ABILITY TO STRENGTHEN THAT ROOT CHAKRA, THAT CAN BE USED AN AMULET FOR PROTECTION.







### Wearing Them:

Black Crystals help symbolize the purity of spirit. It is shown as a dedication to one's spiritual practice and a denial of the falseness of the material world.

### **Meditation:**

They are used during meditation to keep one grounded and feel protected. They allow one to explore their unconscious like entering a dark room.

# CRYSTALS

WHITE CRYSTALS HELP THE BODY AS THEY REDUCE STRESS, ANXIETY, AND LONG PERIODS OF DARKNESS. THEY CAN HELP SINK YOU DOWN INTO SWEET RESTORATIVE SLUMBER AND BOOST THE IMMUNE SYSTEM. THEY ARE KNOWN TO BE THE 'MASTER HEALING STONE' AS IT AIDS ALL NEGATIVE EMOTIONS.



#### Wearing Them:

White Crystals like Opal tend to reflect the wearer. It intensifies emotions and releases inhibitions. In addition, it stimulates creativity and originality, which allows one to release anger.

### **Meditation:**

In times of meditation, white crystals tend to allow one to help purge from toxicity and keep you as clean from top to bottom. Put in your living room to promote peace and harmony.

## CRYSTALS

RAINBOW CRYSTALS ARE SAID TO AID AND RELIEVE GENERAL PAIN AROUND THE BODY. THESE CRYSTALS HELP RELIEVING DEPRESSION. EMOTIONAL HEALING PROPERTIES- RAINBOW AURA QUARTS HELPS WITH SYMPTOMS OF DEPRESSION. THE STONE HELPS CENTERS ERRATIC EMOTIONS!



### Wearing Them:

Wearing Rainbow
Crystals to sleep allows
one to have excellent
dreams. They will bring
inspiring and motivating
dreams that will get you
to act and make them a
reality.

### **Meditation:**

Paired with Blue Apatite, Rainbow Crystals are a natural promoter of hope, happiness, peace, courage, creativity, and optimism. It will remind you to respect all forms of life.