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| **CURRICULUM VITAE****BRITTANY NOELLE CRIM, PhD, RD, LD****Phone:** (214) 725-7391**Address:** 2009 Heritage Well Ln, Pflugerville, TX, 78660**Email:** bcrim@utexas.edu |

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| **EDUCATION AND TRAINING** |
| Graduate |  |  |  |
| 2008– 2013 | University of TexasAustin, TX | Ph.D. | Health Education and Health Behavior |
| 2005 – 2007 | University of AlabamaTuscaloosa, AL | M.S. | Human Nutrition |
| Undergraduate |  |  |  |
| 2003-2005 | University of Texas Southwestern Allied Health Science CenterDallas, TX | B.S. | Coordinated Program in Clinical Dietetics |

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| **APPOINTMENTS AND POSITIONS** |
| Academic |  |  |  |
| 2013-2017 | Southwestern University, Georgetown, TX | Adjunct and Visiting Professor | Dept. of Kinesiology |
| 2013-2014 | University of Mary Hardin-Baylor, Belton, TX | Assistant Professor | Dept. of Exercise and Sports Science |
| 2008-2013 | University of TexasAustin, TX | Graduate Assistant | Dept. of Kinesiology & Hlth EduThe Fitness Institute of Texas |
| 2011- 2013 | University of TexasAustin, TX | Teaching Assistant | Dept. of Nutritional Sciences |
| 2010 - 2011 | University of TexasAustin, TX | Graduate Assistant | Dept. of Kinesiology & Hlth Edu Dept of State Health Services |
| 2005 - 2007 | University of AlabamaTuscaloosa, AL | Graduate Assistant | Division of Rec Sports |
| 2007 - 2007 | Shelton State Community CollegeTuscaloosa, AL | Adjunct Professor | Dept. of Health Sciences |
| 2005 - 2006 | University of AlabamaTuscaloosa, AL | Teaching Assistant | Dept. of Human Nutrition |
| Professional |  |  |  |
| 2014-Present | Your Nutrition GuruAustin, TX | Owner | Nutrition and Wellness Consulting Firm |
| 2017-Present | Southwestern UniversityGeorgetown, TX | Health Educator and Outreach Coordinator | Dept. of Counseling and Health Services |
| 2008-2013 | University of Texas at AustinAustin, TX | Program Coordinator | Dept. of Kinesiology |

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| **ABSTRACTS** |
| Crim, B, Bartholomew, J (2014). Evaluation of Point of Purchase Labeling to Improve Health Literacy and Healthy Eating Choices. *Journal of the Academy of Nutrition and Dietetics.* 2014 Food and Nutrition Conference and Expo Annual Conference. |
| Crim, B, Stanforth, P, Stanforth, D, Stults-Kolehmainen, M (2013). Body Composition Change Among Female Athletes Across the Competitive Season and Over Multiple Years. *Medicine & Science in Sports & Exercise.* 2013 ACSM Annual Conference.  |
| Crim, B, Bartholomew, J (2012). Incentivizing Worksite Wellness Increases Adherence, But Not Results *Medicine & Science in Sports & Exercise.* 2012 ACSM Annual Conference. |
| Crim, B, Bartholomew, J (2011). Predictors of Employee Adherence to Worksite Weight Loss Exercise and Nutrition Program. *Medicine & Science in Sports & Exercise*. 2011 ACSM Annual Conference. |

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| **MANUSCRIPTS** |
| Accepted by the Journal of Strength and Conditioning Research, 2013 | *Body Composition Change Among Female NCAA Division 1 Athletes Across the Competitive Season and Over Multiple Year-time Frame* *(*Stanforth, Crim, Stanforth, and Stults-Kolehmainen*)* |
| Accepted by the Journal of Strength and Conditioning Research, 2014 | *Bone Mineral Content and Density Among Female NCAA Division I Athletes Across the Competitive Season and Over a Multi-year Time Frame* (Stanforth, Lu, Stults-Kolehmainen, Crim, Stanforth) |

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| **INVITED PRESENTATIONS AND SEMINARS** |
| 2017Round Rock, TX | “Food Color and Health”Austin Community College Employee Wellness |
| 2017Austin, TX | 9 monthly nutrition and fitness lectures for Pape-Dawson Engineering employees wellness. |
| 2017Houston, TX | “Yoga for Your Health”Texas Medical Association Annual Conference |
| 2017Bastrop, TX | “Nutrition and Stroke Prevention”Baylor Scott and White Annual Neuroscience Symposium |
| 2017Fort Worth, TX | “The Ins and Outs of Preventive Lifestyles”Texas Medical Association Physician Health and Wellness Annual Meeting |
| 2017Fort Worth, TX | “Healthy Nights and Healthy Days”Texas Medical Association Physician Health and Wellness Annual Meeting |
| 2016Austin, TX | “Comparison of Calorie Counting VS. Self-Evaluation Methodology for Weight Loss” Poster presentation at the Texas American College of Sports Medicine annual meeting. |
| 2016Lake Travis, TX | “Nutrition Steps to Weight Loss and Health”Texas Medical Association Physician Health and Rehabilitation Training Session |
| 2016Lake Travis, TX | “Nutrition and Exercise Steps to Weight Loss and Health”Texas Medical Association Physician Health and Wellness Annual Meeting |
| 2016, Austin, TX | “Diabetes Basics”Austin Community College Employee Health Symposium |
| 2015, Austin, TX | “Healthy Eating on a Budget”Austin Community College Employee Health Symposium |
| 2015, Austin, TX | “Health Benefits of Tai Chi”Texas Medical Association Physician Health and Wellness Annual Meeting |
| 2015, Leander, TX | “Nutrition for Performance”Leander Spartans Private Track and Field Club |
| 2015, Austin, TX | “Nutrition for Performance”Pape-Dawson Engineering Firm Employee Wellness Luncheon |
| 2015, Austin, TX | “Metabolism: 101”Pape-Dawson Engineering Firm Employee Wellness Luncheon |
| 2014, Atlanta, GA | “Evaluation of Point of Purchase Labeling to Improve Health Literacy and Healthy Eating Choices”The Academy of Nutrition and Dietetics National Food and Nutrition Conference and Expo |
| 2014, Austin, TX | “Practical Nutrition for the Aging”Travis County Medical Society’s Lifetime Learning Institute |
| 2014, Dallas, TX | “Nutrition and Exercise Techniques for Personal and Employee Resilience”DFW International Health Sypmosium |
| 2014, Ft. Worth, TX | “Yoga Techniques and Their Benefits” and “Nutrition and Exercise Steps to Weight Loss and Health”Texas Medical Association Physician Health and Wellness Annual Meeting |
| 2013Horseshoe Bay, TX | “Pros and Cons of Popular Diets” and “Nutrition Steps to Weight Loss and Health”Texas Medical Association Physician Health and Rehabilitation Training Session |
| 2013 Austin, TX | Nutrition and Diabetes Prevention and Management, University of Texas Department of Environmental Health Services  |
| 2012 and 2013, Austin, TX | Diabetic Exchanges: Understanding and Utilizing the Exchange List, University of Texas, Department of Nutrition Undergraduates |
| 2012 Austin, TX | “College Nutrition”University of Texas, Freshman University General Studies  |
| 2012Austin, TX  | “Physical Activity and Weight Management”University of Texas, School of Nursing |
| 2012San Francisco, CA | “Incentivizing Worksite Wellness Increases Adherence, But Not Results” Thematic Poster Session Presentation at the American College of Sports Medicine annual meeting |
| 2012,Austin, TX | “Nutrition Myth Busters”University of Texas, Quarterly Bites of Wellness Presentation for University HealthPoint Faculty and Staff Services |
| 2011Denver, CO | “Predictors of Employee Adherence to a Worksite Exercise and Nutrition Program” Poster presentation at the American College of Sports Medicine annual meeting |
| 2011Austin, TX | “Nutrition and Exercise”University of Texas, Nutrition and Wellness Association |
| 2011Austin, TX | “Predictors of Employee Adherence to a Worksite Exercise and Nutrition Program” Poster presentation at the Texas American College of Sports Medicine annual meeting. |
| 2010Austin, TX | “Metabolism: Is it working for or against you?” University of Texas, Graduate Coordinator Association  |
| 2010Austin, TX | “Nutrition and Exercise” University of Texas, Department of Nutrition Undergraduates |
| 2009Austin, TX | “Metabolism, is it working for or against you?” University of Texas, Department of Accounting Services |
| 2008Austin, TX | “Healthy Downtown Dining” Frost Tower Professionals  |
| 2007Tuscaloosa, AL | “Nutrition for the Traveling Athlete” University of Alabama, Women’s Softball Team |
| 2005-2007Tuscaloosa, AL | “Nutrition Education for the Personal Trainer” University of Alabama Student Recreation Center, Personal Training Course |

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| **TEACHING EXPERIENCE** |
| Southwestern UniversityGeorgetown, TX | Adjunct and Visiting Professor* Nutrition for Human Performance (Undergraduate)
* Health Disparities and Disease (Undergraduate)
* Sports Nutrition (Undergraduate)
* Anatomy and Physiology (Undergraduate)
* Worksite Wellness (Undergraduate)
* Health and Fitness Concepts (Undergraduate)
* Exercise Prescription (Undergraduate)
* Introduction to Nutrition (Undergraduate)
* Introduction to Epidemiology (Undergraduate)
* Exercise, Cognition, and Mental Health (Undergraduate)
 |
| University of Mary Hardin-BaylorBelton, TX | Assistant Professor* Lifespan Nutrition (Undergraduate)
* Personal Health and Fitness (Undergraduate)
* Introduction to Exercise and Sport Science (Undergraduate)
 |
| University of TexasAustin, TX | Teaching Assistant* Clinical Practice in Medical Nutrition Therapy (Undergraduate)
* Community Nutrition (Undergraduate)
* Nutrition Assessment Techniques (Undergraduate)
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| Shelton State Community CollegeTuscaloosa, AL | Teacher of Record* Introduction to Nutrition (Undergraduate)
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| University of AlabamaTuscaloosa, AL | Teaching Assistant* Community Nutrition (Undergraduate)
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| **Grants and Scholarship** |
| Southwestern UniversityUniversity of TexasOctober 2017 | Peers Against Tobacco Grant |
| Southwestern University SCOPE AwardsMay 2017 | Inquiry Initiative Summer Research Grant |
| Southwestern University SCOPE AwardsMay 2016 | Inquiry Initiative Summer Research Grant |
| Southwestern University SCOPE AwardsMay 2015 | Inquiry Initiative Summer Research Grant |

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| **PROGRAM EXPERIENCE, DEVELOPMENT** |
| Southwestern UniversityGeorgetown, TX | Health Educator and Outreach Coordinator-Developer and executor for student wellness initiatives and health education |
| Pape-Dawson EngineeringAustin, TX | Consultant-Developed nutrition and fitness education for employees |
| Austin Community CollegeAustin, TX | Consultant-Developed nutrition education for staff encompassing a variety of health topics including diabetes and cardiovascular disease |
| University of TexasAustin, TX | Nutrition Services-Developer and educator for individual and group counseling |
| University of TexasAustin, TX | Get FIT Weight Loss & Lifestyle Program- Development, program educator and exercise instructor |
| University of TexasAustin, TX  | Lunch and Lose Nutrition Education for Weight Loss Program- Developer and program educator  |
| University of TexasAustin, TX | Breakfast and Lose Nutrition Education for Weight Loss Program- Developer and program educator |
| Texas Medical AssociationAustin, TX | Lunch and Lose Nutrition Education for Weight Loss Program- Developer and program educator  |
| Texas Medical AssociationAustin, TX | Get FIT Weight Loss & Lifestyle Program- Development and program educator |
| University of TexasAustin, TX | Get FIT Diabetes: Exercise and Nutrition Lifestyle Program for Diabetics- (Under development) Developer and program educator  |
| Texas Medical AssociationAustin, TX | Get FIT Weight Loss & Lifestyle Program- Development and program educator |
| The Hills Health Club and Wellness Center: Frost TowerAustin, TX | Nutrition Services-Developer and education for individual and group counseling |
| University of AlabamaTuscaloosa, AL | Nutrition Services-Developer and education for individual and group counseling |
| University of AlabamaTuscaloosa, AL | Lunch and Lose Nutrition Education Program-Developer and program education |

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| **TELEVISION & OTHER MEDIA** |
| Dr. Oz Show [TV]: 2011Season 2, Episode 178 | How old will you be when you die?Expert Contributor |
| Hardwired for Fitness2011 | Nutrition Menus and RecommendationsContributing Author |

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| **PROFESSIONAL AFFILIATIONS** |
| 2017-present  | Texans Standing Tall |
| 2017-present | Peers Against Tobacco |
| 2005-present | Commission of Dietetic Registry |
| 2010-present | American College of Sports Medicine |
| 2003-present | Academy of Nutrition and Dietetics |
| 2003-present | Sports Cardiovascular and Nutrition Association |
| 2014-2016 | Nutrition Entrepreneurs Dietetic Practice Group |
| 2014-2016 | Weight Management Dietetic Practice Group |
| 2008-2013 | Health Education Student Association |
| 2004-2008 | American Council on Exercise |