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| **CURRICULUM VITAE**  **BRITTANY NOELLE CRIM, PhD, RD, LD**  **Phone:** (214) 725-7391  **Address:** 2009 Heritage Well Ln, Pflugerville, TX, 78660  **Email:** bcrim@utexas.edu |

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| **EDUCATION AND TRAINING** | | | |
| Graduate |  |  |  |
| 2008– 2013 | University of Texas  Austin, TX | Ph.D. | Health Education and  Health Behavior |
| 2005 – 2007 | University of Alabama  Tuscaloosa, AL | M.S. | Human Nutrition |
| Undergraduate |  |  |  |
| 2003-2005 | University of Texas Southwestern Allied Health Science Center  Dallas, TX | B.S. | Coordinated Program in Clinical Dietetics |

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| **APPOINTMENTS AND POSITIONS** | | | |
| Academic |  |  |  |
| 2013-2017 | Southwestern University, Georgetown, TX | Adjunct and Visiting Professor | Dept. of Kinesiology |
| 2013-2014 | University of Mary Hardin-Baylor, Belton, TX | Assistant Professor | Dept. of Exercise and Sports Science |
| 2008-2013 | University of Texas  Austin, TX | Graduate Assistant | Dept. of Kinesiology & Hlth Edu  The Fitness Institute of Texas |
| 2011- 2013 | University of Texas  Austin, TX | Teaching  Assistant | Dept. of Nutritional Sciences |
| 2010 - 2011 | University of Texas  Austin, TX | Graduate Assistant | Dept. of Kinesiology & Hlth Edu  Dept of State Health Services |
| 2005 - 2007 | University of Alabama  Tuscaloosa, AL | Graduate Assistant | Division of Rec Sports |
| 2007 - 2007 | Shelton State Community College  Tuscaloosa, AL | Adjunct Professor | Dept. of Health Sciences |
| 2005 - 2006 | University of Alabama  Tuscaloosa, AL | Teaching Assistant | Dept. of Human Nutrition |
| Professional |  |  |  |
| 2014-Present | Your Nutrition Guru  Austin, TX | Owner | Nutrition and Wellness Consulting Firm |
| 2017-Present | Southwestern University  Georgetown, TX | Health Educator and Outreach Coordinator | Dept. of Counseling and Health Services |
| 2008-2013 | University of Texas at Austin  Austin, TX | Program Coordinator | Dept. of Kinesiology |

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| **ABSTRACTS** |
| Crim, B, Bartholomew, J (2014). Evaluation of Point of Purchase Labeling to Improve Health Literacy and Healthy Eating Choices. *Journal of the Academy of Nutrition and Dietetics.* 2014 Food and Nutrition Conference and Expo Annual Conference. |
| Crim, B, Stanforth, P, Stanforth, D, Stults-Kolehmainen, M (2013). Body Composition Change Among Female Athletes Across the Competitive Season and Over Multiple Years. *Medicine & Science in Sports & Exercise.* 2013 ACSM Annual Conference. |
| Crim, B, Bartholomew, J (2012). Incentivizing Worksite Wellness Increases Adherence, But Not Results *Medicine & Science in Sports & Exercise.* 2012 ACSM Annual Conference. |
| Crim, B, Bartholomew, J (2011). Predictors of Employee Adherence to Worksite Weight Loss Exercise and Nutrition Program. *Medicine & Science in Sports & Exercise*. 2011 ACSM Annual Conference. |

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| **MANUSCRIPTS** | |
| Accepted by the Journal of Strength and Conditioning Research, 2013 | *Body Composition Change Among Female NCAA Division 1 Athletes Across the Competitive Season and Over Multiple Year-time Frame* *(*Stanforth, Crim, Stanforth, and Stults-Kolehmainen*)* |
| Accepted by the Journal of Strength and Conditioning Research, 2014 | *Bone Mineral Content and Density Among Female NCAA Division I Athletes Across the Competitive Season and Over a Multi-year Time Frame* (Stanforth, Lu, Stults-Kolehmainen, Crim, Stanforth) |

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| **INVITED PRESENTATIONS AND SEMINARS** | |
| 2017  Round Rock, TX | “Food Color and Health”  Austin Community College Employee Wellness |
| 2017  Austin, TX | 9 monthly nutrition and fitness lectures for Pape-Dawson Engineering employees wellness. |
| 2017  Houston, TX | “Yoga for Your Health”  Texas Medical Association Annual Conference |
| 2017  Bastrop, TX | “Nutrition and Stroke Prevention”  Baylor Scott and White Annual Neuroscience Symposium |
| 2017  Fort Worth, TX | “The Ins and Outs of Preventive Lifestyles”  Texas Medical Association Physician Health and Wellness Annual Meeting |
| 2017  Fort Worth, TX | “Healthy Nights and Healthy Days”  Texas Medical Association Physician Health and Wellness Annual Meeting |
| 2016  Austin, TX | “Comparison of Calorie Counting VS. Self-Evaluation Methodology for Weight Loss”  Poster presentation at the Texas American College of Sports Medicine annual meeting. |
| 2016  Lake Travis, TX | “Nutrition Steps to Weight Loss and Health”  Texas Medical Association Physician Health and Rehabilitation Training Session |
| 2016  Lake Travis, TX | “Nutrition and Exercise Steps to Weight Loss and Health”  Texas Medical Association Physician Health and Wellness Annual Meeting |
| 2016, Austin, TX | “Diabetes Basics”  Austin Community College Employee Health Symposium |
| 2015, Austin, TX | “Healthy Eating on a Budget”  Austin Community College Employee Health Symposium |
| 2015, Austin, TX | “Health Benefits of Tai Chi”  Texas Medical Association Physician Health and Wellness Annual Meeting |
| 2015, Leander, TX | “Nutrition for Performance”  Leander Spartans Private Track and Field Club |
| 2015, Austin, TX | “Nutrition for Performance”  Pape-Dawson Engineering Firm Employee Wellness Luncheon |
| 2015, Austin, TX | “Metabolism: 101”  Pape-Dawson Engineering Firm Employee Wellness Luncheon |
| 2014, Atlanta, GA | “Evaluation of Point of Purchase Labeling to Improve Health Literacy and Healthy Eating Choices”  The Academy of Nutrition and Dietetics National Food and Nutrition Conference and Expo |
| 2014, Austin, TX | “Practical Nutrition for the Aging”  Travis County Medical Society’s Lifetime Learning Institute |
| 2014, Dallas, TX | “Nutrition and Exercise Techniques for Personal and Employee Resilience”  DFW International Health Sypmosium |
| 2014, Ft. Worth, TX | “Yoga Techniques and Their Benefits” and “Nutrition and Exercise Steps to Weight Loss and Health”  Texas Medical Association Physician Health and Wellness Annual Meeting |
| 2013  Horseshoe Bay, TX | “Pros and Cons of Popular Diets” and “Nutrition Steps to Weight Loss and Health”  Texas Medical Association Physician Health and Rehabilitation Training Session |
| 2013 Austin, TX | Nutrition and Diabetes Prevention and Management, University of Texas Department of Environmental Health Services |
| 2012 and 2013, Austin, TX | Diabetic Exchanges: Understanding and Utilizing the Exchange List, University of Texas, Department of Nutrition Undergraduates |
| 2012  Austin, TX | “College Nutrition”  University of Texas, Freshman University General Studies |
| 2012  Austin, TX | “Physical Activity and Weight Management”  University of Texas, School of Nursing |
| 2012  San Francisco, CA | “Incentivizing Worksite Wellness Increases Adherence, But Not Results”  Thematic Poster Session Presentation at the American College of Sports Medicine annual meeting |
| 2012,  Austin, TX | “Nutrition Myth Busters”  University of Texas, Quarterly Bites of Wellness Presentation for University HealthPoint Faculty and Staff Services |
| 2011  Denver, CO | “Predictors of Employee Adherence to a Worksite Exercise and Nutrition Program”  Poster presentation at the American College of Sports Medicine annual meeting |
| 2011  Austin, TX | “Nutrition and Exercise”  University of Texas, Nutrition and Wellness Association |
| 2011  Austin, TX | “Predictors of Employee Adherence to a Worksite Exercise and Nutrition Program”  Poster presentation at the Texas American College of Sports Medicine annual meeting. |
| 2010  Austin, TX | “Metabolism: Is it working for or against you?”  University of Texas, Graduate Coordinator Association |
| 2010  Austin, TX | “Nutrition and Exercise”  University of Texas, Department of Nutrition Undergraduates |
| 2009  Austin, TX | “Metabolism, is it working for or against you?”  University of Texas, Department of Accounting Services |
| 2008  Austin, TX | “Healthy Downtown Dining”  Frost Tower Professionals |
| 2007  Tuscaloosa, AL | “Nutrition for the Traveling Athlete”  University of Alabama, Women’s Softball Team |
| 2005-2007  Tuscaloosa, AL | “Nutrition Education for the Personal Trainer”  University of Alabama Student Recreation Center, Personal Training Course |

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| **TEACHING EXPERIENCE** | |
| Southwestern University  Georgetown, TX | Adjunct and Visiting Professor   * Nutrition for Human Performance (Undergraduate) * Health Disparities and Disease (Undergraduate) * Sports Nutrition (Undergraduate) * Anatomy and Physiology (Undergraduate) * Worksite Wellness (Undergraduate) * Health and Fitness Concepts (Undergraduate) * Exercise Prescription (Undergraduate) * Introduction to Nutrition (Undergraduate) * Introduction to Epidemiology (Undergraduate) * Exercise, Cognition, and Mental Health (Undergraduate) |
| University of Mary Hardin-Baylor  Belton, TX | Assistant Professor   * Lifespan Nutrition (Undergraduate) * Personal Health and Fitness (Undergraduate) * Introduction to Exercise and Sport Science (Undergraduate) |
| University of Texas  Austin, TX | Teaching Assistant   * Clinical Practice in Medical Nutrition Therapy (Undergraduate) * Community Nutrition (Undergraduate) * Nutrition Assessment Techniques (Undergraduate) |
| Shelton State  Community College  Tuscaloosa, AL | Teacher of Record   * Introduction to Nutrition (Undergraduate) |
| University of Alabama  Tuscaloosa, AL | Teaching Assistant   * Community Nutrition (Undergraduate) |

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| **Grants and Scholarship** | |
| Southwestern University  University of Texas  October 2017 | Peers Against Tobacco Grant |
| Southwestern University SCOPE Awards  May 2017 | Inquiry Initiative Summer Research Grant |
| Southwestern University SCOPE Awards  May 2016 | Inquiry Initiative Summer Research Grant |
| Southwestern University SCOPE Awards  May 2015 | Inquiry Initiative Summer Research Grant |

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| **PROGRAM EXPERIENCE, DEVELOPMENT** | |
| Southwestern University  Georgetown, TX | Health Educator and Outreach Coordinator  -Developer and executor for student wellness initiatives and health education |
| Pape-Dawson Engineering  Austin, TX | Consultant  -Developed nutrition and fitness education for employees |
| Austin Community College  Austin, TX | Consultant  -Developed nutrition education for staff encompassing a variety of health topics including diabetes and cardiovascular disease |
| University of Texas  Austin, TX | Nutrition Services  -Developer and educator for individual and group counseling |
| University of Texas  Austin, TX | Get FIT Weight Loss & Lifestyle Program  - Development, program educator and exercise instructor |
| University of Texas  Austin, TX | Lunch and Lose Nutrition Education for Weight Loss Program  - Developer and program educator |
| University of Texas  Austin, TX | Breakfast and Lose Nutrition Education for Weight Loss Program  - Developer and program educator |
| Texas Medical Association  Austin, TX | Lunch and Lose Nutrition Education for Weight Loss Program  - Developer and program educator |
| Texas Medical Association  Austin, TX | Get FIT Weight Loss & Lifestyle Program  - Development and program educator |
| University of Texas  Austin, TX | Get FIT Diabetes: Exercise and Nutrition Lifestyle Program for Diabetics  - (Under development) Developer and program educator |
| Texas Medical Association  Austin, TX | Get FIT Weight Loss & Lifestyle Program  - Development and program educator |
| The Hills Health Club and Wellness Center: Frost Tower  Austin, TX | Nutrition Services  -Developer and education for individual and group counseling |
| University of Alabama  Tuscaloosa, AL | Nutrition Services  -Developer and education for individual and group counseling |
| University of Alabama  Tuscaloosa, AL | Lunch and Lose Nutrition Education Program  -Developer and program education |

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| **TELEVISION & OTHER MEDIA** | |
| Dr. Oz Show [TV]: 2011  Season 2, Episode 178 | How old will you be when you die?  Expert Contributor |
| Hardwired for Fitness  2011 | Nutrition Menus and Recommendations  Contributing Author |

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| **PROFESSIONAL AFFILIATIONS** | |
| 2017-present | Texans Standing Tall |
| 2017-present | Peers Against Tobacco |
| 2005-present | Commission of Dietetic Registry |
| 2010-present | American College of Sports Medicine |
| 2003-present | Academy of Nutrition and Dietetics |
| 2003-present | Sports Cardiovascular and Nutrition Association |
| 2014-2016 | Nutrition Entrepreneurs Dietetic Practice Group |
| 2014-2016 | Weight Management Dietetic Practice Group |
| 2008-2013 | Health Education Student Association |
| 2004-2008 | American Council on Exercise |