

Manifestation Spells For Making Life Better



WAKE - IN

A SIMPLE GUIDE FOR SPELLS WITH INTENTION

GALACTIC COLLABORATION
BETWEEN

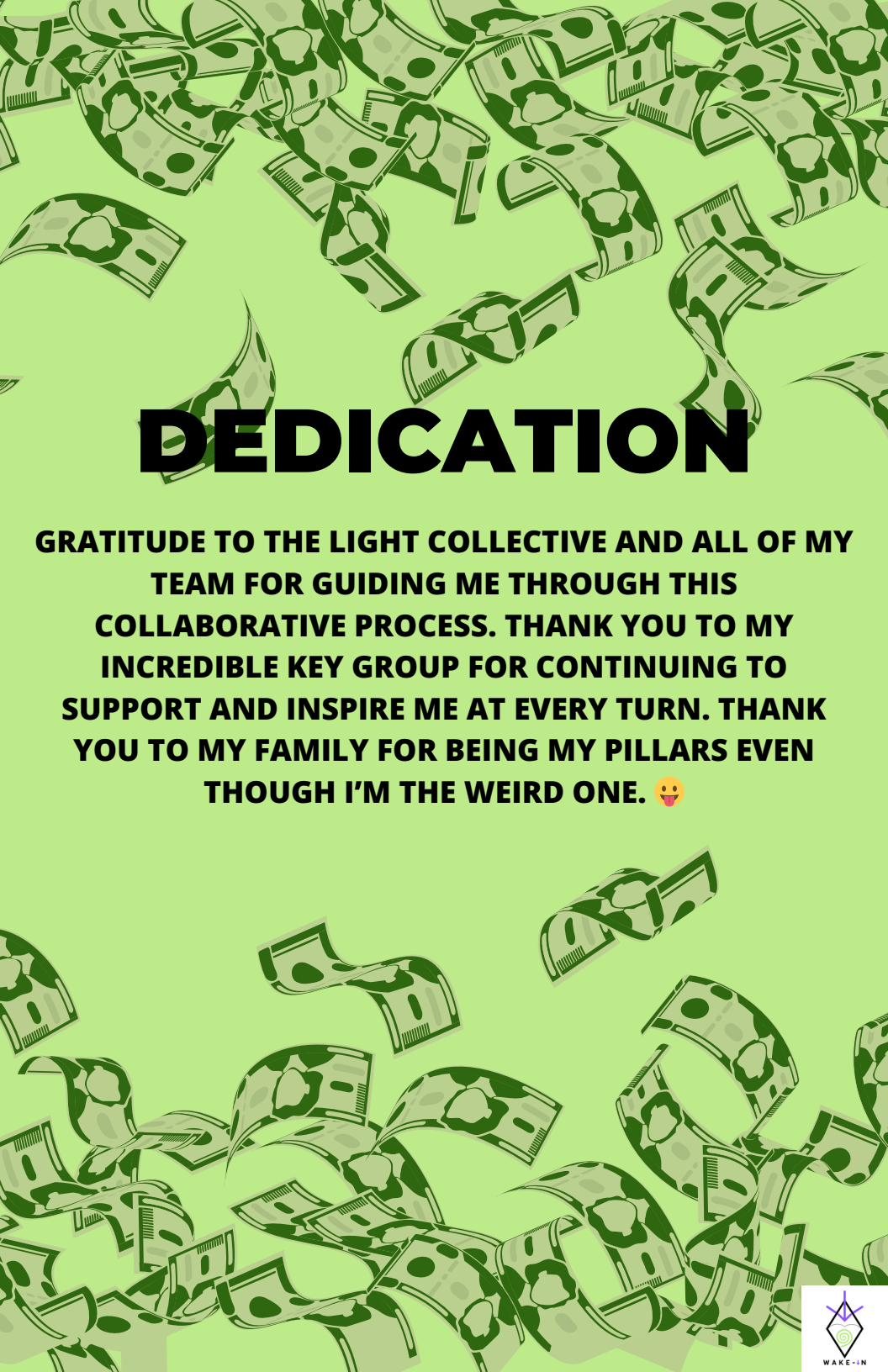
THE LIGHT COLLECTIVE

&

JAMIE LONDON WOLLBERG

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Jamie London Wollberg Brooklyn, NY

The background of the entire image is a vibrant yellow. Scattered throughout this background are numerous US dollar bills, depicted in a stylized, hand-drawn manner. The bills are shown in various orientations, some falling from the top and others appearing to be in motion, creating a sense of abundance and celebration. The bills are primarily in shades of green and white, with some yellow accents.

DEDICATION

**GRATITUDE TO THE LIGHT COLLECTIVE AND ALL OF MY
TEAM FOR GUIDING ME THROUGH THIS
COLLABORATIVE PROCESS. THANK YOU TO MY
INCREDIBLE KEY GROUP FOR CONTINUING TO
SUPPORT AND INSPIRE ME AT EVERY TURN. THANK
YOU TO MY FAMILY FOR BEING MY PILLARS EVEN
THOUGH I'M THE WEIRD ONE. 🤪**



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INTRODUCTION



NAMASTE AND WELCOME TO YOUR NEW FAVORITE GUIDE, THE MANIFESTATION SPELLS FOR MAKING LIFE BETTER. THIS MANIFESTATION TOOL HAS BEEN CHanneled AND DESIGNED TO SUPPORT, AND EMPOWER YOU TO CREATE THE LIFE YOU TRULY DESIRE. WHEN I BEGAN THIS PROCESS, IT WAS SO ORGANIC THAT I HAD NO IDEA I WAS EVEN CREATING SPELLS. IT WASN'T UNTIL I SHARED THE PROCESS OF MAKING THESE INTENTIONAL MIXTURES, WHEN I WAS ASKED IF I WAS A WITCH. IT WAS SUGGESTED THAT I WAS CHANNELING SPELLS AND FOR SOME REASON, I WASN'T READY TO HEAR THAT. I FELT SOME RESISTANCE AND CHOSE TO SIT WITH HOW I WAS FEELING. ULTIMATELY, I REALIZED THAT IT DIDN'T MATTER WHAT I CALLED THEM BECAUSE IT WAS THE INTENTION BEHIND THEM THAT WAS POWERFUL.

THOUGH I STILL DON'T REALLY IDENTIFY AS A WITCH/WIZARD, I DO FEEL WHAT I'M USING ARE IN FACT SPELLS. EVERYTHING WE SAY FORMS A SPELL WHEN WE PUT OUR INTENTION AND EMOTIONS BEHIND IT. THE ACTIONS ARE WHAT CREATE THE MANIFESTATION. THIS ISN'T NEW INFORMATION, HOWEVER THESE SPELLS ARE CERTAINLY FRESHLY ANCHORED INTO THE COLLECTIVE CONSCIOUSNESS.

FROM THE MOMENT I EXPERIENCED THE POWER OF THESE SPELLS I DESIRED TO SHARE THEM AND WAS WAITING FOR THE GUIDED DIVINE MOMENT TO DO SO. THE TIME HAS FINALLY COME, WHICH MEANS THAT IF YOU'RE READING THIS RIGHT NOW OR EVEN LISTENING TO IT, YOU'RE READY TO LIVE A BETTER LIFE. MY DEEPEST DESIRE IS THAT YOU WILL UTILIZE THESE TOOLS WITH HONOR, RESPECT, AND UNCONDITIONAL LOVE TO CREATE THE AMAZING LIFE YOU'RE WORTHY OF LIVING.

SPELLS ARE MEANT TO BE FUN, CONNECTIVE, CREATIVE, INTENTIONAL, AND SPIRITUAL - NOT STRESSFUL. PLEASE DON'T UTILIZE THESE SPELLS AND THE WISDOM OF THIS GUIDE TO CAUSE INTENTIONAL HARM OF ANY KIND - THAT IS NOT WHAT THESE ARE FOR. I ENCOURAGE ALL OF YOU TO MANIFEST FOR YOUR HIGHEST GOOD AND FOR THE HIGHEST GOOD OF ALL. REMEMBER, THIS IS A TOOL THAT IS AN EXTENSION OF YOUR POWER, SO YOUR SPELLS ARE GOING TO BE AS POWERFUL AS YOU ARE AND YOU ARE POWERFUL!

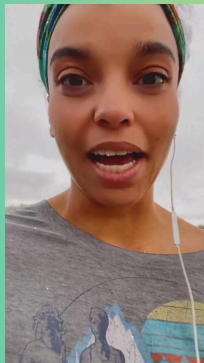
WHO IS THIS FOR?



THIS IS FOR EVERYONE

WANT SOMETHING? THIS GUIDE IS FOR YOU AND YOUR DESIRES. THIS IS A GUIDE FOR EVERYONE FROM BEGINNERS TO THOSE WHO HAVE BEEN PLAYING WITH SPELLS FOR MUCH OF THEIR LIFE. EVERYONE HAS SOMETHING TO GAIN FROM EXPERIENCING WHAT THIS TOOL HAS TO OFFER. IT'S DESIGNED TO BE EASY AND BASIC, HOWEVER YOU CAN ELEVATE THE EXPERIENCE TO REACH YOUR LEVEL IN WHICHEVER WAY FEELS BEST FOR YOU. SPELLS AREN'T MEANT TO BE COMPLICATED. YOU DON'T HAVE TO BE A WITCH OR EVEN BELIEVE IN THEM TO BENEFIT FROM THIS TOOL. ALL YOU HAVE TO DO IS SET INTENTIONS, BELIEVE, AND TAKE ACTION. FOR THOSE WHO FEEL THIS IS VERY CHALLENGING FOR THEM, THIS GUIDE WILL HOPEFULLY MAKE THAT ALL EASIER.

WATCH THIS TESTIMONIAL FROM MAGGIE DORSKY, AWARD-WINNING PODCAST HOST OF METAPHYSICAL AF & PUBLISHED AUTHOR OF THE BEST SELLING, THE METAPHYSICAL CANNABIS ORACLE DECK





INTENTION & MANIFESTATION



THE BREAD AND BUTTER OF SPELLS AND OVERALL GETTING WHAT YOU DESIRE IN LIFE, NO MATTER HOW YOU GO ABOUT IT. INTENTION IS THE FOCUS AND DEDICATION TO A DESIRE AND BEING SPECIFIC IN WHAT IT IS YOU DESIRE. IT'S THE MEANING, THE HEART, AND THE SOUL OF YOUR SPELL. MANIFESTATION IS THE RESULT OF YOUR INTENTION COMING INTO YOUR REALITY WHERE IT'S TANGIBLE, EVEN IF IT'S NOT LITERALLY TANGIBLE.

ABOUT THE CHANNEL



JAMIE IS A LEADER OF LOVE PROVIDING IMPACTFUL SPIRITUAL EXPERIENCES FOR CORPORATE LEADERS, ENTREPRENEURS, AND THEIR BUSINESSES. HE IS DEDICATED TO CREATING TRANSFORMATIVE SPIRITUAL EXPERIENCES SUPPORTING LEADERS AIMING TO MAKE A MEANINGFUL IMPACT IN THE WORLD. WITH A FOCUS ON PURPOSE-DRIVEN GROWTH, JAMIE PROVIDES MENTORING, COACHING, AND HEALING SERVICES THAT EMPOWER LEADERS OF LOVE THROUGH PROGRAMS FOR THEIR BUSINESS(ES), PRIVATE LUXURY RETREATS, AND 1:1 SESSIONS AND PROGRAMS. JAMIE IS THE BURNOUT KING AND AN EXPERT IN HELPING THEM NAVIGATE BURNOUT FROM GETTING OUT AND STAYING OUT, TO PREVENTION.

AS AN USUI HOLY FIRE III REIKI MASTER TEACHER AND AFFILIATE MEMBER OF THE RMA, JAMIE OFFERS A SAFE AND NURTURING SPACE WHERE CLIENTS CAN EXPLORE THEIR TRUE POTENTIAL. WITH INTUITIVE ABILITIES AS AN EMPATH, PSYCHIC, AND NEURODIVERGENT INDIVIDUAL, JAMIE NOT ONLY SUPPORTS PERSONAL HEALING BUT ALSO ENHANCES THE CAPACITIES OF THOSE HE GUIDES, ENSURING THEY FEEL SEEN, VALUED, AND CHERISHED. JAMIE GUIDES FROM BOTH HIS OWN UNIQUE EXPERIENCES GAINED THROUGHOUT HIS TRI-AWAKENING; THE CONVERGENCE OF HIS SPIRITUAL, HEALTH, AND SEXUALITY/GENDER TRANSITION JOURNEY'S, IN CONJUNCTION WITH VARIOUS FORMS OF TRAINING IN A NUMBER OF MODALITIES AND SKILLS.

ALONGSIDE INITIATIVES LIKE THE SELF-LOVE AUDIT, THE GLOBAL GRATITUDE MARCH, AND TRANNABIS, LLC, JAMIE EMBODIES THE POWER OF UNCONDITIONAL LOVE, INTIMACY, AND CONNECTION. WITH CUSTOMIZED APPROACH THAT IS "SO JAMIE", JAMIE INVITES YOU TO EMBARK ON A JOURNEY OF PROFOUND TRANSFORMATION AND DISCOVER THE INCREDIBLE IMPACT YOU CAN MAKE AS A LEADER OF LOVE.

AS THE FOUNDER OF WAKE-IN AND THE VISIONARY BEHIND WAKE-IN WELLNESS CENTERS GLOBALLY, JAMIE'S DREAM IS TO CREATE SPACES THAT NOURISH LEADERS OF LOVE AND THEIR FAMILIES.



HOW TO USE THIS GUIDE

TIPS

1. THERE ARE NO RULES

THE FIRST THING TO KNOW ABOUT THIS GUIDE IS THAT IT'S A GUIDE, IT'S NOT A SET OF RULES. IF THERE'S SOMETHING THAT DOESN'T RESONATE, THEN DON'T DO IT AND CHOOSE TO ADD OR SUBTRACT, OR EVEN CREATE TO MAKE SURE THAT THINGS FEEL GOOD FOR YOU. SOMETIMES I FEEL CALLED TO DO CUSTOMIZED VERSIONS OF THE SPELLS AND OTHER TIMES I FOLLOW EXACTLY. I HAVE TRIED MANY DIFFERENT COMBINATIONS TO MAKE SURE THAT THEY ARE EFFECTIVE AND WHAT I'VE FOUND TO BE TRUE IS - INTENTION IS ALL. IN A WAY, IT DOESN'T MATTER REMOTELY AS MUCH WHAT YOU PUT INTO THEM, AS THE INTENTION THAT YOU PUT INTO THEM, AS WELL AS THE INTENTION YOU CONNECT WITH ANYTHING YOU PUT INSIDE.

1. EVERYTHING IS REPLACEABLE

TO PIGGY-BACK OFF OF THE FIRST TIP, SOMETIMES YOU'LL CREATE SOMETHING A BIT DIFFERENT THAN ONE IS SUGGESTED AND THAT'S OKAY. SPIRIT UNDERSTANDS THAT YOU ARE GOING TO UTILIZE WHAT YOU CAN GET AHOLD OF. NOT ALL INGREDIENTS ARE EASY TO GET OR AFFORDABLE. OTHER TIMES, THE INGREDIENTS RUN OUT OR YOU PUT A PARTICULAR CRYSTAL YOU NEED INTO ANOTHER SPELL YOU'RE RUNNING SIMULTANEOUSLY. DON'T PANIC! EVERYTHING IS REPLACEABLE. THERE ARE A FEW WAYS TO GO ABOUT THIS. YOU CAN CHOOSE A SIMILAR ITEM, ESSENCE, OR OIL. YOU CAN LEAVE IT OUT. YOU CAN DRAW A PICTURE OF IT ON A PIECE OF PAPER AND ADD THAT IN, OR YOU CAN EVEN WRITE THE NAME ON THE PIECE OF PAPER. WHAT MATTERS MOST IS THAT YOU'RE INTENTIONAL AND YOU USE WHAT FEELS BEST FOR YOU! THIS IS MEANT TO BE ACCESSIBLE AND EASY, SO CHOOSE WHAT FEELS BEST AND KNOW THAT SOURCE (OR WHATEVER WORD RESONATES) WILL TAKE CARE OF THE REST.

1. WHEN HELPS

IT HELPS TO CREATE THE SPELL DURING A PORTAL, IN HEIGHTENED EMOTION, OR WITH URGENCY DUE TO THE SITUATION YOU'RE MAKING THE SPELL FOR. WHENEVER THERE'S A CELESTIAL OR ASTROLOGICAL EVENT, THAT'S A WONDERFUL TIME TO DO SOME SPELLS. LEAN INTO THE INTENTION AND PLAY WITH THE ENERGIES OF WHATEVER IT IS, WHETHER IT'S AN ECLIPSE, FULL MOON, NEW MOON, A CHANGE OF THE SEASON, OR A WELL-KNOWN PORTAL. YOU CAN FEEL INTO IT INTUITIVELY, CHANNEL THE INFORMATION, OR DO SOME RESEARCH TO LEARN WHAT THEMES ARE RELEVANT AND GO FROM THERE. IT ALSO HELPS TO DO THIS DURING A BIRTHDAY OR ON A DAY WHERE A NEW ANCESTOR BECOMES AVAILABLE.

WHEN IT COMES TO HEIGHTENED EMOTIONS, THIS CAN BE A BIT TRICKIER AND ALSO WORTH IT. YOU'LL WANT TO MAKE SURE THAT YOU'RE REALLY FEELING PREPARED TO FUNNEL THAT ENERGY WITHIN A RESONANT INTENTION INTO THE SPELL TO RELEASE IT. THIS IS USEFUL WHEN WE DESIRE SOMETHING SO STRONGLY THAT THERE ARE STRONG EMOTIONS AROUND IT.

WHEN IT COMES TO URGENCY, THIS CAN LOOK LIKE URGENTLY NEEDING FINANCIAL RESOURCES TO COME IN OR WITH A HEALTH SCARE. THE UNIVERSE LOVES WHEN WE TAKE INSPIRED ACTIONS TO MAKE CHANGES.

1. COMMUNICATION WITH THE ELEMENTALS AND YOUR DIVINE TEAM ARE KEY

YOU'RE NOT ALONE IN THIS CREATIVE PROCESS. IT'S A COLLABORATION. EACH ESSENTIAL OIL, CRYSTAL, LETTER, INCENSE, PLANT, AND ANYTHING ELSE YOU PUT IN ALL HAVE A SPIRIT TO CONNECT WITH. NATURE'S ELEMENTALS ARE A HUGE PARTICIPANT AND PART OF SPELLS AND THEIR SUCCESS. IT'S ENCOURAGED YOU COMMUNICATE WITH EACH OF THEM AS YOU ADD THEM, AS WELL AS CONNECT TO YOUR TEAM OF GUIDES, ANGELS, AND ANCESTORS ETC. YOU HAVE A TEAM READY TO SUPPORT YOU AND THEY WILL DO SO WILLINGLY BECAUSE THEY SEE YOU ARE PUTTING IN THE EFFORT. IF YOU DON'T ASK THEM, DON'T EXPECT THEM TO SHOW-UP. THEY CARE JUST AS MUCH ABOUT YOUR INTENTION AND REQUEST BECAUSE THEY HONOR CONSENT.

5. FEED THEM

FEEDING THE SPELL MEANS THAT YOU ADD MORE WATER, INTENTION, ENERGY, AND SOMETIMES EVEN ESSENTIAL OILS EACH DAY THAT THE SPELL IS RUNNING. THIS KEEPS YOUR INTENTION STRONG AND ENSURES YOU'RE GOING TO BE COMMITTED TO THE INTENTION, AND THEREFORE TAKING ACTIONS.

6. AND DON'T FORGET TO HAVE FUN!

TAKE THIS SERIOUSLY AND ALSO, NOT TOO SERIOUSLY. I TRULY HAVE SO MUCH FUN IN THIS CREATIVE AND SPIRITUAL PROCESS. IF YOU DON'T FIND THIS FUN THEN THIS MAY NOT BE THE TOOL FOR YOU AND THAT'S TOTALLY OKAY! YOUR PLEASURE AND JOY IN THIS PLAYFUL EXPERIENCE WILL ENHANCE THE POWER, AS WELL AS FURTHER EXCITE THE DIVINE TEAM SUPPORTING YOU.



HOW TO CREATE & CLEAR SPELLS

HOW TO CREATE YOUR SPELLS

STEP 1: GATHER YOUR INGREDIENTS

THOUGH YOU MIGHT LAST-MINUTE RUN OFF TO GRAB SOMETHING TO ADD TO A SPELL, IT HELPS TO KEEP TRACK OF WHAT YOU PUT IN BY GATHERING ALL THE INGREDIENTS TO THE SPOT YOU'RE GOING TO BE PUTTING YOUR SPELL (USUALLY ON A WINDOWSILL OR ALTAR) BEFORE YOU BEGIN TO PUT IT TOGETHER. SOME OF THE SPELLS HAVE A LOT OF INGREDIENTS. SOMETIMES I START TO PUT THEM AWAY AS I USE THEM TO KEEP TRACK. USE THE METHOD THAT'S BEST FOR YOU. IN ADDITION TO THE UNIQUE INGREDIENTS PER EACH SPELL YOU'RE GOING TO WANT A CANDLE (I USUALLY USE WHITE) TO LIGHT-UP WHEN YOUR SPELL IS IN USE, ESPECIALLY AT THE START, AS WELL A BAR OF SELENITE FOR CLEARING (WHICH I USUALLY PUT ON THE WINDOWSILL OR ALTER WHERE I'M PUTTING THE SPELLS.

STEP 2: GET YOURSELF PREPARED

UNLESS YOU'RE ALREADY FEELING DEEPLY TUNED IN AND PRESENT WITH YOUR INTENTION, (AND EVEN IF YOU ALREADY ARE) IT HELPS TO MEDITATE BEFORE BEGINNING THE SPELL. I ACTUALLY CONSIDER THAT TO BE THE BEGINNING OF THE SPELL. IF YOU'RE AN ENERGY HEALER, YOU CAN INVITE REIKI OR WHICHEVER ENERGETICS YOU DESIRE INTO THE PROCESS TO MAKE IT THAT MUCH STRONGER. I TEND TO MEDITATE FOR 5-20 MINUTES EITHER ONCE I LIGHT THE INCENSE (WHEN APPLICABLE) OR EVEN BEFORE IT. IT'S ENCOURAGED TO REMAIN IN SOMEWHAT OF A MEDITATIVE STATE THROUGHOUT THE PROCESS, UNTIL THE SPELL IS COMPLETE. IF SEATED MEDITATION ISN'T YOUR THING, YOU CAN ALSO JOURNAL ABOUT YOUR INTENTION. WHATEVER WILL GET YOU INTO THE ZONE.

STEP 3: MAKE YOUR SPELL

TAKE A LOOK AT THE SPELLS AND SEE WHICH ONE RESONATES. PICK THE ONE THAT DOES OR BE PREPARED TO MAKE ONE THAT YOU'RE CUSTOM CHANNELING. FOLLOW THE INSTRUCTIONS FOR THAT SPELL AS GUIDED. LEAVE THE SPELL, OTHER THAN FEEDING THE SPELL, UNTIL IT'S TIME TO REMOVE IT.

HOW TO CLEAR YOUR SPELLS

TO CLEAR YOUR SPELLS IS MORE THAN JUST REMOVING IT FROM THE WINDOW OR ALTAR. IT MEANS THAT YOU'RE INTENTIONALLY CLEARING THE ENERGY FROM THAT SPELL, THE SPACE, AND FROM YOU. WHEN CLEANING, MAKE SURE THAT YOU THOROUGHLY AND SAFELY WASH ALL OF THE CRYSTALS, CONTAINERS, AND ANYTHING ELSE YOU PUT INTO THE SPELL. ANYTHING THAT'S NOT SOLID IS TO BE THROWN OUT OR CAN EVEN BE BURIED SOMEWHERE AWAY FROM YOUR HOME IN SOME DIRT. YOU CAN BURY THEM IN YOUR YARD, HOWEVER I CAUTION THAT YOU MAKE SURE THE SPELL YOU'RE DOING THAT WITH IS OF THE INTENTION AND ENERGY THAT YOU WANT TO KEEP AROUND BECAUSE IT WILL SEEP INTO THE ROOTS OF YOUR LAND. WHEN I WASH THE SOLID OBJECTS I ALSO SET THE INTENTION IN MY MIND OR OUT LOUD THAT I AM CLEANSING AND CLEARING THE ENERGY OF THESE OBJECTS. I ALSO OPEN A WINDOW AND BURN SOME SAGE, AS WELL AS UTILIZE THE SELENITE WAND TO CLEAR THE SPACE. NOT CLEARING YOUR SPELLS MEANS YOU'RE CARRYING OVER THINGS FROM THE PREVIOUS SPELL, WHICH IS NOT SOMETHING YOU'LL WANT, ESPECIALLY IF YOU WERE RELEASING SOMETHING.

THE MANIFESTATION SPELLS

MANIFESTATION SPELL



Ingredients:

1. Glass bowl or jar
2. Piece of copper with flat surface or other metal conductor
3. 3 natural white sage incense
4. One piece of white lined paper
5. Black pen
6. Water

Steps:

1. Put a small glass bowl or jar, on your alter or windowsill (sitting on copper or other amplifier ideally)
2. Burn 3 natural white sage incense over it and when you do set the intentions you have in mind/think about the situation
3. Write a letter to the person/situation/thing in the past tense in affirmative speech on a white lined paper with black ink
4. Fold the letter small and put it into the bowl or jar filled now with ashes from incense
5. Add water and then add reiki, and love
6. Leave it 24 hours to 72 hours

Picture is not actual spell, it will look different for everyone

THE MANIFESTATION SPELLS

MONEY & LOVE MANIFESTATION SPELL



Ingredients:

1. Glass bowl or jar
2. Piece of copper with flat surface or other metal conductor
3. 8 drops of Ylang Ylang essential oil
4. 9 drops of Rose essential oil
5. 3 drops of sandalwood essential oil
6. One piece of white lined paper
7. Black pen
8. Water

Steps:

1. Letter to money and love black and white lined paper and black ink
2. Glass cup
3. 8 drops Ylang Ylang, 9 drops rose, 3 drops sandalwood essential oils on-top paper folded in cup
4. Water in cup to fill
5. Reiki and send love
6. Windowsill on copper plate or other piece of conduction metal, moonlight 24 hours to 72 hours

THE MANIFESTATION SPELLS

CLARITY MANIFESTATION SPELL



Ingredients:

1. Black pen
2. White lines paper
3. 3 drops of Peppermint essential oils
4. 3 drops of Eucalyptus essential oils
5. 6 drops of Geranium essential oils
6. 3 drops Frankincense essential oils
7. 9 drops Rose essential oils
8. Clear quartz crystal
9. Cup of water
10. Glass cup
11. Copper plate or other metal to rest cup on
12. 1 white sage incense or palo santo stick

Steps:

- Step 1. Write a letter in black in on white lined or white paper to clarity on what you want clarity on and fold it up - place in cup on copper plate
- Step 2. Add essential oils onto paper and the crystal
- Step 3. Add the water to top
- Step 4. Light incense over it and be sure to set intention when burn
- Step 5. Give it Reiki and love
- Step 6. Once done burning incense - put into cup and carefully move everything to windowsill. Keep there in moonlight for 24 hours to 72 hours

THE MANIFESTATION SPELLS

MONEY MANIFESTATION SPELL



Ingredients:

1. White lines paper
2. Black Pen
3. Orange crystal
4. 9 drops of Ylang Ylang essential oil
5. Cup of water
6. Glass cup
7. Copper plate or other metal to rest cup on
8. 3 white sage incense

Steps:

1. Put a small glass bowl on your alter (sitting on copper or other amplifier ideally)
2. Place an orange crystal inside
3. Burn 3 natural white sage incense over it and when you do set the intentions you have in mind/think about the situation
4. Write a letter to the person/situation/thing in the form of honesty and then affirmation on a white lined paper with black ink
5. Fold letter small and put in bowl with ashes from incense.
6. Half dropper full Ylang Ylang essential oil or 9 drops.
7. Add water and then add reiki and love
8. Leave it 3 days and next two days at rising add half dropped Ylang Ylang from alter and burn another white sage incense over it if called

THE MANIFESTATION SPELLS

CONNECTION MANIFESTATION SPELL

Ingredients:



1. 3 White sage incense
2. Glass bowl
3. Piece of copper or metal flat for bowl to sit on
4. White paper or white lined paper
5. Black ink pen
6. Piece of cannabis
7. Quartz crystal
8. Rose quartz Crystal
9. Patchouli essential oil
10. Rose essential oil
11. Ylang-Ylang essential oil
12. Water

Steps:

Step 1. Burn three white sage incense over a glass bowl on a metal conductor (preferably copper)

Step 2. Write letter to who/what you wish to be connected and be specific as to how - fold small and place into glass bowl

Step 3. Add piece of cannabis, quartz Crystal, and rose quartz Crystal to bowl

Step 3. Add 3 drops of patchouli, 3 drops of rose, and 3 drops of Ylang-Ylang essential oil onto the paper

Step 4. Fill bowl with water and send love, as well as Reiki - leave for 24 hours or more (if possible in moonlight or windowsill with access to that light energy)



THE MANIFESTATION SPELLS

HEALING MANIFESTATION SPELL

Ingredients:

- 1.3 drops Lavender essential oils
- 2.3 drops Chamomile essential oils
- 3.3 drops Vanilla essential oils
- 4.3 drops Vetiver essential oils
- 5.3 drops Peppermint essential oil
- 6.3 drops Eucalyptus essential oil
- 7.3 drops Ylang-ylang essential oil
- 8.3 drops Rose essential oils
- 9.1 TSP Ceremonial grade matcha green tea
- 10.1 TBS Ceremonial grade cacao
- 11.1 big squirt (about 1 tbs) Organic raw unfiltered honey
- 12.3 white sage incense sticks
13. Clear Quartz Crystal
14. Pink Rose Quartz crystal
15. Any black crystal
16. Nug of cannabis OR 3 drops cannabis tincture
- 17.1 piece of copper or conductor playing to have bowl or cup rest on
- 18.1 glass bowl
19. Water



Steps:

1. Put cacao, matcha, and honey into bowl with focused intention
2. Burn 3 Sage all at once over the bowl
3. Write letter to body, mind, soul, and subtle bodies about healing in an affirming and manifestation tone - fold and put into the bowl
4. Add essential oils and cannabis
5. Add crystals
6. Add water
7. Send love and reiki; then place on copper plating at window for 3 days (or more). Continue to feed love and reiki/whatever it needs daily)



THE MANIFESTATION SPELLS

SPECIFIC FULL MOON MANIFESTATION SPELL

Ingredients:

1. White paper
2. Black pen
3. Glass Cup
4. Copper or other conductor
5. Frankincense essential oil
6. 6 drops Ylang Ylang essential oil
7. Rose essential oils
8. 3 drops cannabis oil
9. Water
10. Pink rose quartz
11. Black crystal
12. Clear quartz crystal
13. Amethyst crystal
14. Write all you're releasing and then all you manifest



Steps:

1. Place glass cup or bowl onto copper plate or another conductive metal at your windowsill
2. Set your intentions in prayer and send Reiki
3. Write your letter to the specific full moon with all that you are releasing and then all of what you are manifesting
4. Fold paper and place into jar
5. Add the essential oils onto folded paper
6. Add crystals
7. Add water and send Reiki and further prayers towards what you are manifesting as it has already happened
8. Leave it on the windowsill for 3 days or until the next new moon

THE MANIFESTATION SPELLS

ENERGY MANIFESTATION SPELL



Ingredients:

1. One spoon full of espresso/coffee/green tea
2. 1 white sage incense
3. 3 drops Rose essential oil
4. 3 drops Sandalwood essential oil
5. 3 drops Ylang Ylang essential oil
6. 3 drops Peppermint essential
7. One fire element crystal
8. Reiki and unconditional love
9. One copper or metal conductor plate or piece
10. One glass cup
11. One black ink pen
12. One white lined/white piece of paper
13. Water (ideally spring)

Steps:

1. Put espresso/coffee/or tea in to dish on conductor plate
2. Burn white sage over dish
3. Write a manifestation letter to energy folded and put in cup
4. Add essential oils and crystal
5. Add water
6. Give Reiki and love
7. Put on windowsill for 24 hours through daylight and moonlight

THE MANIFESTATION SPELLS

RELEASE MANIFESTATION SPELL

Ingredients:

- 1.3 drops Rose essential oil
- 2.3 drops Frankincense essential oil
- 3.3 drop of Sandalwood essential oil
- 4.3 drops of Bergamot essential oil
- 5.3 drops of Lavender essential oil
- 6.1 drop of Cedar essential oil
- 7.3 incense sticks of white sage
- 8.1 clear quartz Crystal for clearing
- 9.1 black or purple crystal for protection
- 10.1 glass cup
- 11.1 conductor metal piece like copper
- 12.1 white lined sheet of paper
- 13.1 black ink pen
14. Water (purified/filtered/spring)



Steps:

1. Write what you're releasing on paper and fold - place into cup
2. Put oils on paper
3. Add crystals
4. Add water
5. Burn sage over it with intentions
6. When complete set further intentions, pray over it/send love, light, and gratitude/reiki
7. Windowsill or alter for 24-72 hours

THE MANIFESTATION SPELLS

EVERYTHING IS EASY MANIFESTATION SPELL

Ingredients:

- 1.3 drops of peppermint essential oil
- 2.3 drops of Eucalyptus essential oil
- 3.3 drops of Frankincense essential oil
- 4.3 drops of Sandalwood essential oil
- 5.3 drops of Cedar essential oil
- 6.9 drop of Lavender essential oil
- 7.3 drops Chamomile
- 8.3 drops Rose
- 9.9 drops Ylang Ylang
- 10.1 drop of Lemon essential oil
- 11.3 incense sticks of white sage
- 12.1 clear quartz Crystal for clearing
- 13.1 Purple crystal for protection & wisdom
- 14.1 glass cup
- 15.1 conductor metal piece like copper
- 16.1 white lined sheet of paper
- 17.1 black ink pen
- 18. Water -purified/filtered/spring



Steps:

- 1. Write what you want to be easy for you on paper and fold - place into cup
- 2. Put oils on paper
- 3. Add crystals
- 4. Add water
- 5. Burn sage over it with intentions
- 6. When complete set further intentions, pray over it/send love, light, and gratitude/reiki
- 7. Windowsill or alter for 24-72 hours

THE MANIFESTATION SPELLS

RETROGRADE SUPPORT MANIFESTATION SPELL

Ingredients:

- 1.3 drops of Cedar essential oil
- 2.3 drops of Frankincense essential oil
- 3.3 drops of Sandalwood essential oil
- 4.3 drops of Patchouli essential oil
- 5.3 drops of Cinnamon essential oil
- 6.3 drops of Rose essential oil
- 7.9 drop of Lavender essential oil
- 8.3 drops Chamomile
- 9.9 drops Ylang Ylang
- 10.3 incense sticks of white sage
- 11.1 clear quartz Crystal for clearing
- 12.1 Purple crystal for protection & wisdom
- 13.1 pink love quartz for unconditional self-love, empathy, and compassion
- 14.1 glass cup
- 15.1 conductor metal piece like copper
- 16.1 white lined sheet of paper
- 17.1 black ink pen
- 18. Water (purified/filtered/spring)



Steps:

1. Put a small glass bowl on your alter (sitting on copper or other amplifier ideally)
2. Burn 3 natural white sage incense over it and when you do set the intentions you have in mind/think about the situation
3. Write a letter to Retrograde - everything you want to release and receive support on as if it already happened - on a white lined paper with black ink
4. Fold letter small and put in bowl with ashes from incense.
5. Add in sense and crystals
6. Add water and then add reiki and love
7. Leave it 24 hours - 72 hours

THE MANIFESTATION SPELLS

CLEARING AND PROTECTION MANIFESTATION SPELL

Ingredients:

- 1.3 drops of Frankincense essential oil
- 2.3 drops of Sandalwood essential oil
- 3.3 drops of Patchouli essential oil
- 4.3 drops of Cinnamon essential oil
- 5.3 drops of Rose essential oil
- 6.3drops Ylang Ylang essential oil
- 7.3 drops of Lemon essential oil
- 8.3 incense sticks of white sage
- 9.1 clear quartz Crystal for clearing
- 10.1 Purple crystal for protection & wisdom
- 11.1 pink love quartz for unconditional self-love, empathy, and compassion
- 12.1 glass cup
- 13.1 conductor metal piece like copper
- 14.1 white lined sheet of paper
- 15.1 black ink pen
- 16. Water (purified/filtered/spring)



Steps:

- 1. Put a small glass bowl on your alter (sitting on copper or other amplifier ideally)
- 2. Burn 3 natural white sage incense over it and when you do set the intentions you have in mind/think about the situation
- 3. Write a letter to the space you're in to clear and protect it - everything you want to release and receive support on as if it already happened - on a white lined paper with black ink
- 4. Fold letter small and put in bowl with ashes from incense
- 5. Add incense and crystals
- 6. Add water and then add reiki and love
- 7. Leave it 24 hours - 72 hours

THE MANIFESTATION SPELLS

UNCONDITIONAL LOVE MANIFESTATION SPELL

Ingredients:

- 1.9 drops of Rose essential oil
- 2.3 drops Ylang Ylang essential oil
- 3.3 drops of Bergamot essential oil
- 4.3 drops of Cedar essential oil
- 5.6 drops Lavender essential oil
- 6.3 drops of Geranium essential oil
- 7.3 incense sticks of white sage
- 8.1 clear quartz Crystal for clearing
- 9.1 pink love quartz for unconditional self-love, empathy, and compassion
- 10.1 glass cup
- 11.1 conductor metal piece like copper
- 12.1 white lined sheet of paper
- 13.1 black ink pen
- 14. Water -purified/filtered/spring



Steps:

- 1. Put a small glass bowl on your alter (sitting on copper or other amplifier ideally)
- 2. Burn 3 natural white sage incense over it and when you do set the intentions you have in mind/think about the situation
- 3. Write a letter to your highest self and unconditional love itself to strengthen your unconditional self-love, as well as receiving and providing - everything you want to release and receive support on as if it already happened - on a white lined paper with black ink
- 4. Fold letter small and put in bowl with ashes from incense.
- 5. Add in oils and crystals
- 6. Add water and then add reiki and love
- 7. Leave it 24 hours - 72 hours

THE MANIFESTATION SPELLS

TWIN FLAME CONNECTION MANIFESTATION SPELL

Ingredients:

- 1.9 drops of Rose essential oil
- 2.3drops Ylang-ylang essential oil
- 3.3 drops of Bergamot essential oil
- 4.3 drops of Cedar essential oil
- 5.6 drops of Sandalwood essential oil
- 6.3 drops of Patchouli essential oil
- 7.6 drops Lavender essential oil
- 8.3 drops of Geranium essential oil
- 9.3 incense sticks of white sage
- 10.1 clear quartz Crystal for clearing
- 11.1 pink love quartz for unconditional self-love, empathy, and compassion
- 12.1 glass cup
- 13.1 conductor metal piece like copper
- 14.1 white lined sheet of paper
- 15.1 black ink pen
16. Water (purified/filtered/spring)



Steps:

1. Put a small glass bowl on your alter (sitting on copper or other amplifier ideally)
2. Burn 3 natural white sage incense over it and when you do set the intentions you have in mind/think about the situation
3. Write a letter to the twin flame or twin flames of your choosing - everything you want to release and receive support on as if it already happened - on a white lined paper with black ink
4. Fold letter small and put in bowl with ashes from incense.
5. Add in sense and crystals
6. Add water and then add reiki and love
7. Leave it 24 hours - 72 hours



SPELL TRACKER

THIS SPELL TRACKER IS A BONUS FOR THOSE WHO WANT TO MAKE SURE THEY CAN REMEMBER WHAT THEIR INTENTIONS WERE FOR THEIR SPELLS, WHICH SPELLS THEY ARE RUNNING, AS WELL AS THE RESULT TO DISCOVER HOW THEY MIGHT TWEAK THE SPELLS TO MAKE THEM MORE EFFECTIVE. THIS MAY NOT BE A STEP FOR EVERYONE AND FOR THOSE WHO ARE INTO IT, IT'S GOING TO BE A SIMPLE WAY TO HELP YOU, YOU CAN DO THIS IN YOUR JOURNAL, IN YOUR NOTES, OR ANYWHERE ELSE THAT'S HELPFUL. SIMPLY CHART THIS DATA FOR YOURSELF TO LOOK BACK ON. EVEN IF USED IN THE SHORT-TERM, ONE SPELL AT A TIME, YOU'LL BE AMAZED AT WHAT'S CHANGED IN A MATTER OF HOURS OR DAYS.

SPELL NAME
SPELL DATE
SPELL INTENTION
ANY CHANGES TO SPELL
RESULT
NOTES ON THE EXPERIENCE

CONCLUSION



IT'S BEEN AN HONOR TO CHANNEL THIS GUIDE FOR US ALL. IT'S BEEN A WILD RIDE OF AN EXPERIENCE, WHICH I'M SO GRATEFUL FOR. ALL OF THE EXCITEMENT, CONFUSION, AND EVERYTHING IN BETWEEN WERE VALUABLE EXPERIENCES TO HELP ME LEARN HOW TO MAKE THIS EASIER FOR YOU. I TRULY DESIRE FOR YOU TO ENJOY THESE EXPERIENCES AND I WOULD LOVE TO HEAR WHAT YOUR EXPERIENCES HAVE BEEN! IF YOU'VE HAD AN AMAZING EXPERIENCE, PLEASE MAKE A VIDEO OR WRITTEN TESTIMONIAL (VIDEO IS BEST) AND EMAIL IT TO WAKEIN2LOVE@GMAIL.COM. WHEN YOU DO, PLEASE NOTE IF I'M ALLOWED TO SHARE THIS PUBLICLY OR NOT. IF YOU HAVE ANY QUESTIONS, CONCERNS, OR FEEDBACK TO INSPIRE UPGRADES TO THE GUIDE, YOU CAN REACH OUT TO THAT SAME EMAIL. THANK YOU FOR TRUSTING ME AND AT MINIMUM HUMORING ME. IT'S GOING TO BE WORTH IT WHEN YOU'VE MADE YOUR LIFE BETTER.



CONTACT & HIRE JAMIE



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<https://calendly.com/wakein/unconditionallovecall>

