



# OCTOBER BREAST CANCER AWARENESS MONTH



**Early detection is the best prevention**

## **Risk Factors :**

- \* Family history of breast cancer
- \* Consumption of alcohol, animal fat and tobacco
- \* Past history of cancer in the body & obesity

## **Prevention :**

- \* Breast self examination monthly
- \* Clinical breast examination annually
- \* Sono mamography - after age of 40

by *The Faith & Wellness Ministry*

It's October, and the Church of the Evangel supports the fight to eradicate Breast Cancer.

Yes, we look beautiful in pink, but it's not enough to wear pink, so we stay in the fight to raise awareness of this most common cancer among women and provide support for men who are also breast cancer survivors. We make pink meaningful for all of us.

The encouraging news of increased survival rates over recent years bolsters our commitment to fight through our one-on-one encouragement of women to have their mammograms on time, do self-examinations, and consult their doctors immediately about any unusual changes they notice.

checks and follow-up visits with our doctors.

Our emotional support is just as crucial as the medical checks and treatment by the medical personnel.

We all love it when someone does a favor for us, so let's do numerous favors this month for ourselves and our loved ones by participating in breast cancer screenings and encouraging others to do likewise.

Collectively, as we women and men walk, run, and participate in awareness programs, let us also focus on raising funds and making donations for research and treatment for all who need it now and, in the future, because every person's life is important to her and many others.

We must say it to our friends more than once to raise awareness and encourage them... Screening and tests! Screening and tests!



Action heroes in pink at the Church of the Evangel fighting for the cure.

Yes, we are.





**JOIN THE FIGHT  
JOIN THE TEAM**

**Church of The Evangel:  
Walking by Faith**

**MAKING STRIDES BREAST CANCER WALK**

**SUNDAY, OCTOBER 22, 2023**

**Begins at 8:00 AM**

**CONEY ISLAND**

**Maimonides Park**

**Please help up meet our goal.**

**Make your donation by mail or drop off**

**At**

**Church of the Evangel, UCC**

**1950 Bedford Ave.**

**Brooklyn, NY 11225**

**718-287-1189**

**Donate online on the Making Strides of  
Brooklyn Page.**

**Look for:**

**Team Church of Evangel: Walking by Faith**

