



RESET RETREAT

Join us for a weekend to reset & nourish
your mind, body, & soul
July 18-20th in Estes Park!

Brenna Galves

acupuncturist, herbalist, reiki
practitioner, and sound healer
resetmedicalsolutions.com



Adrienne Scharli

certified integrative nutrition health
coach, author, and speaker
nourishyourway.com

Educate. Empower. Evolve.

We have teamed up to help you reset the battles of healthcare that you face. Whether you are facing a chronic diagnosis, or you just simply need a break, we have designed a retreat that will enable you to reset. We'll properly re-integrate your body while escaping into a relaxing, nourishing setting in Colorado.

- *Autoimmune condition healing*
- *Nature therapy w/mountain views*
- *Stress recovery*
- *All farm to table nutritious meals included*

Optional during breaks

- **Oxygen bar with essential oils**
- **A foot soak**

(Neither included with pricing)

SMALL PERSONALIZED RETREAT.
ROOM FOR 8 GUESTS ONLY



~~\$1,595~~ \$1,295 early bird per person
for single occupancy
(~~\$1,795~~ value)

~~\$1,295~~ \$925 early bird per person
for double occupancy
(~~\$1,495~~ value)

Weekend offerings on the back...

Book now!
(970) 889-0521

Dao House Rustic Lodge and Wellness Center
6120 CO-7, Estes Park, CO, 80517