

Healthy Halloween Treats



Banana Ghosts, Pumpkin Oranges, and Apple teeth!

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Recipe type: Snacks

Ingredients

- banana
- chocolate chips
- cutie oranges
- green pepper
- apples
- nut butter (almond or peanut)
- mini marshmallows

Instructions

1. Banana Ghosts- cut banana in half, press on 2 chocolate chips as eyes
2. Pumpkin Oranges- peel orange cut a small piece of green pepper as the stem
3. Apple Teeth- slice apples, spread a small amount of nut butter on one side of two slices put mini marshmallows in middle and press slices together.

Recipe by MyRD Nutritionist at <http://myrdn.com/healthy-halloween-treats/>