

THE INTERNIST

MID-YEAR YEAR 2023 ISSUES

COLLEGE OF PHYSICIANS MALAYSIA



CONTENTS

OVERVIEW

- 03 COPM COUNCIL 2022-2024
- 05 MESSAGE FROM THE PRESIDENT
- 06 EDITOR'S NOTE

COPM ACTIVITIES

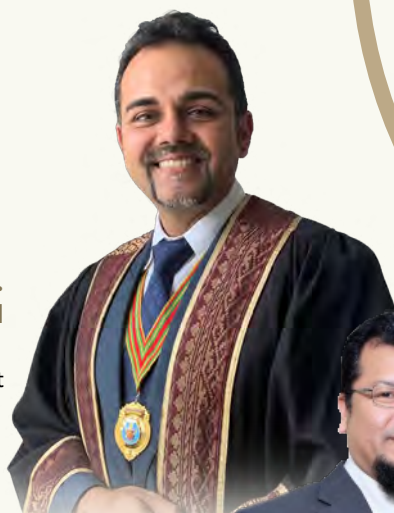
- 07 ACTIVITIES OF THE DERMATOLOGY CHAPTER (2022/2023)
- 11 INTERNAL MEDICINE NATIONAL POSTGRADUATE MEDICAL CURRICULUM - TRAINING OF TRAINERS (NPMC-TOT) WORKSHOP FOR EAST COAST REGION
- 16 MAXIMUSS 2023 (MASTER AND EXPLORE IN IMAGING OF MEDICAL ULTRASONOGRAPHY SKILL)
- 19 INTRODUCTION TO POCUS COURSE, BRUNEI DARUSSALAM
- 21 ACUTE MEDICINE SARAWAK 2023
- 26 FIRST EAST COAST HYBRID REGIONAL CONFERENCE 2022
- 30 9TH TERENGGANU MEDICAL UPDATE 2022
- 31 NATIONAL CLINICAL AUDIT WORKSHOP
- 38 JOHOR DERMATOLOGY UPDATE 2023

UPCOMING EVENTS

- 40 COLLEGE OF PHYSICIANS MALAYSIA CALENDAR FOR 2023
- 41 ANNUAL SCIENTIFIC CONGRESS 2023

**DATUK SERI DR.
PARAS DOSHI**

President



**PROF. DR.
TAN MAW PIN**

Honorary General Secretary



**ASSOC. PROF. DR.
AHMAD IZUANUDDIN ISMAIL**

Vice-President



DR. TEE HOI POH

Honorary General
Treasurer



COUNCIL MEMBERS

Dr. Cheah Wee Kooi

Prof. Dr. Lee Yeong Yeh

Dr. Prem Kumar Chandrasekaran

Dr. Sia Koon Ket

Dr. Pravind Nayaranan

Dr. Hooi Lai Ngoh

Dr. Firdaus Mat Lawi

Dr. Kalwinder Singh Khaira

Dato' Wira Dr. Ramachandran A/L
Lakshminarayanan

PAST PRESIDENT

Professor Dr. Letchuman Ramanathan

COLLEGE STAFF

Farhana binti Ahmad Affandi
CEO of College of Physicians Malaysia

Siti Adilah binti Abu Bakar
HR and Finance Executive

Muhammad Afiq Mustakim bin Sharudin
Creative and Administrative Executive

COLLEGE OF PHYSICIANS MALAYSIA COMMITTEES 2022-2024

CHAPTERS AND STATE REPRESENTATIVES

- Prof Dr Lee Yeong Yeh
- Associate Prof Dr Prem Kumar Chandrasekaran
- Dr Kalwinder Singh Khaira

MRCP/PACES AND INTERNATIONAL AFFAIRS

- Datuk Seri Dr Paras Doshi
- Dr Firdaus bin Mat Lawi
- Dr Cheah Wee Kooi

CONSTITUTION

- Dr Hooi Lai Ngoh

WAR ON CANCER

- Prof Dr Letchuman Ramanathan
- Dr Pravind A/L Narayanan

COPM SECRETARIAT

- Prof Dr Tan Maw Pin
- Dr Hooi Lai Ngoh

ACCOUNT/FINANCE

- Dr Tee Hoi Poh

CPD, NSR AND MASTERS

- Dr Firdaus bin Mat Lawi
- Dr Cheah Wee Kooi
- Dr Pravind A/L Narayanan

BUILDING

- Assoc Prof Dr Ahmad Izuanuddin Ismail
- Dato' Wira Dr Ramachandran A/L Lakshminarayanan

COPM & AMM RELATION

- Prof Dr Letchuman Ramanathan
- Datuk Seri Dr Paras Doshi
- Dr Hooi Lai Ngoh
- Dr Kalwinder Singh Khaira

COLLEGE OF PHYSICIANS MALAYSIA STATE REPRESENTATIVES

JOHOR

- Dr Hooi Lai Seong

KEDAH

- Dr Tharmalingam AL Palanivelu

PERAK

- Dr Cheah Wee Kooi

SABAH

- Dr Giri Shan Rajahram

SELANGOR

- Dato' Dr Azmillah Rosman

PULAU PINANG

- Dr Hooi Lai Ngoh

PERLIS

- Datuk Seri Dr Paras Doshi

KELANTAN

- A/P Dr Nazri bin Mohamed @Mustafa

MELAKA

- Vacant

SARAWAK

- Dr Kalwinder Singh Khaira

PAHANG

- Dr Tee Hoi Poh

TERENGGANU

- Dr Firdaus Mat Lawi

NEGERI SEMBILAN

- Vacant

KUALA LUMPUR

- Vacant

EDITOR'S NOTE

A great deal has happened in the last six months. While we are all keenly following the rapidly changing political landscape locally and internationally, we also bear witness to numerous ups and downs as we strive to find the new norm not just in terms of living with COVID-19, but also dealing with the changes in patient demographics, disease patterns and workforce challenges that has emerged over the past three years.

The College of Physicians of Malaysia is most privileged in being able to be at the forefront of revolutionary changes in education and training for physicians in Malaysia. As predicted at the start of the pandemic, online teaching is here to stay, and our weekly webinars, starring one specialty per month has clearly done so. With speakers' agreement, our webinars have been uploaded to our Youtube channel, which has nearly 100 videos and 55,000 views at the time this message was written. We have to thank all our physicians who have contributing to organizing, chairing and delivering the webinars, as well as all our loyal viewers who made this feat possible. If you haven't already done so, **please subscribe to Youtube channel on <https://www.youtube.com/@collegethysiciansmalaysia2849>**.

Our Dermatology chapter has grown from strength to strength, not only now delivering their annual meeting, but also seeing to the successful delivery of 15 workshops over the past 12 months. Their dedication to training our nation's doctors in skin disorders to elevate the quality of medical treatment delivered in this area must surely be lauded. Alongside beautiful skin with the launch of the Clinical Practice Guidelines for Acne Vulgaris, we should look forward to celebrating world class dermatological treatment for our country.

Our Advanced Acute Internal Medicine physicians have also excelled in their desire to enhance acute medical care in our country. They have continued to hold acute workshops on Point-of-Care Ultrasound (POCUS) through their Master And eXplore in Imaging of Medical UltraSonography Skill (MAXIMUSS) workshops in Miri and Kuching, as well as a POCUS workshop in Brunei. In addition, they held a three-day Acute Medicine Sarawak event. This clearly paves the way for the College of Physician of Malaysia Annual Scientific Congress which will also be held in Kuching, Sarawak from 17-19 November 2023, please do support us through abstract submissions, quiz team entries, and pre-congress workshop and congress registrations.

Finally, our commitment towards supporting postgraduate training in internal medicine continues to expand. We are heading towards record numbers of places offered for PACES through our collaboration with the Federation of UK Royal College, thanks to our highly dedicated PACES secretariat supported by Dr Farhana and Dr Jesinda, and ever willing team of local examiners. In addition, we are also supporting training-the-trainer courses assisted by our Ministry of Higher Education colleagues, to ensure that only standardized, high quality training for both the Masters of Internal Medicine as well as Parallel Pathway is delivered within training centres throughout Malaysia.

Tan Maw Pin
Honorary General Secretary



ACTIVITIES OF THE DERMATOLOGY CHAPTER (2022/2023)

***Report by Dr Latha Selvarajah MBBS, MRCP, Adv M Derm, AM
and Dr Henry Foong Boon Bee MBBS, FRCP, FAMM***

The Dermatology Chapter is dedicated to promote the highest standards of dermatologic patient care in the country.

There were many workshops, meetings and discussions held by the Dermatology Chapter to help promote awareness on dermatological conditions, as well as giving updates in the latest management of skin conditions.

The highlight was our 5th Annual Scientific Meeting incorporating Dermatological Society of Malaysia (PDM) Mid-term Meeting held from 29th - 30th April 2023 at Hospital Tunku Azizah, Kuala Lumpur. The theme of the event was "Cutting Edge Dermatology". The organising chairman for the event was Dr Henry Foong, Chairman of Dermatology Chapter while the scientific chairman was Dr Leong Kin Fon.

In keeping with our theme and current trends in international meetings, we incorporated a double track program during this scientific meeting, where delegates had the opportunity to attend concurrent satellite workshops focusing on dermatology subspecialties such as dermatopathology, paediatric dermatology and and vascular anomalies.



We had the honour of having eminent speakers with tremendous contributions in the field of dermatology. The plenary lectures were presented by Professor Rox Anderson, Department of Dermatology, Massachusetts General Hospital, Harvard Medical School, Boston and Dr Jeffrey S Dover, Director, Skincare Physicians of Chestnut Hill, Boston and Past President of the American Society for Lasers in Medicine and Surgery. Both of these speakers are world-renowned in the fields of Dermatology, in particular Laser medicine. This event also saw the participation of Dr Richard Barlow, Consultant Dermatologist and Dermatologic Surgeon, St John's Institute of Dermatology, London and ELITE@UM Fellow and Visiting Consultant, Division of Dermatology, University of Malaya, Kuala Lumpur and Professor Yulianto Listiawan, President of the Indonesian Society of Dermatology and Venereology as guest speakers. We also invited many talented local dermatologists who spoke on various topics including pediatric dermatology, atopic dermatitis, psoriasis, dermatomycosis, urticaria, acne, laser medicine, cutaneous drug reactions, contact dermatitis, cosmetic dermatology and hair/nail disorders. The program lineup also included case sharing by young dermatologists and dermatology fellows.



There was a special session during this meeting where a soft launch of the much anticipated CPG on Management of Acne Vulgaris (2nd Edition) was successfully held. We also had a total of 27 ePosters presentations, as well as active participation by the pharmacological companies in the booth exhibitions. The event received

Other events organized by the Dermatology Chapter in
from 2022 to 2023 are as follows:

2
0
2
2

FEBRUARY	Basic Inflammatory Skin Diseases 27th Feb 2022 Le Meridian Hotel, KL
MARCH	Atopic Dermatitis 13th Mar 2022 Hyatt Hotel, Kuantan Update on Psoriasis 27th Mar 2022 Hyatt Hotel, Kuantan
MAY	4th Annual Scientific Meeting 28th - 29th May 2022 Hospital UiTM, Puncak Alam Guest Speaker: Professor Alexander Navarini, Department of Dermatology, University of Basel, Switzerland
JUNE	Johor Dermatology Update 11th June 2022 Renaissance Hotel, JB 1st Borneo Regional Scientific Meeting 12th June 2022 Pullman Hotel, Kuching
JULY	Atopic Dermatitis 2nd July 2022 Travelodge Hotel, Ipoh
NOVEMBER	Medical Dermatology 21st Nov 2022 Hilton Hotel, KL Guest Speaker: Assoc Prof Steven Chen, Department of Dermatology, Harvard Medical School, Boston Inflammatory Skin Diseases 27th Nov 2022 Grand Alora Hotel, Alor Setar

2
0
2
3

JANUARY

2nd Borneo Regional Scientific Meeting

8th Jan 2023
Marriott Hotel, KK, Sabah

Dermatological Surgery Workshop

15th Jan 2023
UMMC, KL
Guest Speaker:
Dr Richard Barlow,
St John Institute of Dermatology, London

APRIL

Autoimmune Connective Tissue Disease and Inpatient Dermatology Webinar

2nd April 2023
Virtual

Guest Speaker:
Assoc Prof Alisa Fermia,
New York University School of Medicine, NY, USA

5th Annual Scientific Meeting

29 - 30 April 2023
Hospital Tunku Azizah, KL

Guest Speaker:
Professor Rox Anderson, Department of Dermatology,
Harvard Medical School, Boston, USA

JUNE

Johor Dermatology Update 2023

17th June 2023
Renaissance Hotel, JB

Atopic Dermatitis and Inflammatory Skin Diseases

24th June 2023
Weil Hotel, Ipoh

INTERNAL MEDICINE NATIONAL POSTGRADUATE MEDICAL CURRICULUM - TRAINING OF TRAINERS (NPMC-TOT) WORKSHOP FOR EAST COAST REGION

By Dr. Loh Yoon Doong

ORGANIZING COMMITTEE

CHAIR	Dr. Zamri Bin Mohamed
CO-CHAIR	Dr. Siti Mariam Binti Ab. Rahim
SECRETARY	Dr. Loh Yoon Doong Dr. Mohd Noor Bin Ismail
IT / TECHNICAL OFFICER	Dr. Farah Binti Malik
FOOD ARRANGEMENT:	Dr. Auni Farzanah Binti Awang Dahan SN Azizah
PARTICIPANT REGISTRATION	Dr. Syafiqah Najmi Binti Khalid Dr. Izzah Zafirah Binti Jusoh
MC	Dr. Goh Hui Hua
COMMITTEE MEMBERS:	Dr. Khairul Azmi Bin Ibrahim Dr. Masliza Hanuni Mohd Ali Dr. Syuhada Dan Binti Adnan Dr. Firdaus Bin Mat Lawi

to deliver a **unified and structured** curriculum for the training of specialists throughout Malaysia



The Internal Medicine fraternity has been ongoing in its efforts to standardize the postgraduate training programs of both the Masters in Internal Medicine programs offered by the various public universities and the parallel specialization pathway program of the Ministry of Health (MOH) using a National Postgraduate Medical Curriculum (NPMC).

Both programs require trainees to spend a stint of the training (either wholly or partly) in MOH facilities, thus relying heavily on specialists and consultants from MOH to perform their duties effectively as trainers when the trainees are posted to their hospital. In order to create quality specialists who have a strong clinical foundation and are able to function properly as specialists irrespective of which pathway they graduate from, trainers too will need training in terms of the NPMC contents, how to carry out various continuous assessments effectively, and being an effective mentor or supervisor to the trainee assigned to them.

The Department of Medicine of Hospital Sultanah Nur Zahirah (HSNZ) in collaboration with Kelab Medik HSNZ, representatives from public universities, and the College of Physicians of the Academy of Medicine Malaysia (COPM) organized the NPMC-TOT workshop for the east coast region on 22 June 2023 at HSNZ, Kuala Terengganu.

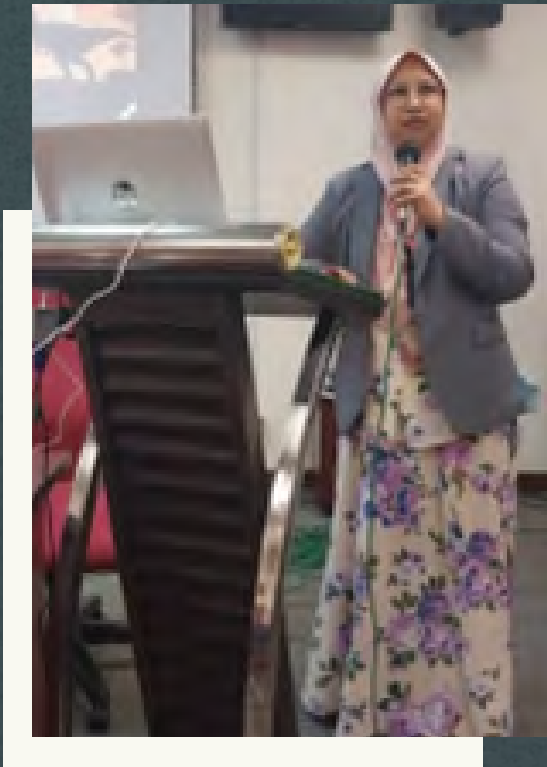
The Internal Medicine fraternity has been ongoing in its efforts to standardize the postgraduate training programs

A total of 61 participants attended the full-day workshop, comprising consultants and specialists from the 3 state hospitals and 8 hospitals with specialist services from the states of Kelantan, Terengganu and Pahang. We were honoured to have six speakers (5 from the Ministry of Higher Education and 1 from MOH) deliver the workshop to the participants. The six speakers were Associate Prof Dr. Nor Fadhlina Binti Zakaria from Universiti Putra Malaysia, Associate Prof Dr. Nor Izzati Binti Saedon from Universiti Malaya, Associate Prof Dr. Wan Ahmad Syahril Rozli Bin Wan Ali from Universiti Islam Antarabangsa Malaysia, Associate Prof Dr. Nazri Bin Mohamad from Universiti Sains Malaysia, Dr. Sheriza Izwa Binti Zainuddin from Universiti Malaya, and Dr. Syuhada Dan Binti Adnan from HSNZ.

The event started with a warm welcome speech from the head of the Department of Medicine of HSNZ, Dr. Zamri Bin Mohamed. A total of 13 topics were delivered throughout the one-day workshop, which covered different aspects of the standardized postgraduate programme, including an overview of the NPMC, how to conduct various continuous assessments, and how to manage



Group photo of speakers and 61 participants from the 3 East Coast states



From top: Speakers of the workshop Assoc. Prof Dr. Fadhlina, Assoc. Prof Dr. Izzati and Assoc. Prof Dr. Nazri delivering their sessions

TOPICS COVERED

- 1 *A Paradigm shift. Introduction & Overview of the Internal Medicine NPMC*
- 2 *Parallel pathway - harmonizing with NPMC*
- 3 *Introduction to assessment in IM NPMC*
- 4 *Overcoming Teaching & Training in a Busy Practice*
- 5 *Conquering the Case-Based Discussion (CBD)*
- 6 *Become proficient in Mini Clinical Examination (Mini-CEX)*
- 7 *Mastering the Direct Observation of Procedural Skills (DOPS) Evaluation*
- 8 *Portfolio, Writing excellent and reliable reports - the dos and don'ts*
- 9 *Getting the best out of Multi-Source Feedback (MSF)*
- 10 *Best communication skills & approach in Clinical Practice*
- 11 *Managing Poor Performance - Different case scenarios discussion*
- 12 *The Effective Supervisor*
- 13 *Feedback & Feed forward, Ready for the Future!*



From left: Dr. Zamri delivering his welcome speech, Assoc. Prof Fadhlina interacting with participants. Dr. Goh HH as MC of the event

Instead of being a one-way briefing, participants, in particular those who have rich experience mentoring trainees from either pathway, have shared their experiences and expressed their valuable opinions for improving the implementation of postgraduate training in MOH facilities. Fruitful discussion and constructive feedback were given by the participants to the speakers during the question and answer as well as discussion sessions.

In a nutshell, besides getting 'certified' to train internal medicine trainees, participants got the most updated information on the standardized NPMC, useful tips on becoming a more effective mentor / supervisor, and motivation to continue training high-quality next-generation physicians.



From left: Speakers of the workshop Assoc. Prof Dr. Wan, Dr. Sheriza and Dr. Syuhada



MAXIMUSS 2023

(Master And eXplore in Imaging of Medical UltraSonography Skill)

MAXIMUSS is a bedside point of care ultrasound programme founded in 2022 by Dr Chin Wei Ven, an Acute Internal Medicine fellow in Sarawak, and the first race was called MAXIMUSS Sarawak Le Tour De Borneo.

In 2023, MAXIMUSS was held again in Miri Hospital and Sarawak General Hospital, and this upgraded edition of MAXIMUSS spanned three days, from March 24th to March 26th in Miri and April 29th and 30th in Kuching. The event's participants come not only from Malaysia, but also from our neighbouring country, Brunei.

MAXIMUSS's updated curriculum in 2023 focused on lectures and hands-on sessions ranging from basic

point-of-care ultrasound views in the heart, abdomen, lung, and vascular to more advanced information on complicated measurements and clinical ultrasound usage. The MAXIMUSS theme park, which includes a fascinating and dynamic sonogame, was added to the curriculum to boost participants' attention and allow them to experience the enjoyment of ultrasound. Overall, it was a successful event, with good and encouraging feedback from participants, and it not only drew the attention of Malaysians, but also of Bruneians.

PHOTO GALLERY







INTRODUCTION TO POCUS COURSE, BRUNEI DARUSSALAM



The Malaysian Acute Internal Medicine (AIM) team was honoured to be invited by the Brunei Ripas Hospital Acute Medicine Team to present in Brunei in their bedside point of care ultrasound course for Brunei doctors, titled Introduction to POCUS.

Datuk Seri Dr Paras Doshi, consultant Acute Internal Medicine, and Dr Chin Wei Ven, Acute Internal Medicine fellow, were asked to share their expertise with the Bruneians in Bedside imaging and diagnostic, Cardiac emergency, and Thrombotic emergency. 100 doctors from Brunei's Ripas Hospital's medical and emergency departments attended the event.

Cross-country collaboration, we believe, has the potential to propel Acute Internal Medicine (AIM) in Malaysia to new heights and enable it to spread much beyond. We hope to be more involved in the worldwide stages of acute medical expertise programme in the future.



ACUTE MEDICINE SARAWAK 2023



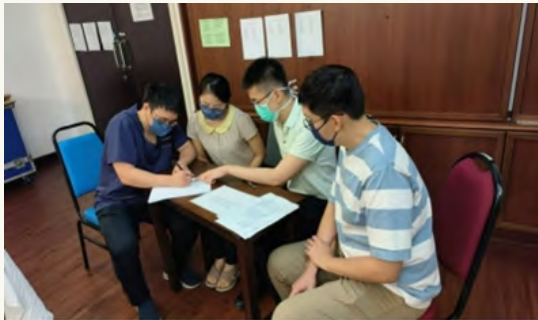
Acute Medicine Sarawak May 2023 was conducted at Sarawak General Hospital from the 19th to the 21st of May 2023. Dr Chin Wei Ven, an Acute Internal Medicine fellow who are well versed in bedside point of care ultrasound, acute resuscitation, transfer care for district hospitals, and critical care medicine, is the event's programme director. The event was supported by head of service of Acute Internal Medicine Datuk Dr Noel Thomas Ross, MAIMUSS and COPM president Datuk Seri Dr Paras Doshi, GE ultrasonography, Medtronic ventilator, and Fisher Paykel Airvo companies.



The first day of the programme is titled MAXIMUSS Intermediate (Master And eXplore in Imaging of Medical UltraSonography Skill Intermediate Level). Participants were exposed to lectures and hands-on sessions spanning from fundamental point-of-care ultrasound views in heart, abdomen, lung, and vascular to more advanced information on complex measures and clinical ultrasound usage.



The 2nd day of program is titled Transfer and Acute Medicine which emphasized on the importance of acute resuscitation and transfer care tally to the logistic issues of Sarawak. Participants were exposed to the knowledge of 'patients packaging', the calculation of the oxygen usage by the transport ventilator, case-based simulation of transfer care in the helicopter as well as in the ambulance.







The 3rd day of the program named Acute and Critical Care Medicine which emphasized on Acute Medicine knowledges, case-based simulations, guideline-based management, and basic ventilation strategy including high flow nasal cannula and respiratory support care.





At the end of the programme, the program's goal of teaching and cultivating more young doctors to master and excel in the art and skill of bedside ultrasonography, acute resuscitation, transfer care, and critical care was met. The participants' feedback has been encouraging, and they are looking forward to more similar programmes in the future.

Special thanks to all the parties involved namely ECHO department (Mr Andrew Ak Kilong, Mr Selvesten Ak Panting), Emergency department (Dr Lee Jun Kwong, Dr Yang Xiang Yun, Dr Zyneelia Bt Husain, Dr Loretta Lau Li Chia, SN Leh Shiong Swaun, MA Awang Norahim Bin Awang Ali Bima), Medical department (Dr Calvin Wong, Dr Khaw Mae Jane), Radiology department (Dr Tan Pui Wen), GE company, G Medic Solution company, Medtronic company, and Fisher Paykel Airvo (Daya Cergas) company.

FIRST EAST COAST HYBRID REGIONAL CONFERENCE 2022

By Dr. Firdaus Mat Lawi

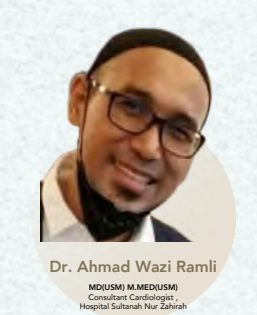
The first East Coast Hybrid Regional Conference 2022 was held on February 22, 2022.

Dato' Dr. Asmayani, the deputy director general of health, and Prof. Dr. GR Letchuman, the president of the College of Physicians Malaysia, both participated virtually in the first East Coast Regional Hybrid Conference in 2022.

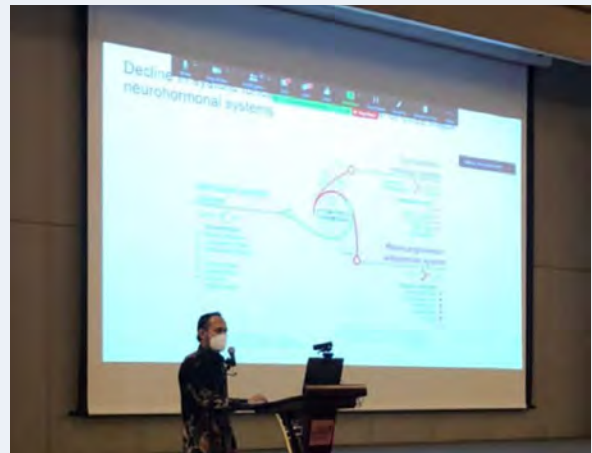
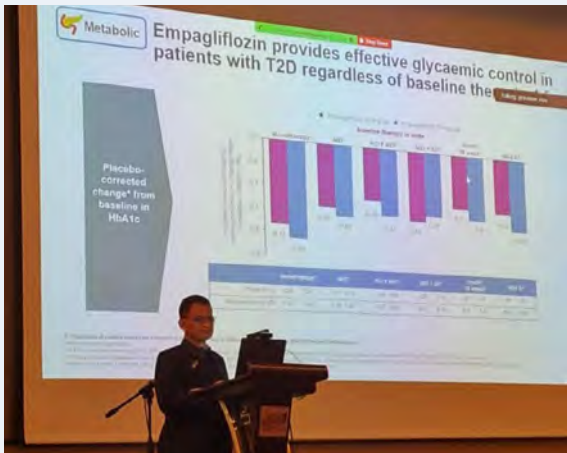
Physically present Terengganu State Health Director Dato Dr. Kasemani bt Embong, as well as Director of Sultanah Nur Zahirah Hospital, Dr. Mohd Salleh Mat Jusoh.

In the middle of the covid epidemic, this conference is the first of its kind to be held.

FEATURED SPEAKERS



Many thanks to those who contributed to the planning of this event, especially the sponsors and cherished participants. In Terengganu, in particular, a course like this might be held to improve the expertise of medical officials regarding patient care in the east coast state across all subspecialties. Thank you all so much.







9TH TERENGGANU MEDICAL UPDATE 2022

By Dr. Firdaus Mat Lawi

The 9th Terengganu Medical Update took place in Kuala Terengganu from September 14–16, 2022, at the Paya Bunga Square Hotel.

It was organised by Hospital Sultanah Nur Zahirah’s Kelab Medik in collaboration with the Terengganu Health State Department and the College of Physicians Malaysia.


It was officiated by Dr. Kasemani Binti Embong, Director of the Terengganu Health State Department, accompanied by Dr. Mohd Salleh bin Mohd Jusoh, Director of Hospital Sultanah Nur Zahirah, and Dr. Mohd Haidi Syuhairi, Director Programme.

There were 14 amazing speakers, from various subspecialties, who provided the most recent information in their fields. There were 100 people in attendance at this event.

A brain competition was held for the first time ever on the third day. Nine teams from various hospitals competed in the tournament to see how well they knew about medicine. The first winner of this competition was Hospital Besut.

Such a course was held to raise medical professionals’ knowledge of patient care across all subspecialties.





NATIONAL CLINICAL AUDIT WORKSHOP

8 - 9TH JUNE 2023

by Organizing Committee
Members of the Workshop

***Report by Dr Hor Chee Peng, Dr Ng Rong Xiang, Dr
Terence Ong Ing Wei, Dr Irene Looi, Professor Dr Edmund
Ong Liang Chai and Professor Dr Tan Maw Pin***

On 8th June 2023, the College of Physicians Malaysia (CoPM) in collaboration with the Royal College of Physicians (RCP) of London, organized the second National Clinical Audit Workshop, at the Academy of Medicine of Malaysia, Taman Teknologi Mranti, Bukit Jalil. This workshop was expanded and conducted in two days with full physical attendance by the participants at the College of Physicians, Malaysia, after taking into consideration feedback from the first event last year.

Clinical audit is a key principle underpinning clinical governance. It is a quality improvement process that seeks to improve patient care and outcomes through a systematic review of care against explicit criteria and the implementation of change. It starts with a mindful strategy looking at the performance of own practices against the standard for benchmarking. Along this, it is essential to highlight any process that provides a framework to identify pitfalls and enable the implementation of change with sustainability. Findings from clinical audits guide to improve the standard and quality of clinical care. This process, or "cycle," is designed to be perpetually repeated to forever improve standards, thereby transforming the cycle into an upward spiral.

This workshop aimed to provide insight for healthcare professionals about the importance and step by step in conducting clinical audit for their daily practice, with hands-on group works to enhance their learning curves. We wish that this workshop will become an annual event to allow capacity building to reach a critical mass to instil the spirit of clinical audit for quality improvement in the nation. The spirit of quality improvement is at the heart of every healthcare professional. One of the goals of this workshop is to institutionalize and internalize quality in the health system. We cannot improve what we cannot measure, hence selecting measurable criteria and standards for clinical audit is important.

Royal College of Physicians

Clinical Audit Workshop

Organised by: College of Physicians Malaysia, CoPM

8th-9th June 2023

Academy of Medicine Malaysia, Kuala Lumpur, Malaysia

OVERVIEW OF THE PROGRAMME

- Introduction to Clinical Audit
- Power of Audit
- Structuring and Audit Proposal
- The Clinical Audit Cycle
- Data Collection
- Data Analysis & Reporting
- Presentation by the winning group (Audit & Quality Improvement Workshop 2022)

16 CPD points will be awarded for the session

PAYMENT METHOD
Please advise Conference Secretariat at admin@cpamm.asc.org.my or via fax to + 603 8996 4700 by attaching your payment transaction slip after direct bank-in is done.

Name of Account : The College of Physicians of Malaysia
 Bank : Standard Chartered
 Branch : Publika
 Account Number : 873409990380
 Swift : SCBLMYXXXX

For more details, you may contact us at **03-89960700** or email us at admin@cpamm.asc.org.my

LIMITED TO 50 PAX

House Officer / Medical Officer / Specialist RM350

Member of CoPM / Member of RCP London RM250

Medical Students / Non-Doctor Category RM250

REGISTER HERE

<https://bit.ly/3UcVPS1>



The organizing chairperson was Professor Dr Tan Maw Pin, Consultant Geriatrician, Universiti Malaya and Honorary General Secretary, College of Physicians Malaysia. This event was well attended by 36 participants, consisting of various specialities, from medical students, pharmacists and doctors, and levels of clinical experience, both from academia and government sectors. Participants came from as far as Kedah, Kelantan, Terengganu, Sabah and Sarawak.



The event was endorsed with a motivating welcome speech from the Director General of Health, Malaysia, Datuk Dr Muhammad Radzi bin Abu Hassan. He reiterated that clinical audit is an indispensable tool to help us determine how well our care delivery adheres to available guidelines and expected standards of care. He emphasized that this is carried out within a blame-free and transparent culture. Deficiencies identified through audit should be addressed positively to drive service improvement efforts. The practice of medicine should go beyond medical knowledge. The modern doctor needs to also possess skills that will help them constantly evaluate their care delivery as well as improve their clinical practice. He wished to see many more clinical audit workshops and completed audits throughout the country in the future.





The programme started with ice breaking session among all participants to get to know each other.

Dr Terence Ong Ing Wei, Consultant Geriatrician from Universiti Malaya, started the first lecture on "Introduction to Clinical Audit". He inspired the crowd by setting the scene from the historical and contemporary perspectives on the values of clinical audit in clinical care. He delineated the differences between research, audit and quality improvement (RAQI). Besides, he shared a sneak peek for future Internal Medicine Postgraduate Training in Malaysia where RAQI project becomes a requirement for candidates undertaking Master of Medicine or parallel pathway.



Next, Dr Ng Rong Xiang, Internist and Infectious Diseases Physician from Universiti Malaya presented the second lecture on "The Audit Cycle". He succinctly introduced different parts of the audit cycle, namely the PDSA cycle (Plan, Do, Study and Act), how to select a topic and decide what to audit, how to select and determine the standards, such as organizational, process or outcome standards, and implementing changes to improve the standards followed by re-audit.



After a short break, our facilitators led by Dr Hor Chee Peng, conducted the group works on critical appraisal of published clinical audit projects, identifying the strengths and limitations of each example. Active engagement from all groups with group presentations made the session fun for learning.

In the afternoon session, Professor Dr Edmund Ong Liang Chai, Senior Consultant Infectious Diseases Physician and Honorary Professor from Newcastle University Medicine Malaysia and RCP's International Global Advisor proceeded with the topic of "Preparing an Audit Proposal". The key elements included identifying team members in an audit project and preparing a written proposal. He illustrated successful examples using the British National HIV Testing Programme and Chronic Obstructive Pulmonary Care Programme, how both programmes identified and engaged key stakeholders in the audit process, disseminated the findings and implemented the recommendations to improve care sustainably.



Professor Dr Tan Maw Pin then shared her lecture on "Structuring an Audit Proposal with a detailed structural framework in the written proposal, highlighting deficits in current practice, objective of the audit, proposing standard of the audit/QI project and the governance structure in the practice. Approval to conduct clinical audit can be sought from local institutional authority and can be exempted from ethics clearance from the Medical Research Ethics Committee, Ministry of Health, Malaysia.



Following this, the participants were enrolled into six different groups to structure an audit proposal, which they would present the next day for a competition. Each group was led by a facilitator.

Day 1 of the workshop ended with our honoured guest speaker, Dr Jane Youde, Senior Consultant Geriatrician and former Clinical Director for the RCP National Clinical Audit and Accreditation Programme, joining us virtually from Derby, UK. She amazed us with her dedication and career-long journey in audit to improve care for older persons. She has been involved in the care of older persons with falls and syncope for more than 20 years and has seen first-hand how the RCP national audit for hip fractures has led to quality programmes which reduced the morbidity and mortality from hip fractures. The RCP has hosted various national audit programmes in the UK, including the National Lung Cancer Audit (NLCA), National Asthma and COPD Programme (NACAP), and the Falls and Fracture Fragility Programme (FFFAP), in which she has been involved in some.



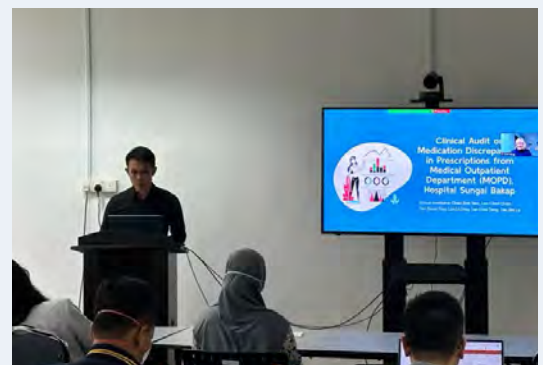
Dr Jane Youde emphasized the power of audit and introduction to quality improvement in the United Kingdom. This should be integral to all aspects of clinical care for all patients and should inspire more audit and improvement projects to be undertaken not just by the medical team but the multidisciplinary team.

Day 2 of the workshop started with “Data Collection” by Dr Hor Chee Peng, a clinician from Kepala Batas Hospital and Clinical Research Centre, Seberang Jaya Hospital, Penang. He shared on audit methodology from sampling to design of simple data collection forms, collecting the data (paper forms versus apps such as Excel, Google forms, REDCap) followed by reflections on the audit.

Professor Dr Edmund Ong then talked about “Data Analysis” to guide the participants on descriptive and comparative analyses, followed by observing deviation from standard and interpreting the data. Dr Irene Looi, Consultant Neurologist and Head of the Clinical Research Centre, Seberang Jaya Hospital, shared the example of the National Stroke Registry and the application of the registry findings as part of audit outputs to improve stroke care for the country. There were hurdles to overcome which requires multidisciplinary collaboration and relentless effort to sustain the national programme.



The next agenda was an audit presentation by Dr Sharmilan Gangatharan from the Department of Emergency and Trauma, Bukit Mertajam Hospital. Other team members, Dr Khor Chin Chuan and Dr Illiana Syahmun Binti Mohd Razally were present together virtually. His team won the best audit proposal for the workshop in 2022. Their project titled “Clinical Audit on Adherence to Acute Stroke Activation and Thrombolysis Protocol Target Time in Emergency and Trauma Department of Bukit Mertajam Hospital” was completed after the workshop, and presented at the National QA Convention end of last year. The project was applauded by the participants for their great effort and stakeholders’ involvement across different disciplines



Following the short tea break, an new and interesting component introduced for this workshop was Closing the Audit Loop Forum by the panel facilitators, moderated by Professor Dr Tan Maw Pin. Examples of successful projects with closing the loop were discussed along with the challenges and uncertainties encountered from individual experience. It takes perseverance and tactful strategies to convince stakeholders to implement changes for good and to make them sustainable.

After the lunch break, the group works resumed. The intense discussion and active participation from every member in each group demonstrated their strong interest in clinical audit. Each of the six groups presented their audit proposal to Dr Jane Youde, who judged virtually from Derby. They received constructive and useful feedback to move forward with their respective projects. The best audit proposal this year was won by Mr Jason Tan who presented the proposal on "Clinical Audit on Medication Discrepancies in Prescriptions from Medical Outpatient Department, Sungai Bakap Hospital". The group with nominated members were invited to attend the upcoming Annual Scientific Congress of the College of Physicians Malaysia, in November, in Kuching, Sarawak, to receive the prize.

The workshop ended with a question-and-answer session and reflection of the day by our organizing chairperson, Professor Dr Tan Maw Pin. Many expressed their great interest in echo training in their respective institutions. Heartfelt gratitude to the secretariat of College of Physicians Malaysia, Ms Siti Adilah binti Abu Bakar, Ms Farhana binti Ahmad Affandi and Mr Muhammad Afiq Mustakim bin Sharudin, who have made this workshop a great success this year!

We sincerely look forward to participants developing their ability to lead key clinical audit projects and apply implementation science practice wherever is practical. We aim to organize similar events annually, at a larger scale in years to come. Please get in touch with the College of Physicians Malaysia if you would like to know more.

JOHOR DERMATOLOGY UPDATE 2023

Report by Dr Evelyn Yap Wen Yee MBBS, MRCP, Adv M Derm

and Dr Latha R Selvarajah, MBBS, MRCP, Adv M Derm



Doctors and staff of Dermatology Departments of Hospital Sultanah Aminah Johor Bahru, Hospital Sultan Ismail Johor Bahru and Hospital Pakar Sultanah Fatimah Muar along with our invited speakers for the Johor Dermatology Update

The Johor Dermatology Update was held on 17th June 2023 at Renaissance Hotel Johor Bahru with an overwhelming response of 200 participants, comprising of dermatologists, dermatology trainees, medical officers, general practitioners and paramedics working in the state of Johor.

A wide variety of topics were covered during this update. Dermatologists working in the government hospitals in Johor spoke on new advancements in managing psoriasis, atopic dermatitis, urticaria, acne, and contact dermatitis. Dr Lee Yoong Wei, from Columbia Asia Tebrau, Johor Bahru gave a concise approach to vesiculobullous eruptions, and Dr Foo Seow Hoong from Gleneagles Medini Johor Bahru shared an interesting overview of genital dermatology. There was also a medical debate on the topic of topical vs systemic antifungals in the management of onychomycoses. Several dermatologists from other parts of Malaysia were invited to share their insights on various issues. They include Dr Henry Foong Boon Bee from Ipoh who spoke on 'Lasers in Dermatology', Dr Leong Kin Fon, a renowned paediatric dermatologist from Kuala Lumpur who gave an interesting case-based discussion in Paediatric Dermatology, and last but not least, A/P Dr Kwan Zhenli, a dermatologist and dermatosurgeon from University Malaya Medical Centre who spoke on skin malignancies.

This year, apart from lectures, a hands on session on contact dermatitis was included. During this session, participants rotated through 5 stations that covered topics such as:

- Patch test: patient counseling and repetitive open application testing (ROAT),
- Patch test preparation and application,
- Patch test reading and interpretation,
- Photo patch test
- Skin prick test.



Medical officers and staff from Hospital Sultanah Aminah Johor Bahru performing their duties at the contact dermatitis hands on session

Apart from doctors and paramedics, various pharmaceutical / skin care product / medical device companies participated in this event as well. These companies had informative booths put up just outside the lecture hall where they could share updated information / data regarding their drugs / products and provide goodie bags for the participants.

All in all, the event was a huge success. We thank all who made it happen and we look forward to seeing everyone again in 2024!



COLLEGE OF PHYSICIANS MALAYSIA CALENDAR FOR 2023

The College remains true to its mission to provide training opportunities to develop a professional medical workforce of the highest quality.

Discounts will be offered to all members for our paid events. Please do share our college events calendar and information about upcoming events with colleagues to help ensure our events are able to benefit as many as possible.

JULY	Weekly Webinar on every Thursday MRCP(UK) PACES Examination, Northern Diet
AUGUST	Weekly Webinar on every Thursday
SEPTEMBER	Clinical Leadership Day Workshop 1 September 2023 Council Meeting 3rd September 23 Weekly Webinar on every Thursday
OCTOBER	Weekly Webinar on every Thursday
NOVEMBER	Pre Congress, Annual Scientific Congress 2023 (<i>includes MRCP PACES, UNIMAS and Clinical Audit workshops</i>) 16th November 2023 Annual Scientific Congress 2023 17th - 19th November 2023 Pullman Kuching Weekly Webinar on every Thursday
DECEMBER	Council Meeting 3rd December 2023 Weekly Webinar on every Thursday

SAVE
THE DATE

Annual Scientific Congress 2023, College of Physicians Malaysia

In Collaboration With

**Malaysian Advanced Acute Internal Medicine
and UltraSound Society, MAAIMUSS**

Incorporating

Acute Medicine Workshop & Khoo Kah Lin Physician Cup

Theme:

Acute Medicine: Getting it Right the First Time

17th-19th

November 2023

Venue :

Pullman Hotel, Kuching, Sarawak

SPECIAL EVENTS:

- Oral Paper/ Poster Presentation
- Acute Medicine Workshop
- Khoo Kah Lin Physician Cup

REGISTRATION FEES:

CATEGORY	EARLY BIRD (Before 31 st Aug 2023)	NORMAL (1 st Sept - 10 th Nov 2023)	WALK-IN (Event Day)
Main Congress	RM 350	RM 450	RM 450
Main Congress + Acute Medicine Workshop	RM 450	RM 500	NA

*"Exciting topics with renowned speakers across the country
as well as International Faculty"*

Organised by :



Supported by :



For queries, please contact **+60135188984** (Dr Pravind)
More information at **www.asccpm23.com.my**



PRE-CONGRESS MRCP (UK) PACES 23 TEACHING WORKSHOP

- Introduction of PACES 23 New Format Teaching
- Suitable for Medical Officers preparing for the MRCP(UK) PACES Examinations

REGISTRATION FEE : RM800



16th November 2023
8:00am – 5.30pm



UNIMAS City Campus,
Kuching



NEW FORMAT

New PACES 23 Format
Introduction and
Teaching



EXPERIENCED TUTORS

Experienced Local
MRCP(UK) Teaching
Faculty as Tutors



COMPREHENSIVE

Comprehensive
coverage of the new
syllabus and format
for examinations



MRCP(UK) AND IRELAND PACES

Suitable for those
preparing for the
MRCP(UK) and Ireland
PACES examinations

**LIMITED SEATS AS PRIORITY GIVEN TO THOSE
ATTENDING THE CONGRESS**

PAYMENT METHOD

Please advise Conference Secretariat at admin@cpamm.asc.org.my or via fax to + 603 8996 4700 by attaching your payment transaction slip after direct bank-in is done.

Name of Account : The College of Physicians of Malaysia
Bank : Standard Chartered
Branch : Publika
Account Number : 873409990380
Swift : SCBLMYKXXXX

For more details, you may contact us at
+60 13-518 8984 (Dr Pravind) or admin@cpamm.asc.org.my

REGISTER HERE



<https://shorturl.at/qwA03>

Annual Scientific Congress 2023, College of Physicians Malaysia

📅 17th-19th November 2023

📍 Pullman Hotel, Kuching, Sarawak

Organised by :



Supported by :



CALL FOR ABSTRACTS

The Scientific Committee invites prospective authors to submit their abstracts for presentation at the Annual Scientific Congress of the College of Physicians Malaysia

REGISTER HERE



<https://bit.ly/3BpxgZN>

SUBMISSION TOPICS

- Acute Medicine Services
- Management of Critically Ill Patients
- Challenges in Management in District /
- Rural Services
- Medical Education Development
- Clinical Audits
- Internal Medicine Service Development

*Abstract can either be in the form of Original Research, Short Report or Case Studies

Abstract Submission Ends On:
13th Aug 2023

Prize for each category
(oral/poster)



RM 500



RM 300



RM 200

IMPORTANT DATES

Abstract Submission Deadline: **13th August 2023**

Acceptance Result: **10th September 2023**

Congress Registration Deadline for Abstract Participants: **8th October 2023**

For more details, you may contact us at **03-89960700** or admin@cpamm.asc.org.my
or Dr Pravid at **+60135188984**

Annual Scientific Congress 2023, College of Physicians Malaysia

📅 17th-19th November 2023

📍 Pullman Hotel, Kuching, Sarawak

Organised by :



Supported by :



ACUTE MEDICINE WORKSHOP

The Scientific Committee invites Health Officer, Medical Officer (Tertiary & District) and Specialist (Tertiary & District) to join us in Acute Medicine Workshop in conjunction with Annual Scientific Congress 2023

WORKSHOP STATIONS



**COMMON
MEDICAL
TOPICS**

ACLS



**BEDSIDE
ULTRASOUND
(BASIC ECHO)**

**BEDSIDE
ULTRASOUND
(BASIC ABDOMEN & LUNG)**



LECTURES AND HANDS-ON SESSION

INTERACTIVE

INFORMATIVE

For queries, please contact +60129551212 (Dr Chin Wei Ven)

More information at www.copm.online

KHOO KAHLIN CUP

**Annual Scientific Congress 2023,
College of Physicians Malaysia**

🕒 17th-19th November 2023

📍 Pullman Hotel, Kuching, Sarawak



Criteria

*A team should consist of 3 members
from the same hospital:*

- 1 specialist & 2 medical officers, OR
- 2 specialists & 1 medical officer, OR
- 3 medical officers.

Terms & Conditions:

1. The tournament is open to all delegates. No extra charges incurred
2. The tournament will be held on Day 1 and Day 2 of the conference.
3. Format of competition will be informed at later date.

REGISTER HERE



<https://bit.ly/3BpxgZN>

Organised by :



Supported by :



For more details, you may contact us at **03-89960700** or email us at admin@cpamm.asc.org.my



COLLEGE OF PHYSICIANS MALAYSIA

Unit 1.6, Level 1, Hive 4, Taman Teknologi Mranti,
Lebuhraya Puchong-Sg Besi, Bukit Jalil,
57000 Kuala Lumpur, Malaysia

TEL : +603-8996 0700 / +6017-857 1503 | **FAX :** +603-8996 4700 | **EMAIL:** admin@cpamm.asc.org.my | www.acadmed.org.my