

UPCORE MEN'S HEALTH & WELLNESS

Services, Labs & Pricing

Targeted Therapy. Total Confidence.

UpCore Men's Health & Wellness provides personalized, evidence-based care through a hybrid telehealth and in-clinic model. All services are self-pay unless otherwise noted.

WEIGHT OPTIMIZATION SERVICES

(GLP-1 & Oral Weight-Loss Management)

Weight Optimization - Initial Evaluation

A comprehensive medical evaluation focused on weight-related concerns, metabolic health, and individualized treatment planning. Treatment options may include lifestyle strategies, oral medications, injectable therapies (such as GLP-1-based treatments), or a combination approach.

Fee: \$189

Lab Services (if indicated):

- Insurance-based labs (outside facility): \$85*
 - Clinic-managed labs (Standard): \$225*
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Weight Optimization - Follow-Up & Ongoing Management

*Ongoing medical management to assess progress, manage medications, adjust treatment plans, and support long-term success. Applies to **both** GLP-1 and oral weight-loss programs.*

Fee: \$129

(Laboratory testing not included unless indicated)

TESTOSTERONE REPLACEMENT THERAPY (TRT)

TRT - Initial Evaluation

A comprehensive evaluation of symptoms, hormone health, and overall wellness to determine candidacy for testosterone replacement therapy and develop an individualized treatment plan.

Fee: \$189

Lab Services (if indicated):

- Insurance-based labs (outside facility): \$85*
 - Clinic-managed labs (Comprehensive): \$275*
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TRT - Follow-Up & Monitoring

Ongoing management to monitor response to therapy, review safety labs, and adjust treatment as needed.

Fee: \$129

Lab Services (if indicated):

- Insurance-based labs: \$85*
 - Clinic-managed labs (Standard): \$225*
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ERECTILE DYSFUNCTION (ED) SERVICES

ED - Initial Evaluation

A confidential medical evaluation focused on erectile dysfunction, sexual health concerns, and contributing medical factors. This visit determines appropriate treatment options, which may include oral medications or other therapies based on individual needs.

Fee: \$189

Lab Services (if indicated):

- *Insurance-based labs (outside facility): \$85*
- *Clinic-managed labs (Standard): \$225*

(Most ED evaluations do not require lab testing.)

ED - Follow-Up & Ongoing Management

Ongoing management to assess treatment response, adjust medications, and address side effects or concerns.

Fee: \$129

(Laboratory testing not included unless indicated)

PEPTIDE THERAPY

Peptide Therapy - Initial Evaluation

A personalized medical evaluation to determine whether peptide therapy is appropriate based on individual goals such as recovery, performance, metabolic health, or overall wellness.

Fee: \$189

Lab Services (if indicated):

- *Insurance-based labs (outside facility): \$85*
 - *Clinic-managed labs (Comprehensive): \$275*
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Peptide Therapy - Follow-Up

Continued monitoring and adjustment of peptide protocols based on clinical response and goals.

Fee: \$129

(Laboratory testing not included unless indicated)

LAB SERVICES & DIAGNOSTIC TESTING (IF INDICATED)

Laboratory testing may be recommended based on medical history, symptoms, and clinical judgment. Patients may choose between insurance-based labs at an outside facility or clinic-managed labs coordinated by UpCore.

Insurance-Based Labs (Outside Facility)

Laboratory testing is performed at an external laboratory using insurance. UpCore coordinates ordering, documentation, and results review.

Lab Coordination Fee: \$85

(Laboratory and insurance costs are billed separately by the lab)

Clinic-Managed Labs (UpCore / Rupa Health)

UpCore coordinates laboratory testing from start to finish.

Lab Services & Diagnostic Fees (All-Inclusive):

- *Standard Diagnostic Labs: \$225*
- *Comprehensive Diagnostic Labs: \$275*

These fees include:

- *Laboratory testing coordinated through Rupa Health*
- *In-clinic phlebotomy*
- *Specimen handling and processing*
- *Results tracking and provider review*

Insurance Coverage Notice

Insurance coverage for laboratory testing varies by plan. If any recommended tests are not covered by insurance, patients may elect to proceed with clinic-managed testing or decline the uncovered tests. If clinic-managed testing is used, the applicable lab services fee applies.