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**WE EXIST TO SERVE AND SAVE THE VULNERABLE COMMUNITIES .**

***2023 ANNUAL REPORT***



### **STATEMENT FROM THE CHAIRPERSON**

In the year 2023, Fountain of Hope (FOHOP) continued to professionalize their charitable work to operate according to the highest standards.

FOHOP's 2023 interventions focused on ending child marriages, women and youth economic empowerment, water sanitation and hygiene in school, menstrual health and hygiene management, sexual reproductive health and rights for young people and women, agriculture production, nutrition, gender based violence, climate change environmental conservation, HIV/AIDS, capacity building of community structures and education interventions.

The organization has carried out the activities in Blantyre district specifically in Senior chief kapen targeting Group village Head Manesikapeni and in Karonga district targeting group village head Msomba, Mwanjasi and Mwangwera. Fountain of Hope(FOHOP) has worked in partnership with Kakoma Community Based Organisation (CBO) in Karonga and Tiwasamale CBO in Blantyre apart from Youth clubs, Support groups, Women groups, Village savings loans groups, primaru and secondary schools, Village Development Committees just to mention a few.

The year 2023 was successful with financial support from Mundo cooperante of Spain (K8,596,250), Think Malawi-UK(K1,200,000), Go Volunteer Africa (K201,000), Christoph Kubica from Germany(K220,000) and DENNIS AALBERSBERG of Netherlands( K120,000).

At FOHOP we believe that every coin is capable of saving a life as such every donation is worth recognized regardless of size or type of donation. Therefore, we are very grateful to our donors in this reporting period.

Laura Thompson

**Chair person.**

FOUNTAIN OF HOPE



The following are the achievements per project in 2023.

## B. TECHNICAL REPORT UNDER MUNDO COOPERANTE AND THINK MALAWI PARTNEESHIP

### 1. MONITORING RESULTS

**OVERALL GOAL:** To Support for enrolling and retaining under 16 years old girls at school through integrated girls' households conditioned support and net working by July, 2023.

**SPECIFIC GOALS:**

1. To increase by 40 % enrolment of girls at both primary and secondary school education by July 2023.
2. To retain at least 70% of dropped out under 16 years girls at school by July 2023.
3. To provide family conditioned support to at least 100 households with under 16 years girls for ensuring daughter's access and permanence in education by July2023.
4. To raise community awareness among 5000 people on enforcement of existing community by-laws on child marriages by July 2023.
5. To enhance protection and care of under 16 years old girls through start up resources and services by July 2023.

| RESULTS | EXPECTED INDICATOR                  | INDICATOR REACHED  | VERIFICATION SOURCES |
|---------|-------------------------------------|--|----------------------|
|         | -Number of girls enrolled in school | - 1312 girls enrolled in 2023 unlike in 2022 learning where 1161 girls got enrolled. |                      |



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| <p>R1.<br/>Increased by 40%, enrolment of girls at both primary and secondary school education.</p> | <p>-% increase of girls' enrolment in primary school.</p> <p>-% increase of girls' enrolment in secondary school.</p>  |  | <ul style="list-style-type: none"> <li>- School enrolment registers.</li> <li>- Project reports.</li> <li>- Local leaders' recommendations.</li> <li>School Mothers 'groups' reports</li> </ul> |
| <p>R2. Retained 80% of dropped out under 16 years girls at school by July 2023.</p>                 | <p>. - Number of girls retained to school</p> <p>- Number of school drop out cases identified and solved.</p> <p>- % increase in number of girls retained to school.</p> | <p>-38 girls identified as drop outs.</p> <p>- 16 child marriage cases were identified</p> <p>-36 girls got back to school from which 12 are from secondary school and 24 from primary school representing 94.74%.</p> | <ul style="list-style-type: none"> <li>- Local leaders recommendation</li> <li>- Case stories.</li> <li>- School reports and registers.</li> </ul>  |
|   | <p>- Number of households with girls involved in tailoring</p>   | <p>-25 house households were involved in tailoring</p>   |   |



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| <p>R3.<br/>Provided family conditioned support to at least 100 households with under 16 years girls for ensuring daughters' access and permanence in education.</p> | <p>services<br/>- Number of households with school girls engaged local chicken production<br/>- Number of Income activities carried out by households with school girls.</p>   | <p>services.<br/>-50 households supplied local chickens.<br/>-25 households involved in bakery services.<br/>-25 households irrigation farming</p>  | <p>Project progress reports.<br/>-Mothers groups' reports.<br/>-Local leaders' recommendations.<br/>- Village development Committees' reports.<br/>- School reports.<br/>- School committees/parents' reports</p> |
|   | <p>- Number of girls completing secondary school education.<br/>- Number of girls passing secondary school examinations.<br/>- Number of girls supported with school fees.<br/>- Number of girls supported with school materials.<br/>-Number of primary school girls selected to secondary schools.<br/>- Number of girls supported with tertiary education fees.</p> | <p>-Over 5 types of income activities are carried out namely garden farming using rope and washer pump, bakery and village savings top up and tailoring services.<br/>- 43 form four girls completed secondary school and wrote national exams in June 2023.<br/>- so far 10 girls have been supported with school fees.<br/>-150 girls are supported with school materials .</p> |   |



|  |  |   |  |
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|  |  | <p>-None of the girls was supported with tertiary education fees.</p> |  |
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| <p>R4. Raised community awareness among 15000 people on enforcement of existing community by-laws on child marriages by May 2023</p> | <ul style="list-style-type: none"> <li>-% reduction of early child marriages cases.</li> <li>-Decrease in number of cases of early child marriages</li> <li>-Increase in knowledge of people on contents of by-laws</li> <li>-Number of people shared with copies of by-laws.</li> </ul> | <ul style="list-style-type: none"> <li>- Held 14 mass awareness campaign sessions where over 5071 people were reached.</li> <li>- 30 girls were mentored on by-laws on ending child marriages.</li> <li>-Conducted door to door campaigns and reached over 308 people.</li> <li>- 1621 people were shared with copies of by laws.</li> </ul> | <ul style="list-style-type: none"> <li>- Project reports.</li> <li>- Government offices reports.</li> <li>- School reports</li> </ul> |
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| <b>RESULT 1</b> Increased by 40%, enrolment of girls at both primary and secondary school education. | <b>Nº BENEFICIARIES</b> | <b>DESCRIPTION OF BENEFICIARIES</b>   | <b>DESCRIBE/TOPICS COVERED</b>  |
| <b>ACTIVITIES</b>  |                         |   |   |
| 1. Training of 20 mothers' groups representatives aiming at the prevention of child marriages.       | 20                      | Mothers' groups members in schools of the targeted area.  | 1. Introduction to Child Protection<br>2. Child Abuse<br>3. Introduction to Basic laws<br>4. Human and child rights Laws<br>5. Girls' rights to education<br>6. Child marriage Case handling. |
| <b>RESULT 2</b> Retained 80% of dropped out under 16 years girls at school by June 2023.             | <b>Nº BENEFICIARIES</b> | <b>DESCRIPTION OF BENEFICIARIES</b>   | <b>DESCRIBE/TOPICS COVERED</b>  |
| <b>ACTIVITIES</b>  |                         |   |   |
| 2.1 Hold meeting to Area development Committee and Village development committees                    | 20<br><br>21            | Participants were local chiefs comprising Traditional Authority, Group village Headmen, teachers village development Committee members, schools | -. Introduction of the Project concept.<br>-. Objectives , methodologies, results and time frame of the Project including the Budget  |





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|  |               | teachers, from the<br>area of Project  |  |
|  |               | operation.   |  |
| 2.2 . Identified 20 girls in need of school fees and paid secondary school fees. (Payment of secondary school fees for at least 10 identified survivors from child marriages and those at risk for 3 terms.) | 10<br>1<br>20 | Girls' who were rescued child mariages and Vulnerable girls who were at risk of child marriages. | Payment of school fees.  |
| 2.3 Mentoring girls' clubs students at each school on life skills and menstrual  | 165           | Girls who are members of girls clubs   | <ul style="list-style-type: none"> <li>- The role of girls' school clubs.</li> <li>- basic life skills and hygiene and sanitation issues.</li> <li>- Basic girls rights to education</li> </ul>        |
| 2.4 Formation of 3 girls' clubs students in 3 schools  | 30            | Girls, head teachers and matron  | <ul style="list-style-type: none"> <li>-Project introduction</li> <li>-Girls club roles</li> <li>-Establishment of clubs committee.</li> <li>-Role of each club member at school.</li> </ul>           |
| 2.5 Orientation sessions on contents of community by-laws to 5 women, 5 local Chiefs and 5 men, 5 religious leaders in support of by- law enforcement.   | 40            | Young boys women, local Chiefs and men, religious leaders  | <ul style="list-style-type: none"> <li>- Contents of by-law.</li> <li>- Enforcement of by-laws in ending child marriages.</li> <li>-The role and responsibility of each citizen on by-laws.</li> </ul> |



| <b>RESULT 3:</b> Provided family conditioned support to at least 200 households with under 16 years girls for ensuring daughters' access and permanence in education | <b>Nº BENEFICIARIES</b> | <b>DESCRIPTION OF BENEFICIARIES</b>                                     | <b>DESCRIBE/TOPICS COVERED</b>  |
|--|-------------------------|---|---|
| Activities   |                         |   |   |
| 3.1 Provision of 2 tailoring machines and start up materials to selected women groups for sewing of face masks, sanitary pads, uniform and clothes.                  | 25                      | -Selected women groups members<br><br>Women group in tailoring training | - Training of women and girls in tailoring skills.<br><br>- Sewing school uniform for vulnerable girls.<br><br>-Fabric materials and accessories. |
| 3.2 Provision of one set of baking materials for bakery services to one selected women group   | 25                      | -Selected women group members   | -Demonstration of how to use the clean energy baking stove.<br>Importance of the clean energy efficient stove                                     |
| 3.3 Provide top up income for 3 Village savings and loans groups.  | 75                      | - members from 3 women groups of 25 members each.                       | -Identification of what to invest using the money.  |
| 3.4 Procured and Installed one Rope and washer pump at one women Group   | 25                      | Selected women group members  | - Orientation about the importance of rope and washer pump.   |
| 3.8 Provision of local chicks for poultry production on pass on loan basis.  | 50                      | Women groups representatives  | -How to diversify house hold income   |



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| 3.9 Hold community feedback meetings.   | 60  | Local teachers, women, students leaders, police, | <ul style="list-style-type: none"> <li>-What are the good áreas of the Project.</li> <li>-what are the bad áreas of the Project.</li> <li>-how should the Project improve.</li> <li>-which activities are more needed.</li> </ul>   |
| 3.10 Provision of start up school materials namely uniform, sanitary pads and writing materials | 130 | -under 16 years old Girls.                       | <ul style="list-style-type: none"> <li>-school uniform</li> <li>-Sanitary pads</li> <li>-writing materials</li> <li>-Bags</li> </ul>  |
| 3.11 Women group training in tailoring skills   | 50  | Women group members.                             | <ul style="list-style-type: none"> <li>-How to keep machine safe?</li> <li>Organising a tailoring room</li> <li>-Using basic sewing machine</li> <li>-Caring for sewing machines</li> <li>-Making petticoat/half slip</li> <li>-Making basic skirt</li> <li>-Making a basic blouse</li> <li>-Making a girl's dress</li> </ul> |
|   |     |  | <ul style="list-style-type: none"> <li>-Making a basic short</li> </ul>   |
| 3.13 Training and Demonstration on baking   | 25  | Women group members.                             | <ul style="list-style-type: none"> <li>- How to use the baking equipment.</li> <li>-Understanding the cost of the materials.</li> <li>-Pricing of products</li> </ul>   |
|   |     |  |   |



| <b>Result.4.</b> Raised community awareness among 25000 people on enforcement of existing community by-laws on child marriages by July 2023 | <b>Nº BENEFICIARIES</b> | <b>DESCRIPTION OF BENEFICIARIES</b>                       | <b>DESCRIBE/TOPICS COVERED</b>  |
|---|-------------------------|---|---|
| Activities  |                         |   |   |
| 4.1: Hold 2 by-laws awareness sessions for girls in schools.  | 476                     | Girls, boys, teachers, mothers groups and                 | -Contents of by-laws<br>-How to identify cases.   |
|   |                         |   |   |
| Training of 39 girls and women, chiefs and men as paralegals on basic girls' rights to education as well as human rights.                   | 39                      | Girls, local leaders, mothers, teachers and 20 paralegals | The role of paralegals and local leaders in supporting victims of early child marriages as well as sexual and gender based violence.<br><br>- Protection of women and girls' rights,<br>- How to do case management<br>- Children's rights" Protection<br>.<br>- Child Abuse<br>- Gender Equality and Equity<br>- Gender Policy |



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| Mentoring girls in accessing sexual reproductive health services and legal services.                                 | 400                     | Girls who were under 16 years in schools  | -Sexual Reproductive Health and rights   |
|  |                         |   |  |
| Sensitised parents and teachers on the risk detection indicators and rescue strategies for under 16 years old girls. | 100                     | Parents and teachers.   | -Indicators which can to identification of perpetrators.<br><br>-Indicator of a girl child being in a poor psychological mood.   |
| <b>TRANSVERSAL ACTIVITIES</b>  | <b>Nº BENEFICIARIES</b> | <b>DESCRIPTION OF BENEFICIARIES</b>   | <b>DESCRIBE/TOPICS COVERED</b>   |
| Held 1 Planning meeting with technical working group on child protection.  | 40                      | Participants from government and non governmental organisations(NGOs) who are working on child protection interventions namely police, court, social welfare officer, gender, education and NGOs. | -Sharing Project concept<br><br>-Scrutinising the methodology for Project implementation.<br><br>-Discussing about girls who dropped out of school and how to get them back in the respective áreas.<br><br>- What role should be assigned to the committee. |



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|   |   |                                       | -Mapping of key stakeholders in the área.   |
| Held meeting with head teachers from 3 schools                    | 3 | Head teachers                         | <ul style="list-style-type: none"> <li>-Project introduction</li> <li>-Giving out data collecting form.</li> <li>-Asking for sharing of school reports.</li> <li>-Assisting in formation of grils clubs and women groups.</li> </ul>      |
| Held 2 meetings with Police & Health Center officers in the area. | 5 | Pólice officer at Kiwe pólice station | <ul style="list-style-type: none"> <li>-How to handle Concerns raised by girl children at school.</li> <li>-How to ensure that legal help center is benefiting girls in the community.</li> <li>-How to support girl children.</li> </ul> |
|   | 8 | Health personel at Kiwe health centre | <ul style="list-style-type: none"> <li>-Planning for trainig girls in schools on sexual reproductive health and how child marriage can affect their health in life.</li> </ul>  |
|   |   |                                       | - Lobbying for raising  |



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|  |                |   | <p>more awareness on consequences of child marriage.</p> <p>-Sharing experience and challenges faced in child marriage work.</p> <p>-Demanding law enforcement on all perpetrators.</p> |
| Conducted a Meeting With 3 School Girls' Club members.   | 10<br>10<br>10 | Girls' club members<br>Girls' club members<br>Girls' club members | -Update of club success and challenges, how they work with mothers group members and teachers.  |
| Raised awareness among primary school children on the consequences of child marriages, sexual abuse and where to report such cases which they have occurred.                                     | 1340<br>2216   | Primary and secondary learners.                                   | <p>-consequences of child marriages and sexual abuse</p> <p>- where to report when they face such cases.</p>  |
| Meeting with key stakeholders including local chiefs, health personnel, police officers, head teachers lobbying for support in ending child marriage while supporting girls rights to education. | 50             | local chiefs, health personnel, police officers, head teachers.   | - Lobbying for support in ending child marriage while supporting girls rights to education.   |



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| Held meetings with mothers groups on preparation of the closing of school sessions.   | 20<br>20      | School Mothers' groups  | How to make successful preparation of the closing of school sessions   |
| Held case conferences on girl child abuse cases   | 18            | Teachers, Mothers groups, paralegals,   | -Discussing about the list of girls who dropped out  |
| .   | 24<br>15      | local leaders, parents teachers association, school committees, police and social welfare officer | of schools and how to get them back.<br><br>- What role should be assigned to parents or guardians of the girls.                           |
| Made follow up meetings of child marriages  | 10<br>8<br>12 | Parents, survivors, local chief   | -Status of the case.<br><br>-How is the child taken care of.   |
| <b>Held</b> mentorship on child marriage prevention for girls and selected who have finished writing primary school examinations as well as Junior secondary school examinations. | 68<br>70      | Girls who were at school.   | How to prevent a girl child from child marriage after writing primary school examinations as well as Junior secondary school examinations. |





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| Followed up with school leadership on girls benefiting from schools performance.   | 15 | Head teachers, school management committee and parents teachers association representatives. | <ul style="list-style-type: none"> <li>-How safe are the girls in their homes after returning from marriages.</li> <li>-The school progress of each girls.</li> <li>-Challenges faced by girls.</li> </ul> |
| Participated in highly organised meeting of senior religious leaders, local leaders, health personnel, police officers, Non government organisation which aimed at lobbying for the full support of these stakeholders in ending child | 35 | senior religious leaders, local leaders, health personnel, police officers, Non              | Lobbying for the full support of these stakeholders in ending child marriages and allow girl children  |



|   |    |                                |   |
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| marriages and allow girl children Access sexual reproductive health services. |    | government organisation        | Access sexual reproductive health services.   |
| <b>Held</b> local leaders meeting.  | 10 | Local leaders<br>Local leaders | -Feedback on Project performance.<br><br>-Recommendation from leaders.<br><br>-Handing the Project activities to local leaders. |
| Held meeting with survivors of child marriages.                               | 12 | Survivors of child marriages   | -counseling<br>- challenges faced   |

## 3. EVALUATION OF THE PROJECT'S SITUATION

### OBSTACLES AND DIFFICULTIES ENCOUNTERED:

**Scarcity of skilful facilitators in tailoring machine:** The project took more time to identify facilitator of women in tailoring machines training because the project had no capable facilitator. This was solved by having meeting with the local leaders and assigned them to identify a capable facilitator in tailoring machine from other areas which they managed to achieve in 7 days.

**Shortage of machines to train women:** Two machines were meant to be used by 25 women. This became a challenge to facilitator who complained that two machines were not enough to train 25 women. This was solved by making 5 groups of women for training sessions where each session had 5 women. In addition, the facilitator sourced two more tailoring machines to make four so that the process is time convenient.

### OPPORTUNITIES ENCOUNTERED:

- Girl children were keen to be part of school girls clubs in fighting child marriage.
- Women beneficiaries were very keen to learn tailoring and designing skills.
- Sustainability indicator: Women groups were able to identify themselves and form a group on their own so to increase the effort of fighting against child marriage.
- Good attendance rate of organised project events by the community beneficiaries.
- Good project adoption and support by Local and religious leaders. Girls increase in knowledge of child marriage had enabled to work hard in school without fear of dropping forcibly for marriage.
- Good economic empowerment initiatives which will reduce child marriages cases arising from poverty factors.
- Teachers have become very key stakeholders in fighting against child marriages as evidenced by conducting community awareness meetings on their own to stop child marriages.
- .

### IMPROVEMENT OBSERVED

- Women and girls are able to organise themselves and hold community event pertaining child marriage and girl child trafficking.
- Improved economic activities among women groups hence strengthened household economic status.
- Improved knowledge in Sexual reproductive health services among girls and boys in schools.
- Improved knowledge in community by-laws by citizens.
- Girl Children are able to voice out about their rights to education.

- Improved menstrual hygiene and sanitation practices among girls in schools.
- Improved reporting of child marriage cases.
- Improved Boys behavior in supporting girl education.
- Reduction of girl children absenteeism during menstrual period.
- Improved services of menstrual health and hygiene management in schools.
- Improved knowledge of Girls and boys life skills and sexual reproductive health services.
- More women are able to support their girl children with both school needs including fees.
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## **IMPACT OF THE INTERVENTION ON THE PROJECT DEVELOPMENT AREA – RELATIONSHIP**

- More Strengthened relationship between community members of the project area and duty bearers like police officers and social welfare office.
- There is enforcement of community by-laws by the citizens themselves.
- There is improved communication status on child marriage between children and their parents.
- 125 house holds have income generating activities to support their girl children at school.
- From 38 girls identified as drop outs, 36 girls got back to school from which 12 are from secundary school and 24 from primary school representing 94.74%.
- People are able to report cases of child marriages and girl child trafficking.



Training of paralegals on the left hand side and orientation of community bylaws sessions on the right hand side.

## The Right to be a girl

*Projects working to End Child Marriage*



Some of the girls who benefited from school fees and school materials in 2022 – 2023 school season in Malawi.







Trained Village savings and loans women group members



Bakery service training using clean energy baking equipment.



School awareness on child marriages, SRH and girls' rights to education



**FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA  
AND CHRISTOPH KUBICA RESULTS 2023.**

**Project Title: Capacity Building of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

**Project Location(s):** Malawi in Blantyre.

**OVERALL GOAL:** To empower community structures of Senior Group Manesikapeni, in Senior Cheif kapeni, Blantyre district, Southern region of Malawi.

1. DESCRIPTION OF THE PROJECT



FOHOP through partnership with Go Volunteer Africa, in the capacity building Project which is carried out in Blantyre district, Malawi. With the displacement of Volunteer Christoph Kubica Courtesy of Go Volunteer Africa, the Project planned activities in three community structures categories namely teaching at Likulu primary school, health services at Kadidi health centre (Government health facility) and Manesikapeni Youth club.

The project assigned the volunteer to teach English at Likulu primary school in standard five, to provide training to Manesikapeni youth in identified area of need and offer health services at Kadidi public health centre.

This directly targeted 22 youth, 178 school learners and over 20,000 citizens who use the Kadidi public health centre.

## **2. ACHIEVEMENTS:**

### **2.1 INTRODUCTORY MEETINGS**

The Project held 3 introductory meetings to organisation's staff and volunteers, Village development committee and stakeholders meeting in the area. These included Blantyre district health officials, Likulu teachers, village head men, youth leaders and other local authorities. These meetings were





## **FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA AND CHRISTOPH KUBICA RESULTS 2023.**

**Project Title: Capacity Building of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

helpful because they provided extra technical assistant and created a platform for networking and coordination and support towards the Project.

### **2.2 Teaching English lessons**

Christoph Kubica, offered successful services to Likulu primary schools where over 178 learners benefited from English teaching. These learner had four teachers so the coming in of the volunteer added value of class delivery towards the children at this school.

The volunteer was assigned for two hours each day he went to school.

### **2.3 Training of youth club members.**

Christoph conducted training to Manesikapeni Youth Club which has 30 members in a number of topics as follows:

2.3.1 : Training in Self confidence: This training was very fruitful because benefited 30 youth club members who got empowered on how they could make public presentations, how they could gain confidence in interviews, how they could become creative in their daily life.

The training came at the right time because the club had youth who had finished secondary and tertiary education but were staying idle. Some had already gone through interviews but never succeeded, other had just been invited to the interviews. In this case, the skills gained were helpful to youth for improvement of their personal success.

The training used both theory and practicals to bring together 30 youth to have a common understanding.

2.3.2 : Training in photograph: Youth were trained on how to get quality pictures using different equipment or gadgets. Some of the youth were aspiring photographers as such the training was very beneficial.

#### **2.3.4 GBTChat( Artificial intelligence:**

The youth club did have computer lessons session where youth gain basic computer skills. In this case, the volunteer saw it very necessary to train youth in how to use the Artificial Intelligence(AI) program



## FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA AND CHRISTOPH KUBICA RESULTS 2023.

### **Project Title: Capacity Building of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

responsibly. The youth were very much excited to learn about the new program which were able to use soon after the training session. Currently some youth are using the AI as source of reliable learning in their different careers.

#### **2.4 Provided health services at kadidi Public health centre**

The project assigned the volunteer in health career he provided testing of different diseases and virus HIV, viral load, malawira, sugar, diabetes just to mention a few. With shortage of staff at the health centre, the presence of the volunteers contributed to better services for the communities around the health facility.

#### **3. Challenges:**

High demand of services: Fountain of Hope organisation works with many community structures which include village development committees, women groups, HIV/AIDS support groups, music groups, sports football clubs, nursery schools, village savings just to mention a few which also wanted the services of volunteer. However, this was solved by pleading with the structures that the organisation has only planned for the selected structures to benefit from the volunteer, but in future there is opportunity for these structures to benefit from other projects and coming volunteers.

#### **4. Lesson learnt:**

- There is a big Value in a volunteer: the community expressed gratitude of the services offered by the volunteer and this proved value of volunteer presence in the community.
- Coordination is important: The organisation coordinated well with all stakeholders and community structures before the volunteer started working which because easier for the community to support the volunteer.

#### **5. Conclusion: The planned activities for the volunteer were achieved , youth were trained, primary school learners benefited from English lesson and kadidi health centre benefited from the volunteer services as well.**

#### **6. Recommendation**

- There is need of more volunteer displacement to Fountain of Hope(FOHOP) due to the demand in the



## FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA AND CHRISTOPH KUBICA RESULTS 2023.

**Project Title: Capacity Building of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

community.

- There is need of Go volunteer Africa to explain thoroughly to the volunteers' expectations on financial issues because sometimes they are also eager to know if the money has been sent or not and that the use of money sent by Go Volunteer Africa should be well explained. As Fountain of Hope(FOHOP) , we have no problem with any arrangement that can be made by Go Volunteer Africa.
- Christoph Kubica had been very cooperative and hard working through out his stay at FOHOP, I recommend him as a genuine philanthropist who is able to adapt and adopt to the community values.
- Go Volunteer Africa should continue sending Volunteers to Fountain of Hope(FOHOP) organisations.

Activities in pictures



**Group photos Introductory meetings of Volunteers.**



**FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA  
AND CHRISTOPH KUBICA RESULTS 2023.**

**Project Title: Capacity Building of community structures of Senior  
Group Manesikapeni, in Senior Chief kapeni, Blantyre District,  
Southern region of Malawi.**



Christoph Kubica providing English lessons to Standard 5 learners at Likulu primary school, in Blantyre, Malawi.



*Christoph Kubica bidding farewell to learners at Likulu primary school in Blantyre, Malawi..*





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Christoph Kubica offering health services at kadidi rural health centre in Blantyre , Malawi.



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Southern region of Malawi.**



**Training Manesikapeni Youth Club members in Self Confidence**



**FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA  
AND CHRISTOPH KUBICA RESULTS 2023.**

**Project Title: Capacity Building of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**



Training Manesikapeni youth club members in Artificial Intelligence

**FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA  
AND DENNIS AALBERSBERG RESULTS 2023.**



**Project Title: Capacity Building of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

**Project Location(s):** Malawi in Blantyre.

**OVERALL GOAL:** To empower community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre district, Southern region of Malawi.

**1. DESCRIPTION OF THE PROJECT**

FOHOP through partnership with Go Volunteer Africa, in the capacity building Project which is carried out in Blantyre district, Malawi. With the displacement of Volunteer Dennis Aalbersberg Courtesy of Go Volunteer Africa, the Project planned activities in areas of sports development program where youth were to benefit from football games skills..

The project assigned the volunteer to impart skills and knowledge in three local football teams in Blantyre which are connected to Fountain of Hope(FOHOP) organisation. These teams play very important roles in the organisation because they are used to raise community awareness programs in areas of need by organising sports binanza with other teams from the targeted areas so that community members are able to access some mobile services in health, education and other programs.

This sports development program directly targeted over 100 youth from three football teams namely Michonya football club, Mlenga football team and manesikapeni Youth football team.

**2. ACHIEVEMENTS:**

**2.1 INTRODUCTORY MEETINGS**





## FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA AND DENNIS AALBERSBERG RESULTS 2023.

**Project Title: Capacity Building of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

The organisation introduced Dennis to local leaders so that are aware of his presence in their area and what he would do in the community.

### **2.1 Training of youth in football game skills.**

Dennis conducted training to three local football teams of Blantyre.

There teams had players of different ages. Michonya football club which has over 30 players has players of age bracket between 18 to 43 years. This training was taking place from 6 am to 7am because most of the players were going to work, business and school.

The other team was Mlenga football team. This team had a very youthful players with age bracket of 10 to 15years. The training was taking place from Monday to Friday at 3 pm up to 5 pm. These children enjoyed their training much with the new skills Denis was imparting in them. It has around 28 players.

The third team is Manesikapeni youth club team which over 45 players. This team was training from Tuesday to Friday as well. With new skills from Dennis, the team was well motivated to do more in football game. The age range of players is between 13 to 25 years.

One common observation from all the teams was that Dennis had earlier, two weeks was not enough to them.

### **2.3 Provision of footballs**

Dennis secured two footballs which he to Manesikapeni Youth club as well as Mlenga football team. This was because these two teams had big problems in having a good football.

### **2.4 Conference participation**

Besides sport program, Dennis also participated a gender equality workshop that jointly organised by Malawi Scotland Partnership and Fountain of Hope(FOHOP). His active participation in the meeting carried a big value of his presence.



## FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA AND DENNIS AALBERSBERG RESULTS 2023.

**Project Title: Capacity Building of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

**3. Challenges:**

All the team challenged the organisation that they needed more coaches and that should stay longer than two weeks.

**4. Lesson learnt:**

- There is a big Value in a volunteer: the community expressed gratitude of the services offered by the volunteer and this proved value of volunteer presence in the community.

**5. Conclusion:** The planned activities for the volunteer were achieved , youth were trained with new football skills.

**6. Recommendation**

- There is need of more volunteer displacement to Fountain of Hope(FOHOP) due to the demand in the community.
- Go Volunteer Africa should continue sending Volunteers to Fountain of Hope(FOHOP) organisations.

Activities in pictures



**FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA  
AND DENNIS AALBERSBERG RESULTS 2023.**

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**Dennis Aalbersberg, with Mlenga football team at the training ground.**





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On the left hand side, Dennis training at Michonya football team while on the right Dennis playing for Michonya football team in an organised game .



Dennis being introduced to Manesikapeni Youth football team before the training starts.



**FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA  
AND DENNIS AALBERSBERG RESULTS 2023.**

**Project Title: Capacity Building of community structures of Senior  
Group Manesikapeni, in Senior Chief kapeni, Blantyre District,  
Southern region of Malawi.**



Dennis gives skillful instructions to youthful players





**FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA  
AND DENNIS AALBERSBERG RESULTS 2023.**

**Project Title: Capacity Building of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**



**Dennis active participation in the gender equality conference was felt as well**



**Cross section of the conference attended by Dennis in Blantyre, Malawi.**



**FOUNTAIN OF HOPE (FOHOP) PARTNERSHIP WITH GO VOLUNTER AFRICA  
IN ART AND MUSIC INTERVENTIONS RESULTS 2023.**

**Project Title: Capacity Building of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

**Project Title: Capacity Building in Music and Art of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

**Project Location(s):** Malawi in Blantyre. from<sup>t</sup> August 2023 to November 2023.

**OVERALL GOAL:** To equip youth and school children with Music and art skills in Senior Group Manesikapeni, in Senior Cheif kapeni, Blantyre district, Southern región of Malawi.

**1. DESCRIPTION OF THE PROJECT**

FOHOP through partnership with Go Volunteer Africa, in the capacity building Project which is carried out in Blantyre district, Malawi, carried out a Music and Art imaprting skills project. With the displacement of the two Volunteers, Mette Schiphorst and Josefien Van der brug both Netherlands, Courtesy of Go Volunteer Africa, the Project planned activities in three strategic community areas namely Fountain of Hope(FOHOP) office at ken trading centre, Namwiyo Primary school and Manesikapeni Youth club centre. In addition, there were other places like at Ntondoko primary school and Jacaranda Cultural centre.

The project assigned the two volunteers to train school learners and youth on how they can use music and art for their both personal and community development.

This directly targeted 20 youth and 50 school learners.



## **Project Title: Capacity Building in Music and Art of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

### **2. ACHIEVEMENTS:**

#### **2.1 INTRODUCTORY MEETINGS**

The Project held 6 introductory meetings to organisation's staff and volunteers, Village development committee and stakeholders meeting in the area. These included village head man Mlenga, Namwiyo Primary school teachers, youth leaders and other local authorities. These meetings were helpful because they provided extra technical assistant and created a platform for networking and coordination and support towards the Project.

#### **2.2 Teaching Music and Art lessons at namwiyo Primary school.**

Mette and Josefien offered successful services to Namwiyo primary school where over 100 learners benefited from the Project instead of planned 50 learners. These learners were very excited and eager to learn music and Art hence their attendance and participation was very encouraging. Lessons were taking place every Wednesday and Thursday and volunteers were assigned for two hours each day they went to school.

#### **2.3 Training of youth club members.**

Mette and Josefien conducted training to Manesikapeni Youth Club which has 20 members as well.

This training was very fruitful because benefited 20 youth club members who got empowered on how they could make music and art to develop their lives and how they could become creative in their daily lives.

In this case, the training came at the right time because the club had youth who had finished secondary and tertiary education but were staying idle, hence, the skills gained were helpful to youth for improvement of their personal success.

The training used both theory and practical to bring together 20 youth to have a common understanding. Some of these youth were being trained at Fountain of Hope office while others at Manesikapeni Youth club centre depending on the distances to the training venues.

Youth were able to make objectives drawing of different images including the image of their best friends, parents and other objects of their choices. Similarly, youth has been trained in how to play keyboard and drums which are another source of income to some youth in Malawi who are hired to keyboards in churches, parties and public events. Therefore, this training was youth job creation strategy in nature.





## **Project Title: Capacity Building in Music and Art of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

These sessions were taking place on Mondays, Tuesdays and Fridays

### **2.4: Training 50 children at Ntondoko primary school in using art to combat climate change.**

Mette and Josefien were flexible enough to serve any community where there is demand of their services. When FOHOP was requested by her partner to engage the two volunteers to train their school learners in climate change using music and art, the request was accepted. At this school, the volunteers oriented the 50 school leaders about what climate change was all about, causes of climate change, how mitigate climate change, how to adapt to climate change, what processes take place in climate change and what were the effects in climate change in the learners' localities.

After this presentation then learners were trained on how to use Art to describe the impact or effects of climate change and they can use art to combat climate change. This was another very interesting session because learners were very eager to get this new experience of learning. At the end learners draw features which contributed to climate change impact, features which would mitigate climate change, features showing causes of climate change just to mention a few.

### **2.5 Participation in the Jacaranda Music festival**

The two volunteers Mette and Josefien were able to participate at the jacaranda Musical festival every Thursday evening where they were able to perform at the stage. This was a great experience indeed as they exchanged ideas and skills with fellow artists at the performing stage.

#### **3. Challenges:**

More participants than musical equipment: Fountain of Hope organisation works with many community structures, as such more children and youth wanted to be part of the project but due to limited equipment this could not be possible. However, the project recruited more beneficiaries who were attending lessons at different time intervals so that they are able to use equipment.

#### **4. Lesson learnt:**

- There is a big Value in a volunteer: the community expressed gratitude of the services offered by the volunteer and this proved value of volunteer presence in the community.
- Music and Art is another valuable program that can not be underrated. It has groomed children in art and youth in musics which essential for their personal development.
- Coordination is important: The organisation coordinated well with all stakeholders and community structures before the volunteer started working which because easier for the community to support the volunteer.

#### **5. Conclusion: The planned activities for the volunteer were achieved , children and youth were trained and**



## Project Title: **Capacity Building in Music and Art of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**

developd their skills in music and arts..

### 6. Recommendation

- There is need of more volunteer displacement to Fountain of Hope(FOHOP) due to the demand in the community.
- Go Volunteer Africa should continue sending Volunteers to Fountain of Hope(FOHOP) organisations.

### Activities in pictures



Music and Art training centre at Fountain of Hope(FOHOP) organisation office.



**Project Title: Capacity Building in Music and Art of community structures of Senior Group Manesikapeni, in Senior Chief kapeni, Blantyre District, Southern region of Malawi.**



**School learners at Namwiyo Primary school in Blantyre. Malawi learning in Music and Art**



**Learners were also given individual assignment to monitor the progress**





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Learners displaying their art work with excitement



Music and Art class lesson were very attractive to children



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**Music and Art lesson made children to be more active even when they knocked off from school**



**Manesikapeni Youth Club ready for Music and Art training session.**