



Use these weekly In2mate conversation questions as a way to enhance your understanding of each other. Start by attempting to answer as many questions as you can on your own. Then, meet with your spouse to continue the conversation.

In2mate Activity

Pursue, know, create, monitor and improve in these ways.

KNOW

Interests-know your spouse's interests

Needs-know your spouse's unique needs

Time-know how to give your spouse the time they want and need

CREATE

Intrigue-create excitement

Meaning-create shared experiences

MONITOR
AND IMPROVE

Attitude-monitor and improve your gentleness

Transparency-monitor and improve your openness

Engagement-monitor and improve your romantic-ness

ASSIGNMENT WEEK ONE: *Getting to know your spouse's interests*

What does your spouse yearn to learn, do more of or become known for doing well?

When is a good time to casually chat with them about this? How can you start the conversation?

Ask them for one way you can help them pursue this goal. What can you start doing right now?

ASK GOD TO INCREASE YOUR ABILITY TO LIVE PHILLIPIANS 2:3-5

ASSIGNMENT WEEK TWO: *Getting to know your spouse's unique needs*

What need does your spouse regularly pray about?

How does your spouse let you know what they need from you?

What specific need are they looking to you to provide right now?

ASK GOD TO MAKE GALATIANS 5:13 REAL FOR YOU AS YOU LISTEN THIS WEEK FOR YOUR SPOUSE'S NEEDS

ASSIGNMENT WEEK THREE: *Getting to know how your spouse likes to spend time with you.*

What does he/she consider your "special times" together?

Ask your spouse if you are spending time with them in the way they want and need you to do?

If so, what does that look like?

If not, what can you do right now to change that?

ASK GOD TO HELP YOU AND YOUR SPOUSE TO RESPOND WITH HUMILITY AND GRACE AS COLOSSIANS 4:6 TEACHES.