The St. Vincent de Paul VIRTUAL "Friends of the Poor[®]" Walk



SETEMBER 26 - OCTOBER 4, 2020

During these unusual times of required social distancing, re-creating, and re-imagining everyday activities help us stay connected to the world around us. In this spirit of re-creating, the 12th Annual Belleville Council St. Vincent de Paul "Friends of the Poor Walk" will be our very first "Virtual Walk" to Help the Hungry" the week of September 26-October 4.

A VIRTUAL WALK is an event that allows you to decide where to walk, how far to walk and when and what time to walk. You can run, jog, walk on the road, on the trail, on the treadmill, at the gym, or on the track. You can walk 5 miles, 1 mile, around the block or to your car. You choose!

PLEASE JOIN US AND HELP



Advanced registration is required

Register on our website at <u>www.svdpsouthil.org (</u> click "NEWS" tab at top) by phone @ 618.394.0126, by email to <u>pat.hogrebe@gmail.com</u> or by returning the registration form to the Council office at: SVDP, PO Box 3415, East St. Louis, IL 62203

Ask friends & family to support YOUR event with a donation!

You can walk for a Conference or for the Council

Turn in donations to the Council or appropriate Conference by Oct 10

100% of funds raised go directly to serve those in need!

THANK YOU FOR YOUR SUPPORT!



HERE IS WHAT YOUR WALK DONATION CAN BUY!

\$50. Will provide 20 evening sack lunches at the overnight Drop-In Center

\$2.

Will provide breakfast for a hungry guest at Cosgrove's Soup Kitchen

\$20.

Will provide groceries to feed a family of four

\$369.

Will purchase one pallet of water for the Outreach Ministry

\$10.

Will purchases 12 rolls of paper towels or a large hand sanitizer for the soup kitchen

\$4.

Will provide one hot noon meal at the St. Vincent de Paul Soup Kitchen

\$140.

Will buy snacks for a week for the Drop-In Center