

new beginning therapeutic services

Aquatic Class Schedule

Aquatic Center

Water Aerobics – Instructor Led Classes

Wednesday and Friday	
	11:00am
	12:00 pm
Monday and Thursdays	
	5:30 pm
Classes are 60 minutes in length. Classes are limited to 12 people per class. Please arrive no more than 5 minutes early. Schedules could change. Please check the website or Facebook for latest schedule.	

Monthly:

\$130.00

All monthly payments are due at the first of the month, no exceptions and entitles you to 2 schedule classes per week.

NBTS accepts cash, check or credit cards. All card transactions are subject to a 3% processing fee.

Our team at new beginning is focused on Wellness. We are always conscious of keeping a clean and safe environment for our staff and clients. We are following CDC cleaning and sterilization best practices. Restructuring our classes will allow NBTS to continue to practice social distancing will allowing our faithful clients to resume a health exercise routine.

Check us out at www.nbts.us or on Facebook for more information.
Call 706-253-6287 or email us at info@nbts.us for more information.



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