

new beginning therapeutic services

Aquatic & Exercise Class Schedule

Aquatic Center

Water Aerobics – Instructor Led Classes

Monday and Wednesday	
	10:00 am
	11:30 am
Tuesday and Thursday	
	5:30 pm
Classes are 60 minutes in length. Classes limited to 12 people per class. Please arrive no more than 10 minutes early. Schedules could change. Please check the website or Facebook for latest schedule.	

Monthly:

\$130.00

All monthly payments are due at the first of the month, no exceptions and entitles you to 2 schedule classes per week.

NBTS accepts cash, check or credit cards. All card transactions are subject to a 4% convenience fee.



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