



## Qualification Specification

# STA Level 2 Award in Aquatic Teaching – Baby and Pre-School

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**CIMSPA**  
ENDORSED

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## This qualification is regulated by Ofqual (England) and Qualifications Wales

### STA Level 2 Award in Aquatic Teaching - Baby and Pre-School

Qualification Number: 600/6849/8

Credit Value: 6 Credits

#### Unit Structure

This qualification consists of 2 mandatory units

Unit Title	Code	Credit Value	Unit Level	GLH
Planning, Preparing and Teaching Swimming	K/504/3122	3	2	13
Baby and Pre-School Swimming	H/504/3121	3	2	12

GLH = Guided learning hours

#### Total Qualification Time 46 Hours

#### QW Designation No:

C00/1100/6

#### Qualification Delivery

Minimum contact hours for this qualification is 25 hours which includes direct teaching and assessing, but excludes breaks.

The course maybe run over 3 days, but can also be delivered over a period of weeks, with the minimum of each training session being 2 hours.

The ratio for this qualification is a maximum of 12 learners to 1 tutor.

## Introduction

Baby and pre-school swimming teachers are able to seek employment in a wide variety of leisure facilities including private health clubs, school swimming pools through to large local authority leisure centres. As a baby and pre-school teacher you would be responsible for planning, delivering and evaluating a series of progressive and fun swimming lessons. Teaching babies, toddlers and their accompanying adults a range of basic aquatic and safety skills such as floating, rotation, submersion and basic swimming strokes. You would be responsible for ensuring the lesson area and appropriate equipment was safe and promote good teaching and learning.

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## Qualification Objective

The baby and pre-school qualification aims to produce teachers that can teach aquatic activities, including paddle strokes to babies and pre-school children during adult and child lessons.

They are able to deliver the STA Starfish programme and the STANley Series of STA's International Learn to Swim Programme.

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## Target Learners

This qualification is for learners who wish to work with babies, pre-schoolers and their accompanying adults, and help them to develop, both as swimmers and individuals in the aquatic environment. There is no experience of working with children or teaching swimming lessons required. This qualification could appeal to parents looking for a career that fits in around their childcare commitments, those interested in pursuing a career in the leisure industry. Those already employed within a leisure environment who are looking to progress their career or those who are already working as a swimming teacher who wish to offer lessons to babies and pre-schoolers alongside their current beginner classes.

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## Progression

Experienced baby and pre-school swimming teachers can expand their baby and pre-school knowledge further by progressing to the STA Level 3 Diploma in Aquatic Teaching - Baby and Pre-School

Experienced teachers are often employed as mentors for newly qualified baby and pre-school teachers, or take on the role of swimming co-ordinators within their swim schools. In addition, baby and pre-school swimming teachers who meet the pre-requisites can share their knowledge and experience with the next generation of baby and pre-school swimming teachers by becoming an aquatic tutor.

Alternatively, learners may move into teaching those with disabilities or beginner learners.

## Industry Standards

This qualification has been designed in line with the following industry standards:

- PAS 520:2015 Safeguarding 0 to 4 year old children within the teaching of swimming, including any associated professional photography - code of practice
  - STA Swimming Teaching Code of Practice.
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## Entry Requirements

- Be 18 years of age or older
  - Hold current membership of STA
  - Hold the Safety Award for Teachers or acceptable equivalent
  - Hold the STA Safeguarding Children, Young People and Vulnerable Adults certificate or acceptable equivalent.
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## Special Considerations and Reasonable Adjustments Policies

For further information on these, please refer to the policies section on the Safety Training Awards website:

<https://www.safetytrainingawards.co.uk/policies/>

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## Awarding Organisation Policies

A full list of awarding organisation policies are available on the website: <https://www.safetytrainingawards.co.uk>

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## Any Other Requirements

Qualification certificates will not be issued until all pre-requisites have been supplied. Pre-requisites must be supplied within 12 months of the course end date to gain the qualification.

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## Assessment Format

Competent / Not competent.

## Assessment Methods

- Complete a portfolio of lesson plans, schemes of work and worksheet questions to the satisfaction of the course tutor
  - Undertake at least 30 minutes of poolside teaching during the course
  - Teach a 15 minute, externally assessed lessons to between 2 and 4 adult-child pairs
  - Complete a 30 question multiple-choice paper with a unit pass mark of 11/15 per unit.
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## Tutor / Assessor Requirements

All tutors must have the skills, knowledge and experience to be able to teach and demonstrate the subject.

Each tutor must be approved by Safety Training Awards and provide evidence of:

1. STA Award in Aquatic Teaching - Baby and Pre-School qualification
  2. Hold or working towards a formal tutoring and assessing qualification
  3. Maintaining their technical competence within the subject area and provide evidence of continuing professional development (CPD).
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## IQA Requirements

Internal Quality Assurers (IQAs) of this qualification must have knowledge and competency in swimming teaching as well as knowledge and competency in internal quality assurance.

An IQA must hold:

1. STA Award in Aquatic Teaching - Baby and Pre-School
2. Attend a STA / IQA training day or hold a recognised internal quality assurance qualification.

Note: IQAs cannot quality assure a course for which they were a learner, the tutor and / or assessor.

## Resource Requirements

- STA Baby and Pre-School manual - A manual is required for learners to have access to theoretical and practical knowledge of the qualification
- A range of suitable swimming teaching equipment:
  - Demonstration dolls
  - Toys
  - Play rafts
  - Woggles
  - Floats
- In order to fulfil the practical requirements of this qualification, access to an appropriate swimming facility is required on each day of the course. The facility should meet the required temperature and depth requirements for teaching baby and pre-school learners.

### Venue

- Room size: Adequate space for all learners on the course to undertake theory and practical work
- Seats: One per learner
- Writing surfaces: Adequate for each learner to take notes
- Toilets: Separate facilities for male and female learners
- Ventilation: Should be adequate
- Lighting: Should be suitable for reading, combining a mixture of natural and artificial light
- Heating: Should maintain a 'shirt sleeve' environment, minimum temperature 16°C
- Access/exits: Should be safe, well lit and cater for people with special needs
- Floor coverings: Should be carpeted or mats / blankets provided for use during practical sessions
- Cleanliness: Maintain a clean, tidy and hygienic environment
- Noise: Consider whether there is noise that may distract learners from training
- Electrical items: When projectors and other electrical equipment are used, the equipment must be checked to ensure it is in safe working order. It is important to be aware of trip hazards associated with electric cables in order to reduce such risks.