



Qualification Specification

STA Level 2 Award in Safety Award for Teachers



This qualification is regulated by Ofqual (England)

STA Level 2 Award in Safety Award for Teachers

Qualification Number: 601/5519/X

Unit Structure

This qualification consists of 1 mandatory unit

Unit Title	Code	Credit Value	Unit Level	GLH
Safety Award for Teachers	R/506/9620	1	2	6

GLH = Guided learning hours

Total Qualification Time 8 hours

Qualification Delivery

The recommended contact hours for this qualification are 6 hours, which includes direct teaching and assessing but excludes breaks.

The course may be delivered over 1 day, but can also be delivered over a period of weeks, with the minimum of each training session being 2 hours.

The ratio for this qualification is a maximum of 16 learners to 1 tutor however, if the ratio is greater than 12 learners then an additional 2 hours must be completed, one hour wet-side and one dry-side.

Introduction

The Safety Award for Teachers course includes all of the skills and basic knowledge and understanding that a learner will need to ensure a safe working environment.

Qualification Objective

The STA Safety Award for Teachers qualification is designed to train learners in pool rescue and CPR techniques in order to deal with poolside emergencies in accordance with the *National Occupational Standards and Managing Health and Safety in Swimming Pools and British Standard BS EN 15288 Part 2, Safety*

Target Learners

This qualification is for learners who may teach or assist swimming lessons and aquatic activities including school swimming lessons. It is also a great stepping stone into the world of lifesaving, as you can take this course at 14 years old.

Progression

The STA Safety Award for Teachers qualification is a stand alone qualification. The next step would be to become an STA Pool Emergency Responder or STA Pool Lifeguard and further an STA Lifesaving Tutor.

Often swimming teachers will progress their career within the leisure industry by qualifying as a teacher in another discipline like aqua aerobics or coaching or becoming a pool lifeguard, gym instructor, or duty manager at pools that range from a single pool up to a large leisure type pool.

Industry Standards

Health and Safety Executives document 'Managing Health and Safety in Swimming Pools'

British Standard BS EN 15288 Part 2, Safety Requirements for Operations Safe Supervision

Resuscitation Council Guidelines 2015

Entry Requirements

- Be 14 years of age or older
 - Be able to swim 25 metres (learners who cannot swim 25 metres must be capable of wading, and effecting a rescue, in a pool with a depth no greater than chest height)
 - Be able to surface dive and recover an object from the deepest part of the pool.
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Special Considerations and Reasonable Adjustments

For further information on these, please refer to the policies section on the Safety Training Awards website:

<https://www.safetytrainingawards.co.uk/policies/>

Awarding Organisation Policies

A full list of awarding organisation policies are available on our website: <https://www.safetytrainingawards.co.uk>

Any Other Requirements / Revalidation Requirements

This qualification is valid for a period of 2 years. The learner needs to revalidate the qualification by attending a Safety Award for Teachers course.

Assessment Format

Pass / Fail

Assessment Methods

This qualification is assessed through practical demonstrations of CPR and pool rescue skills and completion of a 16 question theory multiple-choice assessment paper.

All practical elements must be completed and performed independently by the learner without prompting by the tutor.

The multiple-choice assessment paper is to be completed independently by each learner and completed in exam conditions, with the tutor or other approved person, acting as the invigilator.

All learning outcomes and assessment criteria in the units must be achieved in order for the learner to be deemed competent in order to pass the qualification.

Tutor / Assessor Requirements

All tutors / assessors must have the skills, knowledge and experience to be able to teach and demonstrate the subject.

Each tutor / assessor must be approved by Safety Training Awards and provide evidence of:

1. Holding a minimum of STA Safety Award for Teachers (or acceptable equivalents)
 2. Holding a formal level 3 (or higher) tutoring and assessing qualification
 3. Maintaining their technical competence within the subject area and provide evidence of continuing professional development (CPD).
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IQA Requirements

Internal Quality Assurers (IQAs) of this qualification must have knowledge and competency in lifesaving as well as knowledge and competency in internal quality assurance.

An IQA must hold:

1. Minimum of STA Safety Award for Teachers (or acceptable equivalent)
2. A Level 4 Internal Quality Assurance qualification or be working towards one
3. Attend any mandatory standardisation when required.

Note: IQAs cannot quality assure a course for which they were a learner, the tutor and / or assessor.

Resource Requirements

Course resources:

- STA Safety Award for Teachers resource manual – Each learner is required to have their own copy of the resource manual to have access to theoretical and practical knowledge of the qualification.

Poolside equipment including :

- Buoyant aids at a ratio of 1:4
- Rescue poles at a ratio of 1:4
- Throw ropes at a ratio of 1:4
- Throw bags at a ratio of 1:4

Basic Life Support manikins including:

- Adult manikins at a ratio of 1:4
- Child manikins at a ratio of 1:4
- Infant manikins at a ratio of 1:4
- Resuscitation pocket masks at a ratio of 1:4
- Manikin wipes or other disinfection method

Recommended requirements:

- Corresponding STA Powerpoint presentation
- Dry wipe board or flipchart
- Laptop & projector
- TV or other display method

Venue:

- Room size: Adequate space for all learners on the course to undertake theory and practical work
- Seats: One per learner
- Access to a suitable swimming facility
- Writing surfaces: Adequate for each learner to take notes
- Toilets: Separate facilities for male and female learners
- Ventilation: Should be adequate
- Lighting: Should be suitable for reading, combining a mixture of natural and artificial light
- Heating: Should maintain a 'short sleeve' environment, minimum temperature 16°C
- Access/exits: Should be safe, well lit and cater for people with special needs
- Floor coverings: Should be carpeted or mats / blankets provided for use during practical sessions
- Cleanliness: Maintain a clean, tidy and hygienic environment
- Noise: Consider whether there is noise that may distract learners from training.

Equipment Service and Maintenance

Ensure all electrical equipment is in safe working order, serviced and maintained in line with statutory requirements, such as Portable Appliance Test (PAT) and Provision and Use of Work Equipment Regulations (PUWER).

Follow manufacturers guidance on regular in-service and ongoing maintenance requirements for all course equipment.

Sufficient procedures must be in place to ensure hygiene during the use of resuscitation manikins and other training equipment.

It is important to be aware of the trip hazards associated with electrical cables and reduce such risks.

Unit Specification

Unit Title	Safety Award for Teachers	
Learning Outcomes	Assessment Criteria	
1. Understand Pool Safety Operating Procedures	1.1 1.2	Describe the areas covered by a Normal Operating Plan Describe the areas covered by an Emergency Action Plan
2. Understand basic first aid procedures relevant to injuries in an aquatic environment	2.1 2.2	Give the aims of first aid Describe the management of: <ul style="list-style-type: none"> • Choking • Bleeding and shock • Spinal injuries • Asthma • Hyperventilation
3. Know how to administer basic life support	3.1 3.2 3.3	Describe the chain of survival Describe adult basic life support Describe the basic life support procedure for paediatric and drowning casualties
4. Be able to administer basic life support	4.1 4.2 4.3 4.4	Demonstrate handling a simulated unconscious casualty for the following procedures: <ul style="list-style-type: none"> • Turning from prone to supine • Primary survey • Action for vomit • Recovery position Demonstrate basic life support techniques as appropriate to: <ul style="list-style-type: none"> • Adult sudden collapse • Adult drowning • Children / infants Demonstrate obtaining an airway on a suspected spinal injury Demonstrate simulated resuscitation in the water
5. Be able to perform basic rescue skills	5.1 5.2 5.3 5.4 5.5 5.6	Perform reaching rescue and throwing rescue from the poolside Perform a wading rescue in standing depth Perform a water based buoyant aid rescue Demonstrate retrieving a submersible manikin from the pool floor Demonstrate landing an unconscious casualty onto poolside Demonstrate the rescue of a suspected spinal injury casualty
6. Know how to respond to a pool emergency situation	6.1 6.2 6.3	Describe how to assess the nature of an emergency Describe how to manage an emergency situation in the pool Describe the qualified assistance required for an emergency
7. Understand the importance of recording, reporting and analysing pool emergency situations	7.1 7.2	Describe why reporting and analysing emergency situations is important Identify relevant legislation that requires reporting and recording