



# Player Information Guide

Summer/Winter 2021

# Welcome to the family...

ARROWS Basketball Club is an emerging community focused club passionate about creating opportunities for our youth. We're continuously working to improve our players' experiences and strive to make basketball more affordable through club initiatives.

Facebook - [www.facebook.com/arrowsbball](http://www.facebook.com/arrowsbball)

Email - [arrowsbball@gmail.com](mailto:arrowsbball@gmail.com)

Ph – 0449 994 602 (Shez - President)



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## Age Eligibility

All junior players must be under the age of the age group they are playing in, as at 31st December, in the year that the playing season commences. For example, a player cannot register for an Under 16 competition, if they turn 16 years of age before the 31st of December.

Please refer to below table to help determine your child's correct age group based on the year they were born.

Age Group	Born In
Under 8	2014, 2015
Under 10	2012, 2013
Under 12	2010, 2011
Under 14	2008, 2009
Under 16	2006, 2007
Under 18	2004, 2005

## Season Dates

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30 January 2021 – September 2021.

(school Terms 1, 2 & 3)

Monday
Under 16 Boys, Under 18 Boys, Under 18 Girls, Senior Women's, Senior Mixed

Wednesday	Thursday
Senior Men's	Senior Men's,

Saturday
Under 8, Under 8 Girls, Under 10, Under 10 Girls, Under 12, Under 12 Girls, Under 14 Boys, Under 14 Girls, Under 16 Girls

 Grading rounds

Junior Domestic Competition			
25-Jan	SH	30-Jan	1
1-Feb	1	6-Feb	2
8-Feb	2	13-Feb	3
15-Feb	3	20-Feb	4
22-Feb	4	27-Feb	5
1-Mar	5	6-Mar	PH
8-Mar	PH	13-Mar	6
15-Mar	6	20-Mar	7
22-Mar	7	27-Mar	8
29-Mar	8	3-Apr	PH
5-Apr	PH	10-Apr	SH
12-Apr	SH	17-Apr	SH
19-Apr	9	24-Apr	9
26-Apr	10	1-May	10
3-May	11	8-May	11
10-May	12	15-May	12
17-May	13	22-May	13
24-May	14	29-May	14
31-May	15	5-Jun	15
7-Jun	16	12-Jun	PH
14-Jun	PH	19-Jun	16
21-Jun	17	26-Jun	17
28-Jun	SH	3-Jul	SH
5-Jul	SH	10-Jul	SH
12-Jul	18	17-Jul	18
19-Jul	19	24-Jul	19
26-Jul	20	31-Jul	20
2-Aug	21	7-Aug	21
9-Aug	22	14-Aug	22
16-Aug	23	21-Aug	23
23-Aug	24	28-Aug	24
30-Aug	SF	4-Sep	SF
6-Sep	PF	11-Sep	PF
13-Sep	GF	18-Sep	GF

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## Club Fees      **\$315** Juniors (5-17 years)

- Our fees include & cover:
  - Team/Player registration (ARROWS & PDBA)
  - Basketball Victoria Insurance
  - Weekly training sessions
  - Weekly game sheet fees
  
- Uniforms & Merchandise are NOT included in fees.
- FINALS game sheets are NOT included in fees and will require player contribution should your child & team qualify.
- ALL players receive an End of Season participation award at our Club Presentations.
- Payments are accepted in FULL or by INSTALLMENTS as specified below.

	<b>Deposit</b>	<b>Instalment #12</b>
<b>Due Date</b>	22 <sup>nd</sup> January 2021	07 <sup>th</sup> May 2021
<b>Payment Amount</b>	\$150	\$165
	(\$50 Non-refundable Deposit) Must be paid to secure your spot.	No Pay, No Play Policy will be enforced from 20 <sup>th</sup> Feb. (Round 4)

\*Please contact the club to discuss payments or to arrange a payment plan **before** the payment due date. Failure to do so, will result with your child being added to the **No Pay, No Play List** until your account is brought up to date.

## Payment Details

ALL payments are to be made directly into our club Bank Account please:

<b>ARROWS Basketball Club</b>		
BSB:	633 000	
Acct No:	162 642 128	
NOTE- Please use player FULL NAME as reference.		

## Payment Plan Agreements

We understand that it is not always possible for families to pay the costs of basketball fees upfront and all at once. To accommodate families as best we can, we offer our payment plan agreement. If you would like to access this option, please click on the link below and complete the online form.

<https://form.jotform.com/ARROWSBALL/application---payment-plan---summer>

## Sibling Discount

A **\$10 fee discount** will apply to the second and any additional siblings. Players who play in more than one team will receive this fee discount for their second team.

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## PlayHQ (Basketball Victoria)

All players are required to hold an annual participation licence through Basketball Victoria.

- Juniors \$25 per year (plus \$3 PDDBA season fee)
- Seniors \$39 per year (plus \$3 PDDBA season fee)



**NOTE:** This payment is required at the time you register with PlayHQ (Basketball Vic) and does NOT come to our club. This one license covers you for 365 days across Victoria regardless of how many teams you play in.

If you have already paid for and hold a license from previous playing, you will NOT be charged the \$25/39 again – only the \$3 PDDBA fee for the season.

Register with PlayHQ here: <https://www.playhq.com/basketball-victoria/register/aaf199>

## Venues

Due to the growth of the Saturday junior competition, this season the Saturday juniors will be played across 2 venues. The venues are below:

- Cardinia Life - 4 Olympic Way, Pakenham.
- Officer Community Hub (Under 8's Only) - 2 Parker St, Officer.

## Grading

The grading period will last for four (4) weeks at the start of the season. It is at the discretion of the PDDBA and Aligned Leisure management to grade teams in a manner that they feel is appropriate. Scores and points accumulated during grading will not carry over to the official season.

Considerations regarding grading will be made via a grading committee, who will meet throughout the grading period and provide input into the grading process. Grading requests from teams after the team registration will be accepted during allocated special request dates.

If required, an additional round of grading will be undertaken during Round 10 of each respective competition.

Win	Loss	Draw	Forfeit Against	Forfeit For / Bye
3 points	1 point	2 points to each team	0 points	3 points

## Finals

To be qualified to play finals, all players must be registered and have played a minimum of seven (7) games throughout the regular season. A player is deemed absent if he/she does not score or foul and does not sign the back of the scoresheet in the presence of the referee.

## Insurance

As part of your registration fee, you are covered by Basketball Victoria insurance for the entire season. Any player injured during a game should seek First Aid from the Sports Captain, or another Aligned Leisure staff member, and complete the relevant documentation. Failure to do so, will result in Aligned Leisure management unable to sign off on any insurance claims to be sent to Basketball Victoria.

Further information on what is covered, how to make a claim and where to download claim documents can be found here: <http://www.vinsurancegroup.com/basketball>

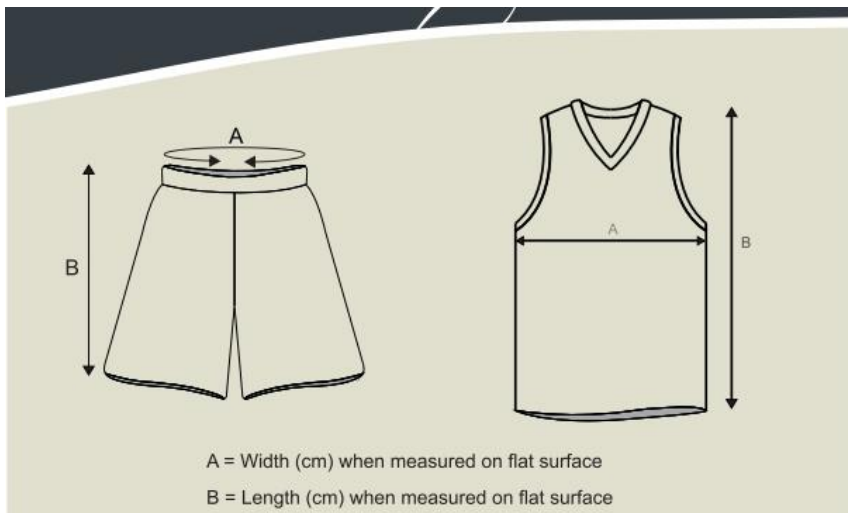
Uniforms are supplied by SLAMSTYLE™ an Australian owned & operated company who set the benchmark for superior quality, service, design, innovation, delivery and technology.



## Uniforms

Player uniform Set \$90 (Includes Reversible Jersey & Shorts) SAVE \$5  
 Player Reversible Top Only \$60  
 Player Shorts Only \$35  
 (sizing chart available)

UNISEX JERSEY			UNISEX SHORTS			'SHORT' SHORTS		
SIZE	ACTUAL WIDTH MEASUREMENTS IN CM (A)	LENGTH AT BACK IN CM (B)	SIZE	SHORTS TO FIT APPROX. WAIST SIZE IN CM (A)	OUTSIDE LEG LENGTH OF ACTUAL PANTS IN CM (B)	SIZE	SHORTS TO FIT APPROX. WAIST SIZE IN CM (A)	OUTSIDE LEG LENGTH OF ACTUAL PANTS IN CM (B)
5XS	38	54	5XS	45-50	38	5XS	45-50	30
4XS	40	58	4XS	50-55	40	4XS	50-55	32
3XS	43	62	3XS	55-60	42	3XS	55-60	33
2XS	45	64	2XS	60-65	46	2XS	60-65	35
XS	48	68	XS	65-70	50	XS	65-70	37
S	50	70	S	70-75	52	S	70-75	38
M	53	74	M	75-80	54	M	75-80	38
L	55	76	L	80-85	56	L	80-85	40
XL	58	80	XL	85-90	58	XL	85-90	40
2XL	60	90	2XL	90-95	60	2XL	90-95	42
3XL	63	92	3XL	95-100	64	3XL	95-100	42
4XL	65	94	4XL	100-105	64	4XL	100-105	44
5XL	68	94	5XL	105-110	64	5XL	105-110	44



↑  
 'SHORT' shorts are popular with girls and shorter players.

- Club uniforms are compulsory.
- White socks are preferred
- Players MUST wear lace up runners or basketball shoes. (NO slip-on or casual)
- NO Jewellery is permitted under any circumstances, including earrings.
- Long hair MUST be tied back in a ponytail, bun, or braid. Plaits are NOT

## Uniform – Orders

To order a uniform, please complete the online form via the below link:

Order here: <https://form.jotform.com/ARROWSBALL/uniform-order-form>

- **Payment is required at time of order.**  
(Unless prior arrangements have been made with the club)
- Estimated delivery is 6 weeks from Club order placement.
- Uniforms may be personalised with a name/nick name or left blank.
- Please double check your order – the club will not be liable for incorrect orders or spelling mistakes.

**NEW MEMEBERS** – will have the cost of their uniform deducted from the \$150 fee deposit, with the difference to be paid when collecting the uniform. This option helps to reduce the upfront costs for families.

**PLAYER NUMBER ALLOCATIONS** - ARROWS Basketball Club uses a system to prevent doubling up as players move up age groups or between teams. Where possible, players will be able to choose from available numbers and **MUST** allocate at least 3 numbers on their order form in order of preference.

Numbers will remain allocated to players for twelve months (two seasons) after their last played season. The number will become available for other players the following season.

Select numbers between →		0 - 49		50 - 99
BORN	EVEN	2004	ODD	2005
		2006		2007
		2008		2009
		2010		2011
		2012		2013
		2014		2015
		(Even years)		(Odd years)

Example: Chase is born on 23<sup>rd</sup> July 2006 – he would choose numbers between 0-49.

**NUMBER EXCEPTIONS** – some players may have been allocated a number that does not fit into the above table. This is due to several reasons such as keeping original player numbers from when Arrows first started or being a “family” number. Siblings/parents are permitted to have the same number if available. These are allocated on a case-by-case basis.

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## Scoring (Bench Officials)

All teams must provide one competent bench official for each game. Referees may ask a player to sit off if no bench official is provided; points penalties may be applied in failure to supply a scorer for your team. If not sure how to complete a score sheet, please see the Aligned Leisure Sports Captain.

We are also pleased to announce that **Electronic Scoring** will be in place for this season information and a quick guide on how to score a game can be found by clicking on the below link:

<https://support.playhq.com/article/188-selecting-a-game-to-score>



## Working with Children Check

Basketball Victoria & ARROWS Basketball Club require ALL coaches, team managers, committee members and anyone assisting during training sessions, games, clinics, fundraising, and events to hold a valid Working with Children check.

A bench official (parent scorer) officiating a junior competition must also be a holder of a valid Working with Children's Check if over the age of 18 years. **Therefore at least one parent/guardian of each junior player MUST hold a current WWC to be able to fulfil their scoring duties. (raining provided.)**

Volunteer checks are **free** and valid for 5 years.

Simply go to <http://www.workingwithchildren.vic.gov.au> and complete the online form.

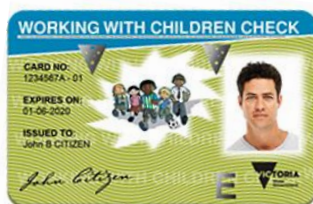
Organisation Details: **Cardinia Life**  
4 Olympic Way, Pakenham, Vic, 3810.  
03 5945 2888

Next step is to have your free photo taken at an Australia Post outlet and they will take care of the rest.

Applications usually take up to 10 working days to be approved via email confirmation and up to 21 additional days to receive your card.

**All WWCC will need to be verified by the club. Please send a photo of your card or text your card details to your Team Manager or Shez – 0449 994 602. Include name, card number, type (volunteer or employee) & expiry date.**

If you are exempt from requiring a working with children check due to being a registered teacher (with VIT - not suspended or expired) or currently a serving police officer (Victoria Police or Australian Federal) – please let us know.



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## Rules & Regulations

ARROWS Basketball Club is committed to providing an enjoyable, safe, and welcoming environment for its members, participants and community.

To help us achieve this we have club rules & guidelines in place, and we promote a range of policies, procedures, by-laws & codes of conduct that are enforced by Basketball Victoria across the state.

Players, coaches, parents & spectators will:

- Adhere to ALL "Codes of Conduct/rules" as stipulated by ARROWS Basketball Club, Pakenham District Basketball Association (PDBA) & Basketball Victoria (BV). (\*if you would like a digital copy please ask your team manager)
- Behave appropriately when representing our club during training sessions, games, clinics, events, whenever in uniform and when representing the club in any capacity.
- Will respect the rights, dignity and worth of every person & to always respect the use of facilities and equipment provided. Abusing people in any way is unacceptable and may result in disciplinary action.



### PLAYERS:

- Treat each other with respect
- Use appropriate language
- Treat coaches, parents, opposing athletes and referees with respect
- Play hard, but play within the rules
- Attend as many team & club functions as possible
- Always give 100% effort
- Always Exhibit good sportsmanship

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# PLEASE REMEMBER

- **THESE ARE OUR KIDS**

Let them **PLAY**  
Let them **HAVE FUN**  
Let them **FAIL**  
Let them **LEARN**  
Let them **SUCCEED**  
Let them **BE KIDS**

- **THIS IS JUST A GAME**

If they win or lose every game of the season, it will not impact their education or future income potential.

- **THE COACHES  
ARE VOLUNTEERS**

They give up their own time to encourage your child to learn, improve their skills & have fun while playing the game. Please show them your respect & appreciation.

- **THE REFEREES  
ARE HUMAN**

They make mistakes just like YOU. No one shouts at you in front of others when you make a mistake, so please don't yell at them. We don't have video replay; so, we will go with their calls.

- **THIS IS **NOT** THE NBA**

The reason children want to play sports is because it is fun. Please don't let the behaviour of the adults ruin their fun.

**KEEP CALM**

**IT'S JUST A GAME**



## **First Aid & Injuries**

Where First Aid is required, all Aligned Leisure staff are trained and available to assist, however the first point of contact should be the Sports Captain on duty. All players that receive First Aid will be required to complete an injury report form.

## **Conditions of Entry**

In the opinion of Aligned Leisure management, if a player, coach, official, spectator or team conducts themselves in a manner contrary to the best interests of Basketball or the Conditions of Entry, each individual involved will be asked to leave the complex. Depending on the extent of the incident, suspension or withdrawal from the competition may apply.

Aligned Leisure management reserves the right to refuse entry to any person under the influence of alcohol or drugs. Smoking is not permitted in or around the Centre at any time.

## **Behavioural Technical Fouls**

When an individual receives a behavioural technical foul, it will be centrally recorded. If an individual incurs three (3) behavioural technical fouls they will be suspended for one (1) game. (*Behavioural Technical Fouls are those that show dissent or disrespect towards officials for their calls/non-calls*)

## **Suspended Players**

Players under suspension by Basketball Victoria or Aligned Leisure are not permitted to play or referee for the duration of the suspension. Teams who play suspended players will lose all points for the games concerned, and maybe removed from the competition.

Arrows Basketball Club may also issue internal club suspensions as deemed appropriate.

## **Changes to Fixtures**

Please note changes to fixtures due to regrading, re-fixturing, teams withdrawing, or other unforeseen circumstances may occur without notice throughout the season (outside of grading period) when more than 7 days from the respective game. In these instances, a competition Bye may be created or removed during this time.

Whereas changes to fixtures occurring within 7 days of the respective game, an Aligned Leisure Sports Captain will contact all affected teams via either telephone, email or both.

## Heat Policy

### Basketball

- Once the on-court temperature (as measured by the digital display above Court 4) passes 30 degrees 2 minutes per half will be removed from the game clock (18 Minute Halves).

### In accordance with *Basketball Victoria's Heat Policy*:

1. Each team must also call a timeout before and after the compulsory timeout.
2. In the event coaches do not call a timeout, the referee will intervene and call a timeout and attribute them to the respective teams.
3. The on-court referee must call a time out at the earliest possible time at the midpoint of each half and the clock will stop for timeouts.

*\*Overall minimum 3 Time Outs per Half in total required (2 Team and 1 Referee)  
E.g. Time outs call at – 14:33, 09:00 and 03:51.*

- The clock will stop during compulsory timeouts, however when on-court temperature is over 35 degrees the clock will continue to run, unless it is the last minute of the first half or the last 3 minutes during the second half.
- Once the on-court temperature (as measured by the digital display above Court 4) passes 40 degrees' games must be called off.
- If a game has passed the half time break the team in front will be declared the winner. If this game has not passed this point, then the game will be declared a draw.

Saturday		Sunday to Thursday	
Decision will be made at	For the games starting at	Decision will be made at	For the games starting at
10:30am	11:30am	3:30pm	4:30pm
10:30am	12:20pm	3:30pm	5:20pm
12:00pm	1:10pm	5:00pm	6:10pm
12:00pm	2:00pm	5:00pm	7:00pm
1:30pm	2:50pm	6:30pm	7:50pm
1:30pm	3:40pm	6:30pm	8:40pm
1:30pm	4:30pm	6:30pm	9:30pm
Times are approximate. We will communicate any decision to call games off via Facebook, email, phone call and/or SMS			

## Players Code of Conduct

- 1.** Understand and play by the rules. Understanding and playing by the rules is your responsibility. The rules exist for the safety, proper order and enjoyment of all people involved in basketball. The lessons to be learned in this respect in basketball are lessons that can and should be carried over into all aspects of your lives. Do not ignore or deliberately break any rules. Even if you think that a deliberate foul may give your team an advantage, you should not commit the deliberate foul in the interests of fair play. If you do consistently commit deliberate fouls or break the rules you must accept that there will be consequences for you and your team. Do not let yourself or your team down.
- 2.** Respect referees and other officials. Referees and officials have a difficult task to perform and you could not play the game without them. They are there to enforce the rules of play but they cannot always be right. Accept bad calls graciously. Abuse of referees is unacceptable behaviour. Players who consistently dispute decisions or do not accept bad decisions are bad sports. If you disagree with a decision, have your coach, captain or manager approach the referee during a break or after the game, in an appropriate manner.
- 3.** Control your temper. Verbal abuse of officials is a serious offence against the rules of basketball. Verbally abusing other players or deliberately distracting or provoking an opponent are also not acceptable or permitted in basketball. Loss of temper is not only unpleasant for other participants in the game, it can also distract you and have an adverse effect on your concentration and effectiveness on the court.
- 4.** Work equally hard for yourself and for your team. You owe it to yourself and others involved in your team to train and play to the best of your abilities. Your team's performance will benefit – so will you. If you are half-hearted about your involvement in the sport you will become dissatisfied and lose out on the much of the enjoyment and satisfaction you can derive from giving it your best.
- 5.** Be a good sport. Acknowledge all good plays whether they be by your team or the other team. Good manners and respect can be infectious. Everyone likes to be praised when they do something well. If you acknowledge the achievements of your opponents, it is likely they will follow suit. Part of participation in sport is respect for all participants in the game. Your opponents are entitled to proper courtesy. Always introduce yourself to your opponents on court, congratulate them whether you win or lose and accept a loss gracefully. Remember that the opposition coach is there trying to do the best for their team and is also entitled to respect.
- 6.** Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player. Just because one of your team cannot perform as well as you do does not mean that they are not trying. Everyone makes mistakes. Do not abuse or ridicule another player when a mistake is made. Constructive guidance and encouragement when a player does well will assist a player to improve their game.
- 7.** Play for the "enjoyment of it" and not just to please parents and coaches. Playing sport, including basketball, should be fun. This doesn't mean that you shouldn't take it seriously, just that at the same time you should enjoy it. If you enjoy an activity you will perform much better and derive far more benefit from it than if it is an unpleasant experience. You may experience pressure from your coach and parents and others to perform outside of your capability or desires. Whilst this can be a positive and their way of showing you support in your activities; you should resist it where it no longer is enjoyable.

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- 8.** Respect the rights, dignity and worth of every person. Regardless of their gender, ability, cultural background, religion or other factor irrelevant to the game, all persons connected with basketball are entitled to equal treatment and respect. Avoid any remarks that could be construed as offensive or discriminatory. Sometimes even a joke may give offence. Even if a person refers to themselves with a particular label, it should not be taken as an invitation for you to do so. Using discretion is imperative and it is better to err on the side of caution.
- 9.** Be prepared to lose sometimes. Everyone wins and loses at some time. Be a fair winner and a good loser. Disappointment at losing is natural, but it should not be obvious to the point of being unpleasant for others. Just as unpleasant can be the boastful winner. Recognise that even in defeat, the loser has achieved something, just by playing. Not everything in life can be a winning situation. Losing can be an important learning experience for your wider life goals.
- 10.** Listen to the advice of your coach and try to apply it at practice and in games. Your coach has been appointed to coach your team because they have certain abilities and experience. They have also undergone training to ensure that you get the best coach that you can commensurate with your skill levels. Apart from skills training, your coach can provide you with helpful advice on all aspects of playing basketball. Make the most of the opportunity provided to you to work with your coach to have a happy and successful experience in basketball.
- 11.** Always respect the use of facilities and equipment provided. Facilities and equipment cost money and will only function properly if kept in good order. Ensure that you do not abuse anything provided for use. Do not engage in dangerous practices such as hanging off hoops or "slam dunking". Quite properly, these practices are banned in most venues. Not only can equipment be damaged but serious injury can occur.

Other Codes of Conducts Please note other codes of conducts can be found on the P.D.B.A. Website.  
<http://www.pakenhambasketball.com.au/>