GODSAIDIAM



## Prayer Anxiety & Fear

Father God,

Thank you for being Abba Father which gives us authority to come to you as our father not because we did anything to deserve you but your redeeming Love and grace extends itself far beyond what we can understand. We are so grateful we stand in awe of you for your Excellence your greatness, your power, your majesty. You are king of kings you are lord of lords you are the one and only true living God who's name is above all names

We stand in reverence at the core of who you are: The God who loves us, who sees us, who hears us and you truly cares about us. I ask you to forgive us of all our sins, those we are fully aware of and those we unknowingly committed - please hear and receive this prayer. I come on behalf of my sisters, you are all knowing and know each of their hearts desires, every spoken and unspoken need, you know their hearts better than anyone. I ask that you encourage them in every area where she feels sad, defeated, lonely and unappreciated and even unworthy.

Those thoughts that keep her up at night that don't allow for peace and rest we speak against every single one. We cast down every thought that is unlike you – no matter if it came from someone else or is just unkind thoughts in her head. Your thoughts of her are so much greater than she can ever comprehend. You love her best and you love her Most.

I come against the entire idea of unworthiness; it will have no place in her mind or heart. She is your precious masterpiece and we release every action, word or feeling that has held her to Believe she isn't enough- I bind every stronghold that keeps her in space of needing to do or be more Because of the feeling of not measuring up. Your word said we are made perfect in your image / from day of birth so we don't need to prove anything to be perfect in you eyes. Lord, I ask that you fill the void and all of the empty spaces with your unconditional love that can be felt no matter where she might be.

You know the relationships that need healing and the relationships that she needs to be released from. People who do not see the jewel of you that abides in her. Fill the void of relationships that have died but she might still be holding on to... Let her rest knowing your plans for her are great and you love her so much. what feels like pain now she will reap great joy in her days to come.

Give her strategy to manage life and relationships as a mother, daughter, sister, aunt, godmom, friend, employer - employee and every space that she has impact. Give her confidence in you that builds confidence in the women you created her to be. Let her see every experience as an opportunity to learn, grow and be better. Give her wisdom to understand your plan will not always be understood in the moment but let her heart allow her to trust who you are and willing to submit her will to you.

We release the feeling of restlessness and we speak into existence a life planted and grounded in the hope of you. Hebrews tells us Now faith is confidence in what we hope for and assurance about what we do not see. For we know what we see in life can be confusing so we will lean into you so we can remain focused, assured, consistent and accountable to keep moving forward according to your will by faith, not by sight.

Mark 11 says - Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours. I thank you for being the kind of father that not only listens but delivers and I thank you for receiving this prayer

In Jesus Name - Amen