Cowes Group Ministry

All Saints' Gurnard with St Faith's,
Holy Trinity Cowes, St John the Baptist
Northwood and St Mary the Virgin Cowes.

Weekly notices for Sunday 6th July 2025, Third Sunday after Trinity.

Welcome to our benefice! If you are visiting one of our churches for the first time, please introduce yourself to us!

09:30	All Saints' Church, Gurnard	Holy Communion
09:30	Holy Trinity Church, Cowes	Holy Communion
11:00	St John's Church, Northwood	Holy Communion
11:00	St Mary's Church, Cowes	Holy Communion

Collect for Today

Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father: give us grace to dedicate our freedom to your service, that we and all creation may be brought to the glorious liberty of the children of God; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Old Testament reading from 2 Kings 5:1-14 (NRSV)

Naaman, commander of the army of the king of Aram, was a great man and in high favour with his master, because by him the Lord had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. She said to her mistress, 'If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy.' Naaman went in and told his lord just what the girl from the land of Israel had said. And the king of Aram said, 'Go then, and I will send along a letter to the king of Israel.'

He went, taking with him ten talents of silver, six thousand shekels of gold, and ten sets of garments. He brought the letter to the king of Israel, which read, 'When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his leprosy.'When the king of Israel read the letter, he tore his clothes and said, 'Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me.'

But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, 'Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel.' So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. Elisha sent a messenger to him, saying, 'Go, wash in the

Jordan seven times, and your flesh shall be restored and you shall be clean.' But Naaman became angry and went away, saying, 'I thought that for me he would surely come out, and stand and call on the name of the Lord his God, and would wave his hand over the spot, and cure the leprosy! Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?' He turned and went away in a rage. But his servants approached and said to him, 'Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, "Wash, and be clean"?' So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

New Testament reading from Galatians 6:[1-6] 7-16 (NRSV)

[6:1My friends, if anyone is detected in a transgression, you who have received the Spirit should restore such a one in a spirit of gentleness. Take care that you yourselves are not tempted. Bear one another's burdens, and in this way you will fulfil the law of Christ. For if those who are nothing think they are something, they deceive themselves. All must test their own work; then that work, rather than their neighbour's work, will become a cause for pride. For all must carry their own loads. Those who are taught the word must share in all good things with their teacher.]

^{6:7} Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up. So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith.

See what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised—only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God.

Gospel reading from Luke 10:1-11, 16-20 (NRSV)

After this the Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, "Peace to this house!" And if anyone is there who shares in peace,

your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house.

Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, "The kingdom of God has come near to you." But whenever you enter a town and they do not welcome you, go out into its streets and say, "Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near."

'Whoever listens to you listens to me, and whoever rejects you rejects me, and whoever rejects me rejects the one who sent me.'

The seventy returned with joy, saying, 'Lord, in your name even the demons submit to us!' He said to them, 'I watched Satan fall from heaven like a flash of lightning. See, I have given you authority to tread on snakes and scorpions, and over all the power of the enemy; and nothing will hurt you. Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven.'

Post Communion Collect

O God, whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour. **Amen.**

BIBLE STUDY Come and join us on Tuesdays as we explore a new Bible covering Acts. Between 1030-12 noon in the All Saints' Church Garden room. Refreshments will be served. Come and join in or just sit and listen.

Contact information

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Church Wardens

All Saints' - Sandie Munt (07814 876583), Holly Squires (07970 208482) Holy Trinity - Tineke Rock (296850), Carron Snagge (293221) Northwood Church - Peter Lambert (526385), Pam Clements (526220) St Mary's Church - Barbara Winder (293103), Chris Buckett (638906)

COWES CLUSTER OF CHURCHES' PRAYER LIST

We pray for Audrey R, Arthur & Jane W, Athalie H, Ann H, Barbara S, Betty B, Bob H, Brenda P, Brenda & Brian, Brian C, Clive M, Christopher T, Wendy H, Colin & Clisby and Thelma.

CHURCH SERVICES HAPPENING THIS WEEK		
Wed 9 th	All Saints' Church, Gurnard	10:30 Holy Communion
Sun 13 th July	All Saints' Church, Gurnard	09:30 Celtic Morning Prayer
	Holy Trinity, Cowes	09:30 Holy Communion
	St John's Church, Northwood	11:00 Morning Prayer BCP
	St Mary's Church, Cowes	11:00 Holy Communion
	All Saints' Church, Gurnard	5pm/6pm Taste of Taizé

EVENTS HAPPENING THIS WEEK		
Mon 7 th	10:00-12:00 St Mary's Garden Group. 14:00-16:00 Scrabble Club, All Saints' Garden Room.	
	14:00-16:00 Table Tennis at St Mary's Church.	
Tues 8 th	10:30-12:00 Bible course Study in All Saints' Garden Rm.	
	"Saul" Acts 8 to Acts 9:31	
Thurs 10 th	14:00-16:00 Art & Craft Group, St Mary's Church.	
	14:00-16:00 Elephants' Singalong, All Saints' Garden Room	
	14:00-16:00 Northwood coffee & chat in Church	
Sat 12 th	14:30 All Saints' Summer Concert & Tea Party.	

For more details see 'Cowes Group's Groups & Events' sheet. All welcome!

ELEPHANTS' SING-A-LONG 2nd Thursday each month, 14:00-16:00 in the Garden Room at All Saints' Church, Gurnard. Join us for an afternoon of singing, tea and cake. Everyone welcome - no charge! Tea and refreshments are included. Just come along and have some fun! For info contact Mandy on 07812 131 359.

NORTHWOOD COMMUNITY COFFEE AND CHAT Every second Thursday of the month, 14:00 to 16:00 at Northwood Scout Hall. You'll find a warm, friendly welcome at our Coffee and Chat. Why not come for a chat with coffee or tea and cake? Free entry and refreshments.

ALL SAINTS' SUMMER CONCERT & TEA PARTY, Sat 12th from 14:30, "A summer celebration of Pimms and harp" with harpist Bella Brown. 2pm Pimms reception, 2:30pm Harp, 3pm interval of Victoria sponge, strawberries and tea with harp resuming at 3:30pm. Tickets £6 must be pre-booked to cover expenses (book at church, tel 291759 or text 07818 519177). There will be art on display / sale by Jenny Ward.

FOOD BANK DONATIONS, tinned tomatoes, tinned soup, custard, coffee, baked beans, long-life milk and dogfood (no treats). Toiletries of shampoo, toothbrushes and laundry detergent. Thank you very much.

NORTHWOOD FELLOWSHIP FEAST. On 27th July, 12.30pm at The Traveller's Joy, Pallance Road. Please sign the book in church for catering numbers.