



# Cowes Group Ministry

All Saints' Gurnard with St Faith's,  
Holy Trinity Cowes, St John the Baptist  
Northwood and St Mary the Virgin Cowes.



## Weekly notices for Sunday 7<sup>th</sup> September 2025, Twelfth Sunday after Trinity.

Welcome to our benefice! If you are visiting one of our churches for the first time, please introduce yourself to us!

09:30	All Saints' Church, Gurnard	Holy Communion
09:30	Holy Trinity Church, Cowes	Morning Praise
11:00	St John's Church, Northwood	Holy Communion BCP
11:00	St Mary's Church, Cowes	Holy Communion

### Collect for Today

Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire or deserve: pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid and giving us those good things which we are not worthy to ask but through the merits and mediation of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

### Old Testament reading from Deuteronomy 30:15-20 (NRSV)

See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

### Reading from Psalm 1 (CW)

Blessed are they who have not walked in the counsel of the wicked, nor lingered in the way of sinners, nor sat in the assembly of the scornful. Their delight is in the law of the Lord and they meditate on his law day and night.

Like a tree planted by streams of water bearing fruit in due season, with leaves that do not wither, whatever they do, it shall prosper. As for the wicked, it is not so with them; they are like chaff which the wind blows away. Therefore the wicked shall not be able to stand in the judgement, nor the sinner in the congregation of the righteous. For the Lord knows the way of the righteous, but the way of the wicked shall perish.

### **New Testament reading from Philemon 1-21 (NRSV)**

Paul, a prisoner of Christ Jesus, and Timothy our brother,  
To Philemon our dear friend and co-worker, to Apphia our sister, to Archippus our fellow-soldier, and to the church in your house:

Grace to you and peace from God our Father and the Lord Jesus Christ. When I remember you in my prayers, I always thank my God because I hear of your love for all the saints and your faith towards the Lord Jesus. I pray that the sharing of your faith may become effective when you perceive all the good that we may do for Christ. I have indeed received much joy and encouragement from your love, because the hearts of the saints have been refreshed through you, my brother.

For this reason, though I am bold enough in Christ to command you to do your duty, yet I would rather appeal to you on the basis of love—and I, Paul, do this as an old man, and now also as a prisoner of Christ Jesus. I am appealing to you for my child, Onesimus, whose father I have become during my imprisonment. Formerly he was useless to you, but now he is indeed useful both to you and to me. I am sending him, that is, my own heart, back to you. I wanted to keep him with me, so that he might be of service to me in your place during my imprisonment for the gospel; but I preferred to do nothing without your consent, in order that your good deed might be voluntary and not something forced. Perhaps this is the reason he was separated from you for a while, so that you might have him back for ever, no longer as a slave but as more than a slave, a beloved brother—especially to me but how much more to you, both in the flesh and in the Lord.

So if you consider me your partner, welcome him as you would welcome me. If he has wronged you in any way, or owes you anything, charge that to my account. I, Paul, am writing this with my own hand: I will repay it. I say nothing about your owing me even your own self. Yes, brother, let me have this benefit from you in the Lord! Refresh my heart in Christ. Confident of your obedience, I am writing to you, knowing that you will do even more than I say.

### **Gospel reading from Luke 14:25-33 (NRSV)**

Large crowds were travelling with Jesus; and he turned and said to them, 'Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who

see it will begin to ridicule him, saying, “This fellow began to build and was not able to finish.” Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions.’

## Post Communion Collect

God of all mercy, in this eucharist you have set aside our sins and given us your healing: grant that we who are made whole in Christ may bring that healing to this broken world, in the name of Jesus Christ our Lord. **Amen.**

## COWES ANGLICAN MINISTRY'S PRAYER LIST

**We pray for** Andrew D, Audrey R, Ann B, Ann H, Arthur & Jane W, Barbara S, Betty B, Bob H, Brenda P, Brenda & Brian, Brian C, Clive M, Christopher T, Amy & Wendy H, Colin & Clisby.

**Recently departed:** Please pray for Athalie Hustler and her family, Kay Banks and her family, and for Mary Harvey and her family.

## Contact information

Cowes Ministry Churches joint Parishes Office is open Mon-Fri 10:00-14:00,  
Telephone 07472 358917, or email [ParishOfficeIOW@gmail.com](mailto:ParishOfficeIOW@gmail.com)

Revd Dr Ryan Cook ( 01983 292509 )      Email: CookRevRyan@gmail.com

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Revd. Emma Taylor ( 07305 034207 )      Email: rev.emmataylor@gmail.com

Revd. Lyndi Trombetti ( 07968 629364 )      Email: rev.lyndi@gmail.com

**Church Email addresses -** NorthwoodGurnard@gmail.com

welcome@StMarysChurchCowes.org.uk

## Church Wardens

**All Saints' - Sandie Munt ( 07814 876583 ), Holly Squires ( 07970 208482 )**

**Holy Trinity - Tineke Rock ( 296850 ), Carron Snagge ( 293221 )**

**Northwood Church - Peter Lambert ( 526385 ), Pam Clements ( 526220 )**

**St Mary's Church - Barbara Winder ( 293103 ), Chris Buckett ( 638906 )**

CHURCH SERVICES HAPPENING THIS WEEK		
Wed 10 <sup>th</sup>	St Mary's Church, Cowes	10:30 Holy Communion
Sun 14 <sup>th</sup> Sept	All Saints' Church, Gurnard	09:30 Holy Communion
	Holy Trinity, Cowes	09:30 Holy Communion
	St John's Church, Northwood	11:00 Holy Communion CW
	St Mary's Church, Cowes	11:00 Holy Communion
	All Saints' Church, Gurnard	17:00 Taizé supper and Service

EVENTS HAPPENING THIS WEEK	
Mon 8 <sup>th</sup> September	14:00-16:00 St Mary’s Garden Group. 14:00-16:00 Scrabble Club, All Saints’ Garden Room. 14:00-16:00 Table Tennis at St Mary’s Church.
Tues 9 <sup>th</sup>	10:30-12:00 Bible Study in All Saints’ Garden Room. 10:45 Northwood PCC Meting in Church. 15:15 Julian Meeting at Gill’s home.
Wed 10 <sup>th</sup>	19:00-20:00 Confirmation Class 1, St Mary’s Church, Cowes.
Thurs 11 <sup>th</sup>	10:00-12:00 Northwood coffee and chat in church. 14:00-16:00 Art & Craft Group at St Mary’s Church. 14:00-16:00 Elephant’s Singalong, All Saints’ Garden Room.
Sat 13 <sup>th</sup>	10:00-12:00 Coffee morning at Northwood Church.

**JULIAN MEETINGS**, 15:15 on Tuesday 9<sup>th</sup> September. Meditation and contemplation inspired by Mother Julian of Norwich. Meditations by email if you can’t attend. Enquiries to Gill Murray (292778).

**CONFIRMATION CLASSES (1 hour sessions)** from 7pm on Wednesday 10<sup>th</sup> September, this is a six-week course open to anyone 12 to 100+ years old, finalising in a Confirmation Service at St Mary’s in Brading. To find out more and register your interest, please contact parishofficeiow@gmail.com

**CIRCLE DANCING** 14:15 to 15:45 at Gurnard Village Hall - gentle, supported exercises in a simple dance format, currently seated. As part of our ‘Elephant Club’ programme. No special clothing, equipment or ability required. Free tea and refreshments are provided - all welcome, no charge. For any information contact Mandy on 07812 131 359

**NORTHWOOD COMMUNITY COFFEE AND CHAT** 14:00-16:00, in the church. Come for a chat with coffee or tea & cake? Free entry & refreshments.

**HARVEST FESTIVAL** at All Saints’ Gurnard will take place on Sunday 21<sup>st</sup> September at 09:30. Donations to foodbank of NON-PERISHABLE foods and also toiletries would be gratefully received.

**FLOWER ARRANGING WORKSHOP** “It’s a Wonderful World” with Julie Richardson at All Saints’ Gurnard, 2-4pm on Saturday 27<sup>th</sup> September, Tickets are £10 from Church, phone 281759 or, text 07818 519177. There will be a flower arrangement raffle towards church funds.

**WESSEX ROTARY SHOEBOX SCHEME.** Northwood Parish Church Will be participating in this year’s Wessex Rotary Shoebox Scheme for Christmas. Forms and a box from Northwood Stores or Northwood Church. . Please return filled boxes with £2.00 on the top to either of the above by Sunday 19th October 2025. Thank you.