



Cowes Group Ministry
All Saints' Gurnard with St Faith's,
Holy Trinity Cowes, St John the Baptist
Northwood and St Mary the Virgin Cowes.



Sunday 21st June 2026
Third Sunday After Trinity.

Welcome to our benefice! If you are visiting one of our churches for the first time, please introduce yourself to us!

Collect for Today

Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father: give us grace to dedicate our freedom to your service, that we and all creation may be brought to the glorious liberty of the children of God; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen.

Old Testament Reading from Jeremiah 20:7-13 (NRSV)

O Lord, you have enticed me, and I was enticed; you have overpowered me, and you have prevailed. I have become a laughing-stock all day long; everyone mocks me. For whenever I speak, I must cry out, I must shout, 'Violence and destruction!' For the word of the Lord has become for me a reproach and derision all day long. If I say, 'I will not mention him, or speak any more in his name', then within me there is something like a burning fire shut up in my bones; I am weary with holding it in, and I cannot. For I hear many whispering: 'Terror is all around! Denounce him! Let us denounce him!' All my close friends are watching for me to stumble. 'Perhaps he can be enticed, and we can prevail against him, and take our revenge on him.' But the Lord is with me like a dread warrior; therefore my persecutors will stumble, and they will not prevail. They will be greatly shamed, for they will not succeed. Their eternal dishonour will never be forgotten.

O Lord of hosts, you test the righteous, you see the heart and the mind; let me see your retribution upon them, for to you I have committed my cause. Sing to the Lord; praise the Lord! For he has delivered the life of the needy from the hands of evildoers.

Old Testament Reading from Psalm 69:7-10, [11-15], 16-18 (NRSV)

For your sake have I suffered reproach; shame has covered my face. I have become a stranger to my kindred, an alien to my mother's children. Zeal for your house has eaten me up; the scorn of those who scorn you has fallen upon me. I humbled myself with fasting, but that was turned to my reproach. I put on sackcloth also and became a byword among them. Those who sit at the gate murmur against me, and the drunkards make songs about me. But as for me, I make my prayer to you, O Lord; at an acceptable time, O God.

Answer me, O God, in the abundance of your mercy and with your sure salvation. Draw me out of the mire, that I sink not; let me be rescued from those who hate me and out of the deep waters. Let not the water flood drown me, neither the deep swallow me up; let not the Pit shut its mouth upon me. Answer me, Lord, for your loving-kindness is good; turn to me in the multitude of your mercies. Hide not your face from your servant; be swift to answer me, for I am in trouble. Draw near to my soul and redeem me; deliver me because of my enemies.

New Testament Reading from Romans 6:10-11 (NRSV)

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. ⁶We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. ¹⁰So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Gospel reading from Matthew 19:24-39 (NRSV)

Jesus said to the twelve, 'A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

'So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

'Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

'Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword. For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law; and one's foes will be members of one's own household. Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.'

Post Communion Collect

O God, whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour. **Amen.**

COWES GROUP MINISTRY'S PRAYER LIST (group 2)

We pray for those struggling in one way or another: Darren S, Dave P, Den C, Rev Diana, Elizabeth K, Graham, Hayley, Helen S, Ian M, Ingrid B, Jane P, Janet A, Jay H, Joanne, Karen K, Lee H, Liz, Margaret M, Matthew S, Mike B, Mollie & Rob E, Moira, Martin, Amy & Wendy H.

CHURCH SERVICES HAPPENING THIS WEEK		
Sun 21 st	St John's, Northwood	18:00 Reverend Diana's Holy Communion Service.
Wed 24 th	All Saints', Gurnard	10:30 Holy Communion
Sun 28 th June	All Saints', Gurnard	09:30 Holy Communion
	Holy Trinity, Cowes	09:30 Holy Communion
	St John's, Northwood	11:00 Holy Communion
	St Mary's, Cowes	11:00 Holy Communion

	Newport Minster	17:00 New Archdeacon Licensing, all welcome.
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If you would like to contact any of our members of the Clergy or Church Wardens please email ParishOfficeiow@gmail.com or call 07472 358917.

EVENTS HAPPENING THIS WEEK	
Mon 22 nd	09:15-11:15 Cloud Tots at All Saints' Gurnard. 10:00-12:00 St Mary's Garden Group. 14:00-16:00 Scrabble Club, All Saints' Garden Room. 14:00-16:00 Table Tennis at St Mary's Church Hall.
Tues 23 rd	10:30-12:00 Bible Study at All Saints' Garden Room.
Thurs 25 th	10:30 -11:30 All Saints' Coffee and Chat, all welcome. 14:00-16:00 St Mary's Art & Crafts group, all welcome. 18:30 for 19:00 All Saints' Film Club, 'Joy' (2024).
Fri 26 th	10:00-12:00 St John's Church Cleaning Group 10:00-12:00 St Mary's Church Cleaning Group
Sat 27 th	12:30 All Saints' Parish "Salmon and Strawberries Summer Celebration" 14:00 Wedding of Harrison & Olivia, St John's Church
Sun 28 th	12:30 Northwood Fellowship Feast, please sign up in church for catering numbers.

ALL SAINTS' PARISH "SALMON AND STRAWBERRIES SUMMER CELEBRATION" Tickers £20 pp

Reverend Diana Netherway's 30 years Service. On Sunday 21st June, St John the Baptist Church, Northwood are hosting a Holy Communion Service celebrating Reverend Diana's 30 years of Ordained Ministry. 18:00 Everyone very welcome.