CIRCLE DANCING



All Saints Monthly Circle Dancing
The next four meetings are on:

Thursday 2nd October
Thursday 6th November
Thursday 4th December
2.15 – 3.45 pm

Gurnard Village Hall, Worsley Road

These sessions are gentle, supported, exercises in simple dance format, currently seated.

As part of our ELEPHANT CLUB programme, the Circle Dancing sessions offer the same warm welcome and friendly encouragement to all our memory-challenged guests, and their carers.

No special clothing, equipment or ability is required. Free tea and refreshments are provided.

For information, please contact Mandy on 07812 131359