



Cowes 4 Churches Walk Invitation. Saturday 14 September 2024

Hello, I'm Simon Bean.

I am the St. Mary's Church Cowes contact for Ride & Stride for Churches.

This year I thought it would be fun to walk to the 4 churches in the Cowes Cluster and this is an invitation for you to join in on the walk.

Ride & Stride is a national fund-raising event for the Historic Churches Trust. Each walker chooses the church they wish to walk for. Half the money they raise goes to their chosen church and half to their regional churches trust. On the Island this is The Hampshire and the Islands Historic Churches Trust.

In 2023 Ride & Stride in Hampshire and the Isle of Wight raised over £50,000 of sponsorship money, including Gift Aid. This sponsorship money helps to fund repairs to the historic fabric and features of churches as well as urgent repairs such as retaining walls in graveyards, leaky roofs and the installation of facilities to make Island and Hampshire's historic churches, chapels and meeting houses of all denominations fit to serve local communities for future generations.

If you would like to join us the main walk route and times will be:

Catch bus from Cowes Carvel Lane to Chawton Lane, either:

10.00 via Park & Ride or 10.10 via Round House.

Get off at Chawton Lane stop. (One stop before the Showground.)

Follow signs to St. John's Northwood to meet at 10.30.

Set off at 10.40. Walk along Church Lane, then right on Medham Farm Lane and down to the Medina cycle path. Onwards into Cowes via High Street and Carvel Lane.

Up Terminus Road to St. Mary's Church. Approx arrival 11.40.

11.50 through Northwood Park to Holy Trinity. Arrive about 1200.

12.15 set off for All Saints. Seafront walk along Prince's Esplanade to Gurnard Bay.

Arrive All Saints about 13.15. Total distance approx. 5 miles.

You are welcome to do as many churches as you wish and join or leave us en-route. If your mobility is reduced there is a walker friendly route from St. Mary's to Holy Trinity or a shorter, flatter route along Crossfield Avenue from St. Mary's to All Saints. Let us know if you need help and we will arrange help. Pets and children are very welcome.

Sponsorship and fellowship.

Ride & Stride is for fund raising however fun and fellowship are as important. Please come and join in and enjoy a morning of gentle exercise and conversation.

Please let me know if you plan to join the walk and I can send you a sponsor form.

If you want to know more phone or text me: 07758 936587 or email beansofcowes@gmail.com

I look forward to hearing from you.

Best wishes Simon Bean

National Ride & Stride info at:

Hampshire and the Isle of Wight Ride & Stride: <https://hihct.org.uk/ride-and-stride/>

Ride & Stride national website: <https://ridestride.org/>