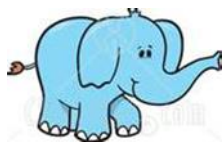


CIRCLE DANCING



The next meetings are on:

Thursday 3rd September

Thursday 1st October

Thursday 5th November

Thursday 3rd December

2.15 – 3.45 pm

in

Gurnard Village Hall, Worsley Road

These sessions are gentle, supported, exercises in simple dance format, currently seated.

As part of our ELEPHANT CLUB programme, the Circle Dancing sessions offer the same warm welcome and friendly encouragement to all our memory-challenged guests, and their carers.

No special clothing, equipment or ability is required. Free tea and refreshments are provided.

For information, please contact Mandy on

07812 131359