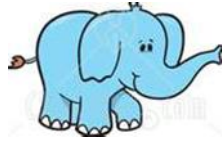


# CIRCLE DANCING



All Saints Monthly Circle Dancing  
The next three meetings are on:

Thursday 5<sup>th</sup> September  
Thursday 3<sup>rd</sup> October and  
Thursday 7<sup>th</sup> November

2.15 – 3.45 pm

Gurnard Village Hall, Worsley Road

These sessions are gentle, supported, exercises in simple dance format, currently seated.

As part of our ELEPHANT CLUB programme, the Circle Dancing sessions offer the same warm welcome and friendly encouragement to all our memory-challenged guests, and their carers.

No special clothing, equipment or ability is required. Free tea and refreshments are provided.

For information, please contact Mandy on

07812 131359