



78 Micro Nutrients™ - The clay that can Heal your body

'In the beginning God gave to every people a cup of clay; and, from this cup they drank their life'. We have, long, heard of people eating clay known as either 'geophagy' (pronounced...gee-off-uh-gee), or, 'pica'. Taber's Cyclopedia Medical Dictionary defines geophagy as 'a condition in which the patient eats inedible substances such as chalk, or earth'. And, it defines pica as 'a perversion of appetite with cravings for substances not fit for food such as clay, ashes or plaster'.

This craving I perceive is not perverted at all; but makes sense when you know what this clay contains and what it does for the body. It has been credited with improving the health of many people suffering from a wide range of illnesses. These include: constipation, diarrhea, anemia, chronic infections and 'out-fections', skin ailments (such as eczema and acne), heavy-metal poisoning, exposure to pesticides (and other, acidic, toxins), arthritis, acid reflux, infertility, liver disease and obesity.

It is the 'secret ingredient' in the treatment of hair-loss and diabetes, (both Type I and Type II)! . This 100% naturally chelated and ionic trace mineral rejuvenator, captured in special Calcium Montmorillonite clay, with over 78 minerals has a perfect pH (6.7 to 7.3) balance and mineral molecular structure like none other in the world. This unique material has been sold under various names over the years, such as Nutrilite, 78 minerals 76 minerals, Excelerite® and many others that use this material as their main ingredient which makes they're products work.

78 Micro Nutrients™ provides an impressive assortment of minerals, including calcium, iron, magnesium, potassium, manganese, sodium and silica -- all alkalizing to the blood and tissues and foundational in the production of other elements through nuclear transformations or biological transformations. The minerals in this very special clay exist in natural proportion to one another. This encourages their absorption by the intestinal villi.

The body can tolerate a deficiency of vitamins for a longer period of time than a deficiency of minerals. A slight change in the blood concentration of important minerals can rapidly endanger life! In a clay mineral the elements of oxygen, silica, and potassium are spheres arranged in a regular three-dimensional pattern. The spheres are the building blocks of the clay minerals; and, the arrangement of the spheres determines the



type of mineral. The character of the clay mineral group determines the type of clay and its eventual use. In other words, the clay mineral structure gives an understanding of its specific properties. Among the clays suitable for eating, is **78 Micro Nutrients™**, the most common and the most sought-after. The mineral clay belongs to a group of clays known as smectite, a word that describes its layered structure. It has been used by NASA to help the astronaut's form losing muscle mass when they are up in space, other companies have made millions using **78 Micro Nutrients™** in many of their products.

The smectites are one of seven clay mineral groups. Each group contains a certain number of species and variations on the layered structure. **78 Micro Nutrients™** is structured in a single silica tetrahedron and is the main building block of **78 Micro Nutrients™** and the best for eating. **78 Micro Nutrients™** is an old Home-Remedy that people have used since the beginning of time for various reasons.

Its origins are as simple and basic as the old practice of putting mud on a bee sting. **78 Micro Nutrients™** comes from deposits near Panaca, NV. Geologically speaking **78 Micro Nutrients™** is a volcanic ash, which was deposited in seawater. By modern definition it is swelling-type clay in its 'natural' state with no additives, chemicals or preservatives. The only processing it undergoes is crushing.

What Makes 78 Micro Nutrients™ So Special?

78 Micro Nutrients™ minerals occur in very small or colloidal particles. They are extremely fine-grained and thin-layered...more so than any of the other clay minerals found to date in the world. The layers contain ions that are very loosely, bound to one another...and, easily exchangeable. Not only will acidic toxins stick to its outside surface; but, numerous toxic elements and organic matter will enter the space between the layers.

In addition to its already unique structure, **78 Micro Nutrients™** has a particularly large surface area when properly hydrated with distilled water..., which further boosts its adsorptive and absorptive properties

These two words look alike but their difference is critical in understanding the functions of **78 Micro Nutrients™** minerals. Adsorption characterizes the process by which substances stick to the outside surface of the adsorbent medium. The clay in **78 Micro Nutrients™** possesses unsatisfied ionic bonds around the edges of its mineral particles. It naturally seeks to satisfy those bonds.

For this to happen it must meet with a substance carrying an opposite electrical or ionic charge. When this occurs, the ions held around the outside structural units of the adsorbent medium and the substance are exchanged. The particles in **78 Micro Nutrients™** carry a negative, electrical charge; whereas, impurities or toxins carry a positive electrical charge. For this very reason **78 Micro Nutrients™** has been used to adsorb the colloidal impurities (alcohol and other exotoxins and mycotoxins) in beer, wine, liquor, and cider. The impurities in wine carry positive charges; and, can be chelated or coagulated (bound together) and removed by stirring a small amount of negatively charged **78 Micro Nutrients™** materials into the wine or beer. The **78 Micro Nutrients™** clay particles attract the mycotoxins or alcohol in the wine or beer and they settle to the bottom of the bottle or glass together.

The process works the same in the human body. When **78 Micro Nutrients™** is taken internally the positively charged exotoxins and mycotoxins are attracted by the negatively charged edges of the clay mineral.

An exchange reaction occurs; whereby, the **78 Micro Nutrients™** clay swaps its ions for those of the other substance. Now electrically satisfied it holds the acidic toxin in suspension until the body can eliminate both. The term 'active' or 'alive' indicates the ionic exchange capacities of a given clay mineral. The degrees to

Which the **78 Micro Nutrients™** clay mineral ions become active determine its classification as 'alive'. Living bodies are able to grow and change their form and function by taking within themselves 'lifeless' material of certain kinds; and, biologically transforming it into a part of themselves. No dead body can adsorb just as no dead battery can provide energy. It is, physically impossible. That is why **78 Micro Nutrients™** is such a powerful substance.

IT IS ALIVE!!!!

Chemically and structurally **78 Micro Nutrients™** Clay is shaped like a credit card with negative charges on the flat surface and positive charges at the edges. Therefore, the negative charge is many times more powerful than the positive charge. One gram of **78 Micro Nutrients™** has a surface area of 800 square meters.

To give that some serious perspective that's about ten football fields! The greater the surface area of the **78 Micro Nutrients™** clay the greater the power to pick up positively charged particles or acidic toxins many times of its own weight. If we go back to our base physical components we can safely say that we are built from multitudes of particles (from dust you are and to dust you will return) held together by electrical bonds. Electrical forces are what hold atoms and molecules together. Chemical bonds and reactions depend on the electrical forces. Therefore, all chemical reactions are in essence reorganization of electrical forces, which continue to be vital at body levels, i.e., tissues and organs. When this is all taken into account a living organism is shown to be an extremely intricate electrical system. During sickness or disease the vital life force is weak and incapable of supporting the body and its functions. In health and fitness however the opposite occurs: the life force or 'zeta potential' is strong and able to counteract sickness and disease (or, should I say spoiling and rotting).

What keeps the white blood cells moving and doing their work of clearing out toxins is the energy that feeds it, the substance of life – the 'zeta potential'. The body will not run well; or, will at least run with all sorts of mechanical problems when there is no life-force energy or 'zeta potential' to support it. When **78 Micro Nutrients™** is consumed its vital life force or 'zeta potential' is released into the physical body; and, mingles with the vital life force of the body creating a stronger, more powerful energy in the host. Its, colloidal particles are agents of stimulation and transformation capable of withholding and releasing energy at impulse. The natural magnetic action transmits a remarkable power to the organism and helps to rebuild vital 'potential' through the liberation of latent energy. When it is in contact with the body its very nature compels it to release its vital force: the, vital force from which so many plants and animals feed. Therefore, in order to create health and true fitness the body MUST BE STIMULATED and, stimulated by another working energy like **78 Micro Nutrients™**

When the white cells, the garbage collectors of our body fluids do not function at their best the **78 Micro Nutrients™** supports the body's inner resources to awaken the stagnant energy by binding exotoxins and mycotoxins. It also supplies the body with the available magnetism to run WELL! In this way the body's natural immune system has an improved chance of restoring the alkaline pH by removing morbid matter and acidic toxins thereby maintaining health and fitness.

How is 78 Micro Nutrients™ Used Externally in the Normal Old Home-Remedies?

78 Micro Nutrients™ has a consistency of mustard and is ready to eat or it can be mixed in water.

Old-Timers would apply the gel/paste directly to the skin for a drawing-effect as in the case of a bee sting, mosquito bite, boil, spider bite, stinging nettle, etc. If the clay is not covered it will dry out; and, as it dries you will feel it draw and pull. If you want a tightening-effect as in the case of a facial for acne, pimples, or minor cuts leave it on until it is almost, but not totally dry. Then remove with a warm wet washcloth and, splash with warm water to remove all traces of the clay. If you want an even more 'cooling and soothing effect' such as for burns or scrapes and bruises; cover the gel with a plastic covering or wet cloth so that it won't dry out. If users were not sure which technique would suit there needs best they often alternated between covered and uncovered applications of the clay. 78 Micro Nutrients™ has been applied once or twice daily or even left in place overnight, as desired. Other external uses for the 78 Micro Nutrients™ have been as a fine talcum powder or a diapering powder.



Instructions for using 78 Micro Nutrients™: There are many different ways of using the 78 Micro Nutrients™ externally; but most all start out with the gel. Make the gel about the consistency of mayonnaise or mustard by mixing 2 parts water with 1 part 78 Micro Nutrients™. Apply generously in a ½ inch to ¾ inch layer directly onto the skin. An alternative that allows for more mobility is to apply 78 Micro Nutrients™ on a piece of 'cheese cloth'; and, fold the cloth as if making a 'burrito'. Secure to the skin with an Ace' bandage. After applying there are several options: Uncovered: Some people apply the 78 Micro Nutrients™ leaving it uncovered allowing it to dry. As it dries it will 'draw' or 'pull'. Remove before the clay is totally dry. Covered with Cloth: Covering the 78 Micro Nutrients™ with a cloth will secure it to the desired spot and cause the clay to dry more slowly.

Doing this enables you to leave the 78 Micro Nutrients™ in place overnight or to be able to be mobile during the day without the clay transferring to clothing and household furniture. Wetting the cloth with water will slow the drying rate and increase the 'cooling sensation'. Again remove the 78 Micro Nutrients™ pack before it is totally dry; and, replace it with a fresh application of 78 Micro Nutrients™ gel, if desired.

Covered with Plastic: Covering the 78 Micro Nutrients™ with plastic wrap or a plastic bag keeps the 78 Micro Nutrients™ from drying at all which is the desired effect if you are applying it to a burn. Even though the clay will not dry when covered with plastic some people prefer to replace it twice daily. Other people have found that even leaving the pack in tact on a burn for two or three days will produce beautiful new 'pink skin'. Using the Dry 78 Micro Nutrients™: People say using it as a baby powder causes diaper rash to

disappear before the next diaper change. Some people have reported a 'drawing-healing action' when the **78 Micro Nutrients™** is applied to an open infected wound.

If you have never tried using **78 Micro Nutrients™** before and plan on using it for the first time on your skin expect a REAL TREAT! Here are some testimonies from people after taking **78 Micro Nutrients™** for four weeks:

- * No more skin rashes
- * No more acne
- * No more dandruff
- * NEW AND, INCREASED HAIR GROWTH!!!
- * Less 'wandering-pain' all over my body
- * Clearer skin
- * Enhanced growth and tissue repair of gums and skin
- * Softer skin
- * No more brown skin spots
- * Skin is less dry and feels more hydrated
- * After soaking my feet in a water bath of clay no more toe fungus
- * My skin feels tighter and younger
- * The redness on my face is almost gone after all these years.

<https://78minerals.com/home>

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