

DECEMBER 2024 | VOL. 1

THE SEEKER'S SCROLL



Monthly Newsletter from 2 Minutes with the Lord

Beginnings

WRITTEN BY FR. VEIGAS DOMINIC SVD

Dear Friends in Jesus Christ,

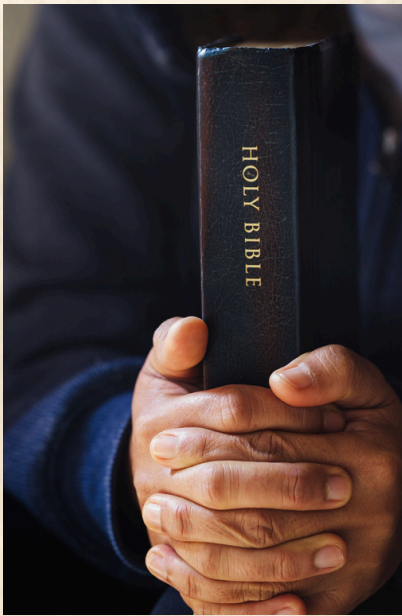
Have you ever found yourself in a moment of isolation, wondering how God might call you to serve unexpectedly? That moment came during the COVID-19 pandemic 2020 when the world stood still, but the Word of God remained alive and active.

As a Divine Word priest, I was entrusted with caring for a sprawling 14-acre farm, cultivating wheat, soybeans, lentils, and vegetables. In the silence of those fields, far from the busy rhythm of community life, I was drawn into deep reflection. While the world battled uncertainty, I pondered how to proclaim the Good News to people who felt isolated and needed hope.

Social media had become a lifeline for many. Masses were streamed, spiritual talks went viral, and the Word of God reached living rooms across the globe. Inspired by this digital evangelization, a spark ignited within me: '2 Minutes with the Lord' was born—a daily Gospel reflection delivered in less than two minutes. I began recording voice messages and uploading them to YouTube, Instagram, and Twitter. Those two-minute reflections were my humble offering to share Christ's love.

For three or four months, the project blossomed. But as the world slowly returned to normalcy, so did my responsibilities. I was reassigned to a new mission as the treasurer of the Province, moving from farm to finance. My channel went quiet, a seed buried in the soil, waiting for its time.

Two years passed. In 2023, the Lord whispered again, calling me to revive this ministry. I returned to '2 Minutes with the Lord with renewed zeal.' To my amazement, the channel flourished in ways I had never anticipated. What started as a simple voice message has become a platform for sharing God's love, wisdom, and peace with countless souls. The blessings have been abundant—a hundredfold.



Looking back, I realize that God's call often comes in life's quiet, unexpected moments. The words of our founder, St. Arnold Janssen, resonate deeply with me: "Proclaim the Gospel where it is not preached." Today, social media has become a new frontier for mission, and I am humbled to be a small part of this great task. This Advent, as we prepare our hearts for the coming of Christ, I invite you to journey with me. Let us embrace new ways to proclaim the Word of God and shine His light in our digital age.

Stay tuned for more updates and reflections. May your Advent be filled with peace, hope, and the abiding love of Christ.

With prayerful blessings,
Fr. Veigas Dominic SVD

2 Minutes of Divine Wisdom

REFLECTION ON THE WORD OF GOD

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." John 3:16

This verse is the heart of the Gospel—a divine declaration of love and sacrifice. It reminds us that God's love is not distant or abstract but deeply personal and transformational. Through Jesus, God reached out to humanity, offering us the gift of salvation and a relationship with Him.

Take a moment to reflect: This love is unconditional. It doesn't depend on who we are or what we've done but on God's unchanging nature. Every time we feel unworthy or distant from God, John 3:16 invites us back to the truth—He loves us enough to give His everything.

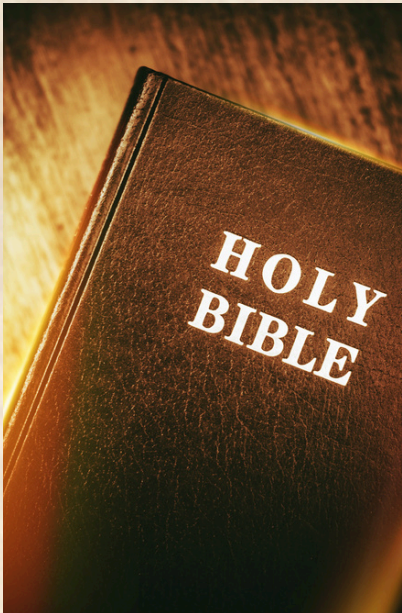
In your daily life, how do you respond to such a gift? Perhaps it's in trusting His promises, sharing His love with others, or simply spending two quiet minutes in gratitude.

Remember, believing isn't just about acknowledgment—it's about embracing this love and letting it shape your life.

Pause today and ask yourself:
"How can I live as someone deeply loved by God?"

"Seek the Lord and His strength; seek His presence continually."

— 1 Chronicles 16:11



INSTA-SAINT



Aurelius Augustinus 

1500
Posts

2.5M
Followers

150
Following

@Saint_Augustine

✨ "From Restless Rebel to Heavenly Influencer"
"Our hearts are restless until they rest in You."
since 430 AD 🕊

 Bio:

-  Hippo, North Africa
-  Bishop | Theologian | Confessions Author
-  Former Party Prodigy
-  Found Peace in God's Word

Follow

Message



Confessions



Mom



Diocese of Hippo



Philosophers Meet



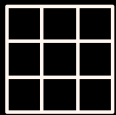
Heresies



The City of God



St. Ambrose



SAINT AUGUSTINE OF HIPPO

📁 Highlights:

Early Days: Chasing fame, pleasure, and power 🚶➡️💔

Glow-Up: Romans 13:13 changed EVERYTHING! 📖✨

Legacy: Became one of Christianity's GOAT theologians 🏆

📖 Story Post:

Patron saint of brewers 🍷 (Yes, really!)—proof that anyone can find grace.

🙏 #FaithTip:

Pray today: “Lord, let my restless heart rest in You.”

💡 Quick Challenge:

What's one thing making you restless?

Write it down ✍️.

Pray for peace daily.

#InstaSaint Vibes:

#FromPartyToPrayer #RestInGod #SeekAndFind



Christmas Vibes

The Joy of Christ's Birth

"For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace."

– Isaiah 9:6



The Meaning of Christmas

Christmas is more than lights, gifts, and celebrations—it's the celebration of God's ultimate gift: His Son, Jesus Christ. Born in a humble manger, Christ entered our world as the light of hope, peace, and salvation. His birth reminds us that God is not distant but comes to dwell among us, sharing in our joys and struggles.



A Prayer for Christmas

“Lord Jesus, You came into the world as a tiny child, bringing light to a darkened world. Fill our hearts with Your peace, our homes with Your love, and our lives with Your joy. May we carry the spirit of Christmas throughout the year. Amen.”



What we do?




A passionate missionary and Society of the Divine Word (SVD) member, Fr. Dominic has dedicated his life to spreading the Good News.


“2 Minutes with the Lord” is more than a moment—it’s a movement. This revolutionary initiative was founded by Fr. Veigas Dominic SVD and was born from a heartfelt desire to bring the Gospel to the digital age. Recognizing the power of social media to connect people across the globe, Fr. Dominic set out to make the timeless truths of the Catholic faith accessible to everyone, anywhere, anytime.





Our Mission: To inspire and nourish souls by sharing the Gospel in a profound and practical way. We believe that even in the busiest of lives, dedicating just two minutes to the Lord can spark transformation, provide comfort, and deepen one’s faith journey.

What We Offer:

 **Podcasts:** Dive into engaging reflections and teachings with over 40 episodes that you can listen to on the go. Our episodes are designed to fit into your daily routine while leaving a lasting impact on your heart.

 **Social Media Connections:** Join our vibrant community on Instagram, Facebook, and YouTube. We share daily inspirations, uplifting messages, and live sessions that foster a sense of fellowship and spiritual growth.

 **Books and Publications:** Explore our range of books that delve deeper into faith topics, offering insights, stories, and guidance to enrich your spiritual life.

 **Website Resources:** Visit www.2minuteswiththelord.com for a wealth of resources, including articles, videos, and information about upcoming events and programs.

Join the Revolution:

In a fast-paced world filled with noise and distractions, "2 Minutes with the Lord" offers a sacred pause. It's an invitation to reconnect with what truly matters, to find peace amid chaos, and to experience the profound love of God in just moments each day.

Mail us: 2minuteswiththelord@gmail.com

Let's Connect

Instagram – @2MinutesWithTheLord

YouTube – 2 Minutes with the Lord

Website – www.2minuteswiththelord.com: Your one-stop hub for bible resources and programs.

Podcast

Listen now on [Spotify, Apple Podcasts, or Amazon Music]
@2 Minutes with the Lord

Season One : Faith Series

Season Two: Hope Series

Season Three: Miracle Series

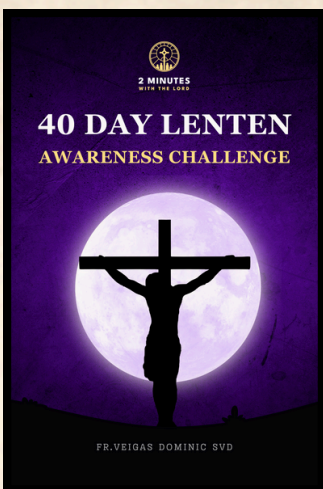
Season Four: Parable Series

Season Five: Psalm Series (Coming Soon)

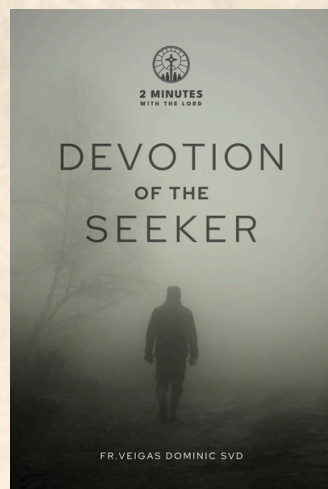


12 Episodes every season

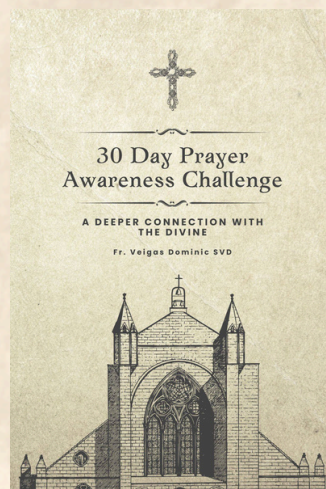
Books



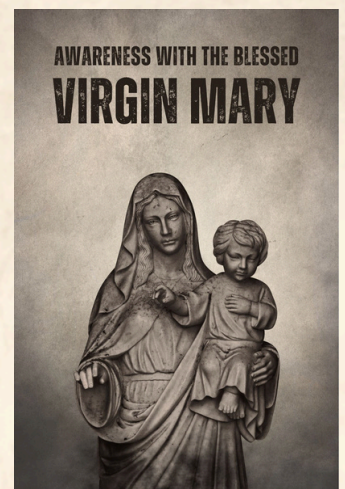
40 Day Lenten Awareness Challenge



Devotion of the Seeker



30 Day Prayer Awareness Challenge



Awareness of the Blessed Virgin Mary

Available on [Amazon.com](https://www.amazon.com)