

APRIL 2025 | VOL. 5

THE SEEKER'S SCROLL



Monthly Newsletter from 2 Minutes with the Lord

He is not here; He has risen.



Dear Friends in Christ,

Alleluia! Christ is Risen!

With hearts full of joy and gratitude, we enter the radiant season of Easter, the summit of our Christian journey. After walking through the desert of Lent, standing at the foot of the Cross on Good Friday, and sitting in the silence of Holy Saturday, we now arrive at the empty tomb—the ultimate sign of victory, life, and new beginnings.

The Resurrection of Jesus is not just a moment in salvation history—it is the turning point of human existence. It shatters the finality of death and ushers in eternal hope. In rising from the grave, Jesus has conquered the darkness of sin and opened the door to a life that is forever transformed.

But the Resurrection is more than a historical fact; it is a present invitation. Christ calls us to live the risen life—not bound by fear, guilt, or despair but marked by joy, peace, and courageous faith. The same power that raised Jesus from the dead is alive in us today, enabling us to walk out of our tombs—the tombs of hopelessness, resentment, anxiety, and indifference.

This Easter season, I encourage you to ask:

- What am I being called to leave behind in the tomb?
- How can I live more fully in the light of the Resurrection?
- Where is God calling me to share the joy of new life with others?



Let Easter be more than a day on the calendar—let it be a way of life. Celebrate not just with songs and greetings but with a renewed heart, ready to embrace God’s surprises and spread His love. Let your everyday choices reflect the hope of the Risen Lord, whether through acts of kindness, forgiving those who have hurt you, or offering encouragement to someone feeling lost.

May we, as people of the Resurrection, shine as beacons of hope in a world that often searches for meaning in darkness. Let our lives echo the angel’s words to the women at the tomb: “He is not here. He has risen!”

May this Easter fill your home, heart, and life with Christ's unshakable joy. And may you carry the light of the Resurrection into every corner of the world you touch.

With Easter joy and blessings,
Fr. Veigas Dominic, SVD

2 Minutes of Divine Wisdom

REFLECTION ON THE WORD OF GOD

Verse: “If anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.” –

2 Corinthians 5:17

This verse captures the essence of Christian transformation through the mystery of the Resurrection. St. Paul, writing to the Church in Corinth, reminds believers that faith in Christ is not simply an external affiliation or moral improvement—it is a complete inner renewal, a spiritual rebirth.

The phrase “in Christ” is central to Pauline theology. It reflects a profound, living union with Jesus. To be “in Christ” means that we are no longer defined by our past mistakes, sins, failures, or even our worldly status. Instead, we are embraced and reformed by the grace of God. Our old identity—marked by separation from God—is replaced by a new identity as beloved children, restored and reconciled to the Father.



The Greek word used for “new” is “kainē,” which differs significantly from “neos” (which refers to something new in time). Kainē speaks of a new kind of existence—something transformed in quality and essence. It signifies a fresh start and a redefinition of one’s very nature. In Christ, we don’t merely start over—we become something entirely new.

Paul uses the image of “the old has passed away” to emphasize that the believer’s former way of life—dominated by sin, fear, guilt, or worldly desires—no longer has power. The “old self” is crucified with Christ (Romans 6:6), and a new life begins, empowered by the Holy Spirit.

The Resurrection is not just an event that happened over 2,000 years ago—it is an invitation to a new way of being today.

- Are you still living with the weight of your "old self"?**
- Do you see yourself as a new creation, or are you clinging to shame, fear, or brokenness?**
- What would it look like to live fully "in Christ" each day—with purpose, freedom, and hope?**

This verse reminds us that through Christ's resurrection, we are no longer defined by what we were but by what God is creating in us now. Easter is the perfect season to embrace this truth and begin living boldly as a new creation.

Prayer for the Week:

"Lord Jesus, thank You for making me new. Help me to let go of all that belongs to the old way of life, and to walk forward in the freedom of Your resurrection. Teach me to live fully in You—transformed, renewed, and full of hope. Amen."

Vatican Longevity Summit: A New Vision for Ageing with Dignity and Wisdom

On March 24, the Pontifical Academy for Life hosted the much-anticipated “Vatican Longevity Summit: Challenging the Clock of Time” at the Pontifical Patristic Institute Augustinianum in Rome. The event brought together scientists, theologians, and ethicists to explore how to extend life and enhance the quality and dignity of life as we age.

The summit was presented at a Vatican Press Conference. Archbishop Vincenzo Paglia, President of the Pontifical Academy for Life, shared a compelling vision: “The elderly are not a burden but a blessing. Their experience is a wellspring of wisdom and humanity—a heritage we cannot afford to neglect.”

Pope Francis: “Old Age is Grace, Not Decline”

Though recovering from recent health issues, Pope Francis sent his heartfelt greetings and was joyfully welcomed back to the Vatican. His consistent message resounded throughout the event: “A people that does not cherish the elderly is a people without a future.”

He has often spoken of ageing not as decline, but as a grace-filled stage of life, a time when the memory and wisdom of generations must be honored, heard, and celebrated.

Intergenerational Connection: A Path to Unity

Archbishop Paglia addressed a growing concern in modern society: the generation disconnect. While many families today include four or five generations coexisting, communication and connection between them often fall short.

He called for a cultural shift that values the elderly for what they have done and who they are: carriers of wisdom, faith, and endurance. “We must build bridges between generations,” he said, “to cultivate a society rooted in solidarity, not isolation.”

Science, Ethics, and the Future of Ageing

The summit featured renowned experts, including Dr. Venkatraman Ramakrishnan, Nobel Laureate in Chemistry, and Dr. Juan Carlos Izpisua Belmonte, a pioneer in regenerative medicine.



Dr. Ramakrishnan raised critical ethical questions about the future:

“If new therapies increase longevity, will they be accessible to all? Or will the world divide further between those who can afford long life and those who cannot?”

He emphasized that the goal of science must not only be to add years to life, but to add life to those years—ensuring that advances in medicine serve the common good, not just the privileged few.

Dignity in Fragility: A Gospel Witness

Reflecting on Pope Francis’ own journey with illness, Archbishop Paglia noted, “Ageing is marked by fragility—but this is not something to be hidden or rejected. It is part of our humanity.” In that vulnerability, he said, lies an opportunity to discover meaning, deepen compassion, and embrace the full arc of life.

Dr. Giulio Maira, a leading neurosurgeon and speaker at the summit, affirmed that medical care for the elderly must always focus on prevention, restoration, and respect. The goal is not simply to avoid death, but to live well—with dignity, peace, and purpose.

In a world that often fears ageing and idolizes youth, the Church offers a countercultural truth: Life’s final chapters can be its most meaningful. Our elders are not to be sidelined, but embraced as mentors, prayer warriors, and bearers of grace.

Let us take this message to heart—honor the ageing, cherish their stories, and walk with them in love. In doing so, we prepare not only for their future, but our own.



Courtesy: Vatican News

INSTA-SAINT





@BlessedCarloOfficial 

323
Posts


4.7 M
Followers

12
Following

Bio:

 Milan, Italy 

 Teen Tech Apostle | Digital Missionary | Future Saint

 Patron of the Internet and Youth Evangelization

 Creator of an online Eucharistic miracles catalog before age 15

Follow

Message



Me



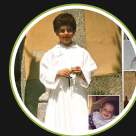
Mom



Picnic



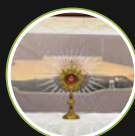
Memoirs



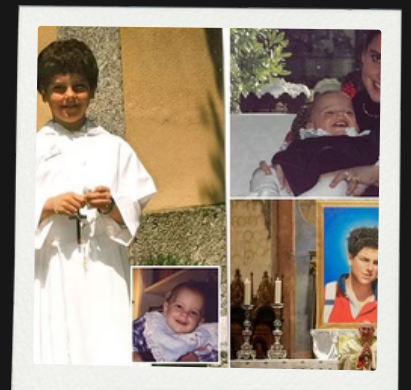
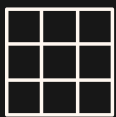
Church



Milan



Eucharist Miracles



BL. CARLO ACUTIS

📁 Story Highlight: The Teen Who Evangelized the Internet

Carlo Acutis was an ordinary teenager with an extraordinary love for the Holy Eucharist. From a young age, he attended daily Mass, prayed the Rosary, and used his tech skills to build a website documenting Eucharistic miracles around the world.

Diagnosed with leukemia at just 15, Carlo offered all his suffering “for the Pope and the Church.” He died in 2006, and his body remains incorrupt. Pope Francis recognized his heroic virtues and approved his canonization, making him the first millennial saint.



💡 Faith in Action:

Carlo’s life reminds us that holiness is possible—even online! He didn’t just use the internet for entertainment; he used it to lead others to Jesus.

💖 What are you sharing online today? Does it reflect your faith?

📁 Fun Fact:

- Carlo loved coding, Pokémon, and playing soccer—but above all, he loved the Eucharist. He called it his “superpower” and his “highway to heaven.”
- Canonization Date: Sunday, April 27, 2025.
- Jubilee of Teenagers: The canonization will take place during the Jubilee of Teenagers, which runs from April 25-27, 2025.



#InstaSaint Vibes:

#FirstMillennialSaint #EucharistsMyHighway #BlessedCarloAcutis #DigitalDisciple #HolinessOnline

✨ Let Bl. Carlo inspire us to live faith-filled lives in our modern world—online and offline. Whether you're a student, creator, or professional, you're called to be a saint too. Just like Carlo. 🙏🔧❤️

Let's Connect

Instagram – @2MinutesWithTheLord

YouTube – 2 Minutes with the Lord

Website – www.2minuteswiththelord.com

Your one-stop hub for bible resources and programs

Email: 2minuteswiththelord@gmail.com

Podcast

Listen now on [Spotify, Apple Podcasts, or Amazon Music]
@2 Minutes with the Lord

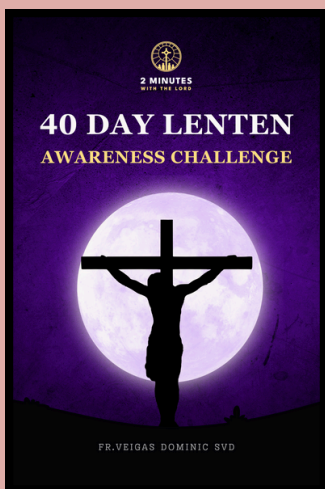


Season One : Faith Series
Season Two: Hope Series
Season Three: Miracle Series
Season Four: Parable Series
Season Five: Psalm Series
Season Six : Prophet Series

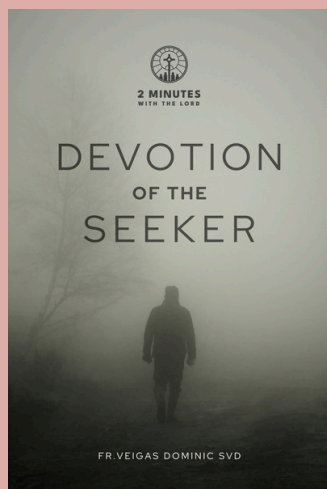


12 Episodes every season

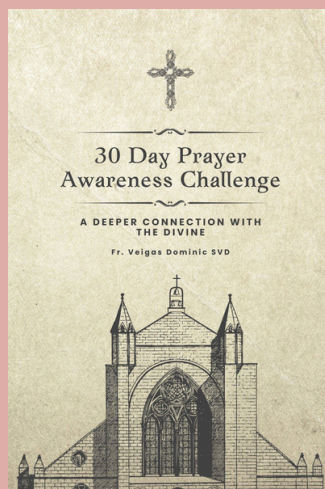
Books



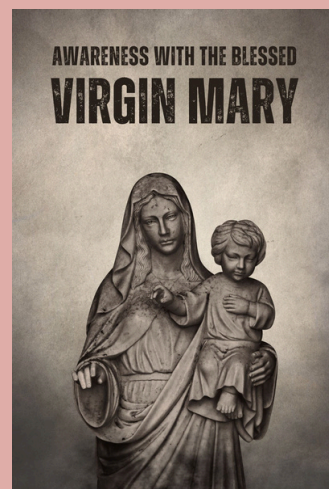
40 Day Lenten Awareness Challenge



Devotion of the Seeker



30 Day Prayer Awareness Challenge



Awareness of the Blessed Virgin Mary

Available on Amazon.com