

MAY 2025 | VOL. 6

THE SEEKER'S SCROLL



Monthly Newsletter from 2 Minutes with the Lord

Walking with Mary



Dear Friends in Christ,

May is a season bursting with new life—flowers bloom, the earth renews, and the Church turns her heart to Mary, the Mother of God. She is the perfect model of faith, surrender, and silent strength. In her “yes” to God, she embraced a vocation not of prestige or ease but of deep love and courageous trust.

Mary shows us what it means to live in surrender—when she said, “Be it done to me according to your word,” she did not have all the answers. She simply had faith in the One who called her.

This month is also a time to celebrate motherhood in all its forms—biological, spiritual, adoptive, and vocational. We honor the nurturing strength of those who give life, accompany, guide, and love without counting the cost.

We also reflect on Vocation Sunday, a call to discern how we are being invited to say our own “yes” to God’s plan. Whether as priests, religious, laypersons, spouses, or single disciples, we have a purpose in the Body of Christ.

May our hearts, like Mary’s, echo a faithful “yes” to whatever God asks.

With maternal peace and Easter joy,
Fr. Veigas Dominic, SVD



“Behold, I am the handmaid of the Lord;
let it be to me according to your word.” – Luke 1:38

2 Minutes of Divine Wisdom

REFLECTION ON THE WORD OF GOD

Verse: “Trust in the Lord with all your heart, and lean not on your own understanding.” – Proverbs 3:5

This timeless verse from the Book of Proverbs invites us into the essence of true faith: trust. In Hebrew, the word for trust — **batach** — conveys more than a casual confidence. It signifies placing one’s full weight upon something — leaning on it entirely, without reserve or fear of collapse.

Thus, to “trust in the Lord with all your heart” is not to trust partially, cautiously, or conditionally. It is to surrender completely — to give over every hope, fear, dream, and doubt into God’s capable and loving hands.

The second part of the verse warns us: “Do not lean on your own understanding.”

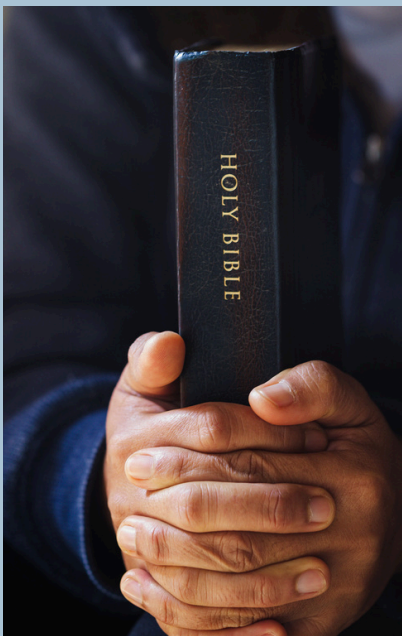
This counsel sounds radical in a world that prizes self-reliance, planning, and human wisdom. Scripture reminds us that our human understanding is limited, short-sighted, and often influenced by fear, pride, or anxiety. By contrast, God’s wisdom is infinite, perfect, and grounded in eternal love for each one of us.

We see the perfect living out of this trust in Mary’s life. At the Annunciation, she did not have all the answers. She did not demand a detailed road map.

She responded:

“Behold the handmaid of the Lord. Be it done to me according to your word.” (Luke 1:38)

Mary teaches us that faith is not about understanding everything in advance—it is about saying “yes” to God’s goodness even in mystery.



- **Trusting God with all your heart means inviting Him into the areas of your life where you feel least certain or most anxious.**
- **Not leaning on your own understanding means having the humility to recognize that you don't need to have everything figured out—because you walk with the One who does.**

During May, as we walk with Mary and honour mothers and caregivers who embody trust in countless ways, let's renew our childlike trust in God.

Ask yourself:

- **Where am I still clinging to control rather than trusting God's plan?**
- **In what area of my life do I need to say a deeper "yes" to God's invitation?**

Prayer for the Week:

Heavenly Father, teach me to trust You with all my heart. Help me to surrender my fears and plans into Your hands. Like Mary, help me to say 'yes' even when I do not understand the whole picture. You are good, and Your plans for me are better than anything I could imagine. Strengthen my trust daily, and lead me to live with a heart full of faith and courage. Amen.

Marian Challenge: 7 Days of Mary's Way

Day 1: Pray a decade of the Rosary for peace

Day 2: Read Luke 1:26–38 and reflect on Mary's "yes"

Day 3: Visit or call your mother/spiritual mother

Day 4: Offer a Marian hymn in prayer

Day 5: Perform a quiet act of service for someone in need

Day 6: Wear or carry a Miraculous Medal

Day 7: Consecrate your day to Mary's guidance



Special Column: In the Footsteps of Peter

Pope Francis: A Shepherd with the Smell of the Sheep

Name: Jorge Mario Bergoglio

Born: December 17, 1936

Place: Buenos Aires, Argentina

Papal Name: Francis (in honor of St. Francis of Assisi)

Elected: March 13, 2013

Died: April 21, 2025

Funeral: April 26, 2025



Pope Francis, born Jorge Mario Bergoglio, is the first Jesuit pope, the first pope from the Americas, and the first non-European pope in over 1,200 years. The son of Italian immigrants, he grew up in Buenos Aires, embracing a simple life filled with deep faith, hard work, and compassion for the poor.

Ordained a priest in 1969, he became Archbishop of Buenos Aires in 1998. He was known for his humble lifestyle, often riding public transport and living in a simple apartment rather than the archbishop's palace. His ministry was deeply rooted in serving the marginalized, the poor, and those often forgotten by society.

When elected pope in 2013, he chose the name Francis, inspired by St. Francis of Assisi's example of simplicity, humility, and care for creation. His papacy has been marked by a radical call to mercy, dialogue, care for the environment, and a Church that goes out to the peripheries.

Pope Francis famously calls for a "Church that is poor and for the poor," encouraging Catholics to be missionaries of tenderness and compassion. He reminds us that Christian life is not about rigid legalism but about living out the joy of the Gospel with hearts open to God and neighbour.

Signature Themes of His Papacy

- **Mercy and Compassion** (especially highlighted during the Year of Mercy 2015–2016)
- **Care for Creation** (through his landmark encyclical *Laudato Si'*)
- **Synodality** (listening to the people of God through the Synod on Synodality)
- **Accompaniment** (walking alongside those in need rather than judging from afar)
- **Fraternity and Peace** (calling the world to unity and solidarity, as expressed in *Fratelli Tutti*)

Fun Facts About Pope Francis

- He loves soccer and supports the San Lorenzo football club in Argentina. ⚽
- He used to work as a chemical technician and even as a nightclub bouncer before entering the seminary.
- He speaks Spanish, Italian, and some German.
- He has a deep personal devotion to Our Lady, Undoer of Knots.
- His papal motto is "Misericordiam inquit eligendo" — "By having mercy and by choosing him."

Pope Francis: A Pontiff of Many Firsts

- ✓ First Jesuit Pope
- ✓ First Pope from the Americas
- ✓ First Non-European Pope in Over 1,200 Years
- ✓ First Pope Named "Francis"
- ✓ First Pope to Live in the Vatican Guesthouse (Casa Santa Marta)
- ✓ First to Publicly Wash the Feet of Women and Non-Christians on Holy Thursday
- ✓ First Pope to Establish a Global "Synod on Synodality"
- ✓ First to Speak in Depth About Climate Change in an Encyclical
- ✓ First Pope on Instagram & Twitter
- ✓ First Pope to Participate in TED Talk



INSTA-SAINT



@StGiannaTheHealer

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Gave her life to save her unborn child

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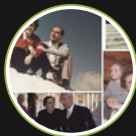
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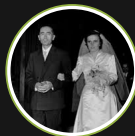
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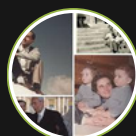
Potrait



Family



Wedding



Italy



Holiness



St. Gianna Beretta Molla

Story Highlight: A Mother's Heroic Love

When faced with a life-threatening pregnancy, St. Gianna chose to protect her unborn child's life at the risk of her own. She is a model of maternal courage and unwavering faith. Her story reminds us that holiness is often lived in the quiet, sacrificial love of daily life.

Faith in Action:

Call your mother or a spiritual mother today. Offer a prayer or small act of gratitude for those who have nurtured you in faith.



Medical Saint:

- St. Gianna was a pediatrician, one of the few canonized saints who practiced medicine as a vocation of love and service.

First Canonized Working Mom of Modern Times:

- She was the first female physician and working mother in modern history to be declared a saint by the Catholic Church. Before marriage, Gianna loved skiing, mountain climbing, and music. She believed in living life fully while serving God.

Family at Her Canonization:

- Her husband Pietro Molla and children were present at her canonization in 2004—a very rare occurrence in Church history!

Devoted Wife and Mother:

- She wrote beautiful love letters to her husband Pietro, calling marriage a “vocation to holiness.” She lived her married life as a joyful path to sainthood.

Italian Icon of Modern Holiness:

- St. Gianna is a national heroine in Italy and a symbol of faith-filled courage and maternal love.

A Saint for Today:

- She is especially beloved by pro-life ministries, healthcare workers, young families, and Catholic women discerning how to balance work, vocation, and faith.

#InstaSaint Vibes:

#FaithAndFamily #SaintOfMothers #GiannaMolla #YesToLife

Let's Connect

Instagram – @2MinutesWithTheLord

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Your one-stop hub for bible resources and programs

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Podcast

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Season Three: Miracle Series

Season Four: Parable Series

Season Five: Psalm Series

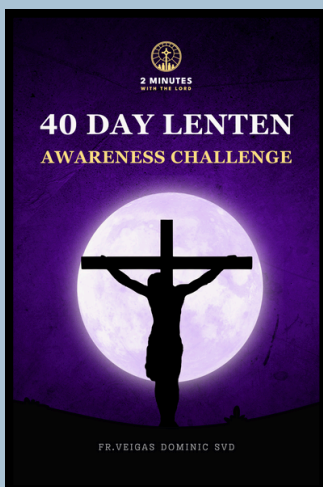
Season Six : Prophet Series

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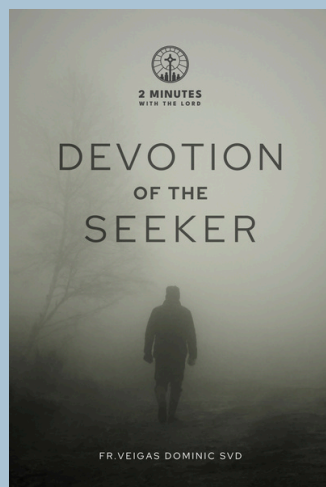
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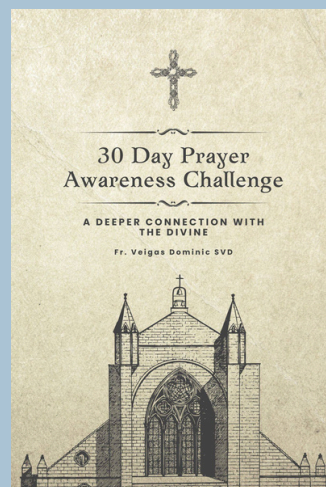
Books



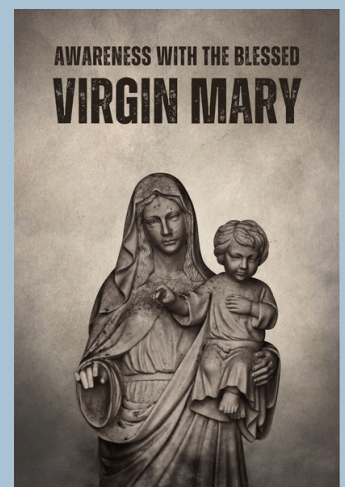
40 Day Lenten Awareness
Challenge



Devotion of the Seeker



30 Day Prayer Awareness
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Awareness of the Blessed
Virgin Mary

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