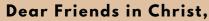


Embracing God's Love in Every Season





As we step into February, a season often filled with symbols of love and affection, let us pause and reflect on a deeper kind of love—the love that comes from God, steadfast and unchanging. In a world where love is sometimes reduced to fleeting emotions or grand gestures, God calls us to embrace a sacrificial, patient, and eternal love.

The love we speak of is not bound by cards, chocolates, or flowers. It is found in quiet moments of forgiveness, the courage to extend kindness to a stranger, and the strength to keep loving even when it's inconvenient or unnoticed. This is the love that transforms hearts, homes, and communities.

February reminds us not only of love but also of renewal. Just as the earth begins to prepare for spring, our hearts are invited to awaken—to shake off spiritual complacency and lean into God's call to love more intentionally. Every small act of love is a seed planted in the soil of someone's heart, and God, in His time, will bring forth the harvest.

But love isn't something we give out of our strength. It's something we first receive from God. As 1 John 4:19 reminds us: "We love because He first loved us." When we root ourselves in this truth, we stop striving to earn love and start living from a place of fullness, grace, and security in God's unshakeable affection for us.

This month, I encourage you to take a few moments each day to reflect on God's love in your life:



- Where have you felt God's love most deeply?
- Who might need to experience His love through your actions today?
- How can you make space in your heart to fully receive God's love?

Our world needs this love—God's love—more than ever. It needs people who will step forward with hearts full of compassion, words full of grace, and hands ready to serve.

So, let us walk through this month as receivers of love and carriers of it. May every interaction, every word, and every moment reflect the love of Christ that lives within us.

Know that you are deeply loved by God and held in prayer as we journey together through this season of faith and renewal.

With prayerful blessings, Fr. Veigas Dominic, SVD

2 Minutes of Divine Wisdom

REFLECTION ON THE WORD OF GOD

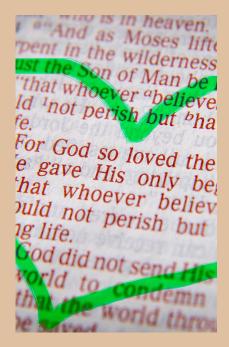
Verse: "Let all that you do be done in love." - 1 Corinthians 16:14

This verse comes from St. Paul's final exhortations to the Corinthians, a community struggling with division, pride, and misunderstandings about spiritual gifts. As Paul concludes his letter, he delivers this short yet profound instruction that summarizes the essence of Christian living: love must be the guiding force behind every action, word, and thought.

The Greek word for "love" used here is "agapē," which signifies a selfless, unconditional love rooted in Christ's example. It's not merely an emotion or fleeting feeling but a deliberate choice to act for the good of others, even when it's inconvenient or goes unnoticed.

Paul doesn't limit this love to specific situations or grand gestures—it applies to everything we do. From the most minor daily tasks to life's most significant responsibilities, love is meant to be the foundation of our intentions and actions.

Please take a moment to reflect: This verse challenges us to examine our motives. Does genuine love drive our actions, or do pride, resentment, or self-interest taint them?





In a world often filled with noise, division, and superficial interactions, even small acts of love can become powerful testimonies of God's presence.

This verse invites us to approach every encounter and every task with intentional love—whether it's being patient with a family member, showing kindness to a stranger, or forgiving someone who has hurt us.

As you move through your day, remember that when love becomes the motive, every action—no matter how small—can become an offering to God and a light to others.

Reflection Question:

- How can I let love guide my actions and words today?
- Is there an area of my life where I need to invite God's love to transform my motives?

Prayer: Lord, let Your love guide every thought, word, and action today. Teach me to love as You have loved me—selflessly, patiently, and generously. May my life reflect Your love to those around me. Amen.



Meet Luce & Friends: The Vatican's Light for the Jubilee Year 2025

In preparation for the Jubilee Year 2025, the Vatican has introduced a vibrant and engaging character to guide pilgrims and inspire young hearts worldwide. Her name is Luce, which means "Light" in Italian—a fitting name for a figure meant to illuminate the journey of faith, hope, and renewal during this sacred year.

Who is Luce?

Luce is not just a cartoon character; she's a symbol of faith in action, designed to resonate with both the young and the young-at-heart. Her vibrant presence brings a modern, relatable energy to the Vatican's centuries-old tradition of pilgrimage and reflection.

Appearance: Luce is portrayed with blue hair and a bright yellow raincoat, reflecting the colors of the Vatican flag. Her mud-stained boots symbolize the challenges and perseverance of the spiritual journey.

Symbols of Faith: She carries a pilgrim's staff, a reminder of the continuous journey of faith. Her eyes are adorned with scallop shell highlights, a traditional Christian symbol of pilgrimage. Around her neck hangs a World Mission Rosary, showcasing the universal call to faith and mission.

Companions: Luce doesn't walk alone! She's joined by her loyal dog Santino and her friends Fe, Xin, and Sky—each representing unique virtues and diverse cultural backgrounds, reminding us of the Church's global and inclusive nature.



Why Luce? The Symbolism Behind the Character

The choice of the name "Luce"—meaning light—is deeply symbolic. It reflects the central message of the Jubilee Year: to bring the light of Christ into a world often overshadowed by darkness, confusion, and despair.

Luce represents:

Hope Amidst Challenges: Her boots, marked with mud, remind us that every faithful journey comes with struggles, yet perseverance brings us closer to God.

- A Guide for Pilgrims: Like a lighthouse guiding ships to safety, Luce invites us to follow the light of faith during our spiritual pilgrimage.
- Youthful Energy and Joy: Luce connects deeply with younger generations, showing that holiness and faith can be vibrant, joyful, and full of life.

A Modern Evangelization Tool

Unveiled by Archbishop Rino Fisichella of the Dicastery for Evangelization on October 28, 2024, Luce is part of the Vatican's broader initiative to engage people in fresh and meaningful ways. She made her debut at the Lucca Comics & Games Convention in Italy, marking the Vatican's first-ever participation in such a cultural event.

Luce is not just a local figure; she's set to make appearances at Expo 2025 in Osaka, Japan, and across social media platforms, carrying the light of faith across borders and cultures.

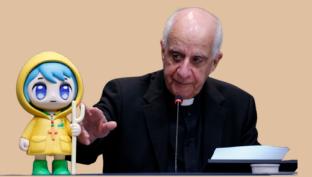
Luce's Mission: A Light for Every Pilgrim

Luce is a digital missionary at her core—a bridge between the timeless truths of faith and the contemporary world. She reminds us that faith isn't stuck in history books or grand cathedrals; it's alive, relatable, and accessible to everyone, everywhere. Through Luce, the Vatican hopes to:

- · Inspire young people to engage with their faith actively.
- Encourage reflection and prayer during the Jubilee Year.
- Build a sense of unity and shared purpose among Catholics worldwide.

Reflection: Walking with Luce

As we prepare our hearts for the Jubilee Year 2025, Luce reminds us that every step we take in faith brings us closer to God. Whether on a physical pilgrimage to a Holy Door or in the quiet moments of daily prayer, we are all pilgrims—walking together, quided by God's light.



Questions for Reflection:

- What does "being a light for others" mean to me?
- How can I walk with hope, even when the journey is difficult?
- Who in my life needs a little more light and love today?

Historic Appointment: First Woman to Lead Major Vatican Office

Pope appoints Sr. Simona Brambilla as Vatican's first female prefect. Pope Francis appoints Sr. Simona Brambilla, an Italian-born religious sister from the Consolata Missionaries, as Prefect of the Dicastery for Institutes of Consecrated Life and Societies of Apostolic Life, along with Cardinal Ángel Fernández Artime as Pro-Prefect.



Sr. Simona Brambilla M.C.

This marks the first time a woman has led a major Vatican department. Sister Brambilla, 59, will oversee Catholic religious orders worldwide, reflecting the Pope's commitment to elevating women to leadership roles within the Vatican.

INSTA-SAINT



St. Valentine Official



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SAINT VALENTINE

Story Highlight: The Legend of Valentine's Letter

According to one legend, while imprisoned for his faith, St. Valentine healed the blind daughter of his jailer through prayer and God's grace. Before his execution, he wrote her a heartfelt note, signing it:

"From your Valentine."

This simple act of love and encouragement became the foundation of the tradition we now celebrate every February 14th.

Faith in Action:

St. Valentine didn't just talk about love—he lived it, even in the face of persecution. His actions remind us that love isn't always easy or convenient but is always worth it.

Reflection Questions:

- Who in your life needs to experience God's love through you today?
- Can you offer small, unseen acts of kindness to someone in need?

🙏 #FaithTip:

Take a moment today to share a small act of love with someone who may feel forgotten—a text message, a prayer, or even a simple smile.

Fun Fact:

Did you know St. Valentine is also the patron saint of beekeepers and epilepsy? As bees spread sweetness through honey, we are called to spread God's love wherever we go.

#InstaSaint Vibes:
#LoveInAction #FaithfulLove #StValentine
#ActWithLove #FromYourValentine

Let St. Valentine inspire you to love boldly, act selflessly, and reflect Christ's love to the world.



Let's Connect

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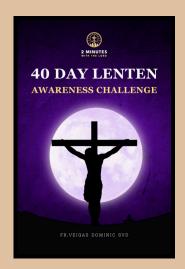
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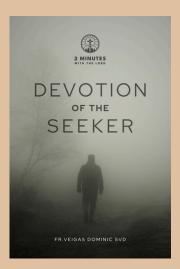




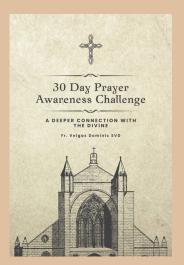
Books



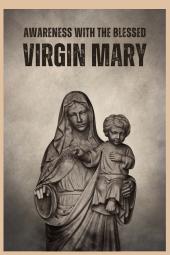
40 Day Lenten Awareness Challenge



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