



DOWN SYNDROME

EMPOWERMENT

The Appropriate Language to address Down Syndrome and individuals with Down Syndrome



Always refer individuals with Down Syndrome as **people** first. I strongly suggest addressing them by their **name**



Avoid using “Down’s child” or calling it “Down’s.” Instead using Down syndrome



If the condition needs to be included then it should be “a child with Down Syndrome”



Never use the word “retarded,” “mental retardation,” “dysfunctional.”

