



**Idaho Shorin Ryu Karate-Do**

**May 1, 2024**

- Kon'nichiwa, to all students and parents. Encouraging students to use the bathroom before class and bring their own water bottle. Important way to ensure everyone stays hydrated during the lessons, especially as the weather warms up in summer. No food is allowed in the building. We have been having issues with ants.
- In May we will be talking about hygiene. To discuss and list the hygiene practices they follow each day, such as washing hands, brushing teeth, and wearing clean clothes etc...
- We are offering additional private classes on Fridays and Saturdays from 9am to 11am for those who need more personalized attention. Each private class session will run for 30 minutes and will be conducted in a group setting with a maximum of 4 students. Please contact the head instructor directly.
- To all students, keep in mind. During their class, keep the noise level down, and have the path of the dojo entrance cleared.
- Please remove jewelry, earring, bracelet, watch, rings, and necklaces. This will help ensure both safety and focus during physical activities, minimizing the risk of injury and distractions.
- We have been having issues with bathroom usage. Addressing cleanliness concerns in shared facilities with other programs. Keeping the bathroom clean at all times helps foster a sense of responsibility and respect for shared spaces with other classes. Parents please assist your child in the bathroom if needed.
- All students, please stay away on stairs or climbing on stairs railings. It is not a monkey bar or outside equipment. Gymnastic equipment is off limits to all students and visitors!
- Parents that would like to attend adult karate classes. Please contact the instructor for more details.
- All payments are due before the 10th of each month, late payments will apply. Caldwell City Rec and Karate are cracking down on late payments. Any late payments after the 10th will be added to your account. If you have any questions regarding payments, please contact instructor, **208-996-0729** (Fill free to text as well) or [dojo@idahoshorinryu.com](mailto:dojo@idahoshorinryu.com)
- The dojo are currently working on our new improved social media and will be live before July 2 of this year. And will also be sending out newsletter through email and text.

Email: [Dojo@idahoshorinryu.com](mailto:Dojo@idahoshorinryu.com) Phone: 208- 996-0729 (Call or text)  
Find Us on Facebook: Shorin Ryu Karate-Do by [www.Idahoshorinryu.com](http://www.Idahoshorinryu.com)

*"The ultimate aim of Karate lies not in victory nor defeat, but in the perfection of the character of its participants."*



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