

Chiropractic Services

Doctors of Chiropractic (D.C.'s) are health care practitioners licensed to practice rehabilitative & manual medicine and use physical medicine modalities and utilize a diverse range of manipulative techniques and physical medicine modalities. They are trained to perform chiropractic manipulative therapy and integrate this hands-on treatment with other rehabilitative procedures. Chiropractors are most well-known to patients for performing "adjustments" of the spine and extremities although Doctors of Physical Therapy (D.P.T.'s) and Doctors of Osteopathic Medicine (D.O.'s) frequently use these techniques in their practices.



Chiropractic adjustments are usually high-velocity, low-amplitude manipulation (**HVLA**) but most often also utilize varied soft-tissue techniques such as **Lumbar Flexion-Distraction, Myofascial Release (MFR), Proprioceptive Neuromuscular Facilitation, articular and drop-table techniques, trigger point therapy, and Instrument Assisted Soft-Tissue Mobilization (IASTM)**. These techniques can be performed on the spine as well as the extremities. Some patients have medical contraindications for HVLA techniques or have conditions that would respond better to other therapies. Chiropractors are also often extensively trained in spinal decompression.



SPINE & EXTREMITIES CENTER

You may also receive chiropractic adjustments for areas other than the spine, as we commonly use these techniques for hip pain, shoulder pain, plantar fasciitis, tennis elbow, and carpal tunnel syndrome amongst others.

Our chiropractic services are provided as self-pay, fee for service and not billed to insurance. A chiropractic visit for new patients is **\$50**. Follow-up visits are **\$40**.

If you desire to add-on any other modality care during each session, the fees are:

- √ **\$45-95** for **Shockwave** (varies on size of area)
- √ **\$30/\$50** for 10/20 minutes of **HEIT Therapy**
- √ **\$30-\$40** for **Class IV Medical Laser**
- √ **\$30** for **cervical or lumbar traction**.



Please let our staff know if you will be adding on any other treatments during a chiropractic visit so that we can allocate the appropriate resources. Dr. Peters can also provide you with consultation regarding our treatment programs offered for many musculoskeletal conditions we treat at our center.

