



# MUSCULOSKELETAL QUESTIONNAIRE

Patient Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Occupation: \_\_\_\_\_

*The following is very important in our evaluation process. Please answer these questions as specifically as possible to provide us with a clear picture of your present pain and functional status.*

**Are you currently taking any medications?**     Yes     No    If yes, please list: \_\_\_\_\_

**Are you currently taking any aspirin, ibuprofen, minerals, herbs or nutritional supplements?**     Yes     No

If yes, please list: \_\_\_\_\_

**Are you currently experiencing any of the following?**

- |                                |  |                                   |  |
|--------------------------------|--|-----------------------------------|--|
| Fever                          | <input type="checkbox"/> Yes <input type="checkbox"/> No | Swelling in your arms or legs     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Unintentional weight loss/gain | <input type="checkbox"/> Yes <input type="checkbox"/> No | Bladder or bowel incontinence     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Night sweats                   | <input type="checkbox"/> Yes <input type="checkbox"/> No | Numbness/anesthesia in your groin | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Difficulty walking             | <input type="checkbox"/> Yes <input type="checkbox"/> No | Severe headache                   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Severe neck pain               | <input type="checkbox"/> Yes <input type="checkbox"/> No | Dizziness or visual disturbances  | <input type="checkbox"/> Yes <input type="checkbox"/> No |

**Are you have any of the following?**

- |                             |  |                  |  |
|-----------------------------|--|------------------|--|
| Pacemaker                   | <input type="checkbox"/> Yes <input type="checkbox"/> No | Cochlear implant | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Implanted spinal stimulator | <input type="checkbox"/> Yes <input type="checkbox"/> No | Other: _____     |  |

**What is the primary issue or problem that brings you in today? (check all that apply)**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Lower back pain     | <input type="checkbox"/> Shoulder pain   | <input type="checkbox"/> Thoracic/mid back |
| <input type="checkbox"/> Neck pain/headaches | <input type="checkbox"/> Wrist/hand pain | <input type="checkbox"/> Knee pain         |
| <input type="checkbox"/> Hip pain            | <input type="checkbox"/> Elbow pain      | <input type="checkbox"/> Foot/ankle pain   |

**When did your symptoms begin?** \_\_\_\_\_

**Did anything cause or start the pain? (accident, illness, or injury?)**     Yes     No

If yes, please describe: \_\_\_\_\_

**Have you had previous surgery for this condition?**     Yes     No    Date: \_\_\_\_\_

Type of surgery: \_\_\_\_\_

**Other surgical history:** \_\_\_\_\_

Does the pain or symptoms radiate into your hips or legs?  Yes  No

Does the pain or symptoms radiate into your arms?  Yes  No

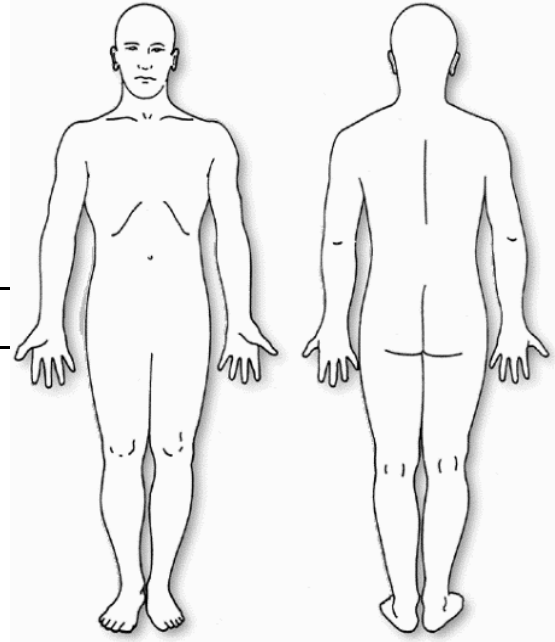
Have you had imaging (MRI, X-ray, etc.) for this condition?  Yes  No

Have you had interventional pain management (epidural steroids or steroid/cortisone shots) for this condition?  Yes  No

Type: \_\_\_\_\_

Date: \_\_\_\_\_

**Please shade in areas of pain/concern:**



**Please describe your pain:**

- Burning
- Electric Shock
- Crawling
- Spontaneous
- Relieved by posture or movement pattern
- Dull
- Sharp
- Ache
- Intermittent

**Please rate your pain in the last 24-72 hours using the “0-10” scale where 0 is no pain and 10 is worst:**

At its worst: \_\_\_\_\_ At its best: \_\_\_\_\_ At present: \_\_\_\_\_ When sleeping: \_\_\_\_\_

When are your symptoms the worst? \_\_\_\_\_

When are your symptoms the best? \_\_\_\_\_

What activities increase your pain? \_\_\_\_\_

What activities decrease your pain? \_\_\_\_\_

Please describe your goals and expectations: \_\_\_\_\_

To the best of my knowledge, the information on the form is accurate. I understand that providing false information can be dangerous to my health. It is my responsibility to inform Regen Rx of **any** changes to my medical history.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Reviewed by: \_\_\_\_\_

Date: \_\_\_\_\_