

S&E Center Regenerative Modalities

Diabetic/Peripheral Neuropathy Treatment

Thank you for choosing ***Spine & Extremities Center*** for your care. Our contribution to your care will be focused on ***Class IV Medical Laser Therapy*** and ***High Energy Inductive Therapy (HEIT)***. Once the condition begins to respond to these therapies, we may consider adding or substituting ***Shockwave Therapy*** to further neuromodulate the peripheral nerves leading to the feet if necessary. A summary of the treatment and included items are outlined below.



Class IV High Energy Laser Therapy

This is used for patients who have been diagnosed by a healthcare provider with diabetic neuropathy, peripheral neuropathy from other causes, or post-traumatic neuropathy and have their medical management for this condition optimized with their primary care provider.



Summary of program

- Our intake protocol is **ten** sessions of combined ***Class IV Medical Laser*** and ***HEIT Therapy*** (10 minutes total per leg) over 3-4 weeks. This is performed by a staff members trained in the advanced modalities. Subsequent visits are 2-3 times per week. If you begin to respond favorably during this time you can choose to decrease the frequency of subsequent treatments to your desired level of result.
- If you do not show some improvement within these initial ten sessions, we feel it is not felt likely that you will benefit from these modalities.
- ***HEIT Therapy*** will be used on your lower leg along the course of the involved nerves. The ***Class IV Medical Laser*** is used on the feet and ankles diffusely with some concentration along the larger nerves supplying the feet.
- We offer a package that does not include **HEIT** and is **Class IV Medical Laser** only.

Fees (not covered by insurance)

- ✓ The ***HEIT/Class IV Medical Laser*** treatment for both feet is **\$895**.
- ✓ The program with ***Class IV Medical Laser*** treatment alone is **\$675**.



General advice

We ask that you also continue diligent medical management with your primary care provider. Maintain good diabetic control and practice risk factor modification.

Ensure with your primary care provider that other causes of peripheral neuropathy or your symptoms are not due to another medical condition such as, but not limited to, peripheral vascular disease.

Some services at this office are billed to insurance such as musculoskeletal ultrasound, therapeutic steroid injections, and trigger point injections. The advanced regenerative physical medicine modalities at **Spine & Extremities Center** discussed in this program are considered investigational although there is extensive peer-reviewed medical research available on their efficacy. Insurance does not reimburse for treatment with these modalities, and they are self-pay fee-for-service. As with any medical or surgical procedure, there is no guarantee as to outcome or result. Because many conditions we treat are chronic and recurrent, additional sessions may be required to maintain your result.

Patients often have continued improvement in their symptoms for several months after starting treatment then a plateau is often reached. Although most patients feel an improvement in the paresthesias, dyesthesias, and improved sensation during the program, our treatments are only modulating the chronic disease process and for sustained results continued treatments will be necessary, these will likely be at least weekly or bi-weekly.

